

Photo credit: Brian Strickland

Wilson County

2019 Community Health Needs Assessment

A collaboration of:

Healthcare Foundation of Wilson,

Wilson County Health Department, and

Wilson Medical Center







A Duke LifePoint Hospital

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Executive Summary

Wilson County is pleased to present its 2019 Community Health Needs Assessment. This report provides an overview of the methods and process used to identify and prioritize significant health needs in Wilson County. Healthcare Foundation of Wilson, Wilson County Health Department and Wilson Medical Center collaborated together to complete one comprehensive assessment.

- The Healthcare Foundation of Wilson board of directors approved the CHNA on January 23, 2019.
- The Wilson County Health Department board of health approved the CHNA on March 26, 2019.
- The Wilson Medical Center board of trustees approved the CHNA on March 25, 2019.

Service Area

The service area for this report is defined as the geographical boundary of Wilson County, North Carolina. Wilson County is located inland from the coastal area of the state and covers an area of 23.3 square miles, of which only a small portion is water. The community includes medically underserved, low-income and minority populations who live in the geographic areas from which Wilson Medical Center draws their patients. All patients were used to determine the service area without regard to insurance coverage or eligibility for financial assistance under Wilson Medical Center's Financial Assistance Policy.

Methods for Identifying Community Health Needs

Primary Data

The primary data used in this assessment consisted of (1) a community survey distributed through online and paper submissions, three (3) focus group discussions, and a community health summit. Over 600 Wilson County residents contributed their input on the community's health and health-related needs, barriers, and opportunities, with special focus on the needs of vulnerable and underserved populations.

See Appendix C for all primary data collection tools used in this assessment.

Secondary Data

Secondary data used for this assessment were collected and analyzed from Conduent HCl's community indicator database. The database, maintained by researchers and analysts at Conduent HCl, includes over 100 community indicators from various state and national data sources such as the North Carolina Department of Health and Human Services, the Centers for Disease Control and Prevention and the American Community Survey. See Appendix B for a full list of data sources used.

Indicator values for Wilson County were compared to North Carolina counties and U.S. counties to identify relative need. Other considerations in weighing relative areas of need included comparisons to North Carolina state values, comparisons to national values, trends over time, Healthy People 2020 targets and Healthy North Carolina 2020 targets. Based on these seven different comparisons, indicators were systematically ranked from high to low need. For a detailed methodology of the analytic methods used to rank secondary data indicators see Appendix B.

Summary of Findings

The CHNA findings are drawn from an analysis of an extensive set of secondary data (over 100 indicators from national and state data sources) and in-depth primary data from community leaders, health and non-health professionals who serve the community at large, vulnerable populations, and populations with unmet health needs. Through a synthesis of the primary and secondary data the significant health needs were determined for Wilson County and are displayed in Table 1.

Table 1. Significant Health Needs		
Access to Health Services		
Adolescent Pregnancy & STD's		
Diabetes		
Fitness & Nutrition		
Heart Disease & Stroke		
Maternal, Fetal & Infant Health		
Mental Health/Alcohol & Substance Misuse		
Obesity		

Table 1. Significant Health Needs

Selected Priority Areas – Top three significant health needs

The top three selected health priority areas are:

- Obesity
- Fitness/Nutrition
- Mental Health—including Alcohol and Substance Misuse

These selected priority areas will be addressed over the next three years. Community-wide Action Plans will be developed to address these health priorities and may also be found on the websites of Healthcare Foundation of Wilson, Wilson County Health Department and/or Wilson Medical Center.

Conclusion

This report describes the process and findings of a comprehensive health needs assessment for the residents of Wilson County, North Carolina. The prioritization of the identified significant health needs will guide community health improvement efforts of Wilson County. Following this process, Healthcare Foundation of Wilson, the Wilson County Health Department, and Wilson Medical Center will outline how they plan to address the prioritized health needs in their implementation plan.



Introduction

Wilson County is pleased to present the 2019 Community Health Needs Assessment, which provides an overview of the significant community health needs identified in Wilson County, North Carolina.

The goal of this report is to offer a meaningful understanding of the most pressing health needs across Wilson County, as well as to guide planning efforts to address those needs. Special attention has been given to the needs of vulnerable populations, unmet health needs or gaps in services, and input gathered from the community.

Findings from this report will be used to identify, develop and target initiatives to provide and connect community members with resources to improve the health challenges in their communities.

The 2019 Wilson County Community Health Needs Assessment was developed through a partnership between the Healthcare Foundation of Wilson, the Wilson County Health Department, and Wilson Medical Center. These organizational also participated in a regional eastern NC collaborative with Health ENC, Conduent Healthy Communities Institute, and with The Duke Endowment serving as the fiscal sponsor.

Regional Collaboration

Health ENC, now a program of the Foundation for Health Leadership and Innovation (FHLI), coordinates a regional CHNA in 33 counties of eastern North Carolina. Initiated in 2015 by the Office of Health Access at the Brody School of Medicine at East Carolina University, Health ENC grew out of conversations with health care leaders about improving the community health needs assessment (CHNA) process in eastern North Carolina.

As part of the Affordable Care Act, not for profit and government hospitals are required to conduct CHNAs every three years. Similarly, local health departments in North Carolina are required by the Division of Public Health (DPH) in the NC Department of Health and Human Services (DHHS) to conduct periodic community health assessments as well. Local health departments have been required to submit their community health needs assessments once every four years. The particular year CHNA submissions are made by hospitals within a three-year cycle or by local health departments within a four-year cycle is not uniform across the state or region.

Health care leaders across eastern North Carolina have partnered to standardize the CHNA process for health departments and hospitals in the region. This effort will also sync all participant organizations on to the same assessment cycle. Combining efforts of local health departments and hospitals in a regional CHNA will ultimately lead to an improvement in the quality and utility of population health data, the ability to compare and contrast information and interventions across geographic boundaries, and the reduction of costs for everyone involved, while maintaining local control and decision-making with regard to the selection of health priorities and interventions chosen to address those priorities. Simultaneously, it will create opportunities for new and better ways to collaborate and partner with one another.

Member Organizations

Health ENC is comprised of more than 40 organizations. Twenty-two hospitals, twenty-one health departments, two health districts, and one health care foundation participated in the regional CHNA.

Partner Organizations

- Foundation for Health Leadership & Innovation
- ECU Brody School of Medicine
- The Duke Endowment

Hospitals and Health Systems

- Cape Fear Valley Health (Cape Fear Valley Medical Center, Hoke Hospital and Bladen County Hospital)
- Carteret Health Care
- Halifax Regional Medical Center
- Healthcare Foundation of Wilson
- Johnston Health
- UNC Lenoir Health Care
- Nash Health Care System
- Onslow Memorial Hospital
- The Outer Banks Hospital
- Pender Memorial Hospital
- Sampson Regional Medical Center
- Sentara Albemarle Medical Center
- Vidant Beaufort Hospital
- Vidant Bertie Hospital
- Vidant Chowan Hospital
- Vidant Duplin Hospital
- Vidant Edgecombe Hospital

- Vidant Medical Center
- Vidant Roanoke-Chowan Hospital
- Wayne UNC Health Care
- Wilson Medical Center

Foundations

• Healthcare Foundation of Wilson

Health Departments and Health Districts

- Albemarle Regional Health Services
- Beaufort County Health Department
- Bladen County Health Department
- Carteret County Health Department
- Cumberland County Health Department
- Dare County Department of Health and Human Services
- Duplin County Health Department
- Edgecombe County Health Department
- Franklin County Health Department
- Greene County Department of Public Health
- Halifax County Public Health System
- Hoke County Health Department
- Hyde County Health Department
- Johnston County Public Health Department
- Lenoir County Health Department
- Martin-Tyrrell-Washington District Health Department
- Nash County Health Department
- Onslow County Health Department
- Pamlico County Health Department
- Pitt County Health Department
- Sampson County Health Department
- Wayne County Health Department
- Wilson County Health Department

Steering Committee

Health ENC is advised by a Steering Committee whose membership is comprised of health department and hospital representatives participating in the regional CHNA, as well as other health care stakeholders from eastern North Carolina. The program manager oversees daily operations of the regional community health needs assessment and Health ENC.

Health ENC Program Manager

• Will Broughton, MA, MPH, CPH - Foundation for Health Leadership & Innovation

Health ENC Steering Committee Members

- Constance Hengel, RN, BSN, HNB-BC Director, Community Programs and Development, UNC Lenoir Health Care
- James Madson, RN, MPH Steering Committee Chair, Health Director, Beaufort County Health Department
- Battle Betts Director, Albemarle Regional Health Services
- Caroline Doherty Chief Development and Programs Officer, Roanoke Chowan Community Health Center
- Melissa Roupe, RN, MSN Sr Administrator, Community Health Improvement, Vidant Health
- Davin Madden Heath Director, Wayne County Health Department
- Angela Livingood Pharmacy Manager, Pender Memorial Hospital
- Lorrie Basnight, MD, FAAP Executive Director, Eastern AHEC, Associate Dean of CME, Brody School of Medicine
- Anne Thomas- President/CEO, Foundation for Health Leadership & Innovation

HealthENC.org

The <u>Health ENC</u> web platform, shown in Figure 1, is a resource for the community health needs assessment process in eastern North Carolina. The website serves as a "living" data platform, providing public access to indicator data that is continuously updated, easy to understand and includes comparisons for context. Much of the data used in this assessment is available on <u>HealthENC.org</u> and can be downloaded in multiple formats. Results of the 2018 Eastern North Carolina Community Health Survey can be downloaded by county or the entire Health ENC Region.

In addition to indicator data, the website serves as a repository for local county reports, funding opportunities, 2-1-1 resources and more. Health departments, hospital leaders and community health stakeholders in the 33-county region are invited to use the website as a tool for community assessment, strategic planning, identifying best practices for improvement, collaboration and advocacy.

You may access <u>HealthENC.org</u>.

Figure 1. Health ENC Online Data Platform



Consultants

Health ENC commissioned Conduent Healthy Communities Institute (HCI) to assist with its Community Health Needs Assessment.

To learn more about Conduent HCI, please visit <u>https://www.conduent.com/community-populationhealth/</u>.

Healthcare Foundation of Wilson-Wilson County Health Department-Wilson Medical Center Collaborative

The 2019 Community Health Needs Assessment (CHNA) is a collaboration of Healthcare Foundation of Wilson, Wilson County Health Department and Wilson Medical Center. Collaboratively these three organizations engaged the community to define priorities for health improvement, created a collaborative environment to engage stakeholders and provided an open and transparent process to listen and truly understand the health needs of Wilson County, NC.

Community Health Team Structure

An advisory group was selected for the Wilson County CHNA process. The Health and Wellness Committee of Wilson Forward had a broad spectrum of membership and agreed to serve as the advisory group for the Wilson County CHNA process. This committee represents the combined efforts of city, and county government, businesses and neighborhoods, schools and colleges, civic organizations and churches and represents all sectors of the community coming together for the purpose of creating, supporting and promoting positive developments that result in the greatest possible benefits for all citizens of Wilson. The committee met monthly and contributed to the CHNA plan for survey distribution, focus group selection, implementation, and the CHNA summit for priority determination. The Committee consists of members from the following companies and organizations:

Area L AHEC	The SPOT Wilson Youth United Barton	College The Urban Farmer
Boy Scouts of A	America	United Way of Wilson County, Inc.
Carolina Family	/ Health Center	Upper Coastal Plains
City of Wilson		Veterans Residential Service of Wilson
Eastpointe		Wesley Shelter
EMS		Wilson Co. 4H Youth Development
Healthcare Fou	Indation of Wilson	Wilson Community College
Hope Station		Wilson Community Health Center
Minister's Asso	ciation	Wilson County DSS

- N.C. Cooperative Extension, Wilson County Center NC Parent Resource Center Options Industry Council (OIC) Poe Health Center Recovery Concepts Community Center (RC3) Retired Community Members Salvation Army Boys & Girls Club of Wilson Save-A-Youth Seeds of Hope St. John CDC
- Wilson County Health Department Wilson County Partnership for Children Wilson County Schools Wilson County Substance Prevention Coalition Wilson Family YMCA Wilson Medical Center Wilson Police Department Wilson Pregnancy Center Wilson Value Drug

Distribution

An electronic copy of this report is available at the locations below. A hard copy of this document may also be obtained at:

- Healthcare Foundation of Wilson www.healthcarefoundationofwilson.org, 2505-A Nash Street NW, Wilson, NC 27896, 252.281.2105
- Wilson County Health Department www.wilson-co.com/85/Health-Department, 1801 Glendale Drive, Wilson, NC 27893, Contact: Jessica Williams 252.237.3141 ext. 6657
- Wilson Medical Center- http://www.wilsonmedical.com/ or 1705 Tarboro St W, Wilson, NC 27893, 252.399.8040



Photo credit: A. Walker

Evaluation of Progress since Prior CHNA

The community health improvement process should be viewed as an iterative cycle. An important piece of that cycle is revisiting the progress made on priority health topics set forth in the preceding community health needs assessment. By reviewing the actions taken to address priority health issues and evaluating the impact those actions have made in the community, it is possible to better target resources and efforts during the next round of the CHNA cycle.

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As part of the 2016 Community Health Needs Assessment Obesity, Mental Health, Substance Use, Adolescent Pregnancy and Sexually Transmitted Diseases were selected as prioritized health needs. A detailed table describing the strategies/action steps and indicators of improvement for each priority area can be found in Appendix A.

Community Feedback on Prior CHNA

The 2016 Wilson County Community Health Needs Assessment was made available to the public via the three following websites:

- <u>https://www.wilsonmedical.com/community/community-health-needs-assessment</u>
- <u>http://www.wilson-co.com/Home/ShowDocument?id=4836</u>
- <u>https://healthcarefoundationofwilson.org/wp-content/uploads/2016/12/Wilson-CountyCommunity-Health-Needs-Assessment-Final.pdf</u>

Community members were invited to submit feedback via the contact link on each of the websites listed above. No comments had been received on the preceding CHNA at the time this report was written. However, one community member requested and was invited to join the advisory group to provide input.

Methodology

Overview

Two types of data are analyzed for this Community Health Needs Assessment: primary data and secondary data. Primary data has been collected directly as a part of this report while secondary data is data that has been collected from other sources. Each type of data is analyzed using a unique methodology, and findings are organized by health topic areas. These findings are then synthesized for a comprehensive overview of the health needs in Wilson County.

Primary Data Collection & Analysis

Primary data used in this assessment consists of focus groups, a community survey, both in English and Spanish-languages, and a community Summit. All community input tools are available in Appendix C. The top areas were identified and helped to prioritize the most significant health needs in the community for the next three-year period. The top three selected health priority areas are:

Obesity

- Fitness/Nutrition
- Mental Health including Alcohol and Substance Misuse

Community Survey

Community input was collected via a 57-question online and paper survey available in both English and Spanish. Survey Monkey was the tool used to distribute and collect responses for the community survey. Completed paper surveys were entered into the Survey Monkey tool. The community survey was distributed across Health ENC's entire survey area from April 18, 2018 – June

Survey Distribution

30, 2018.

The survey was distributed in a variety of ways. Healthcare Foundation of Wilson, Wilson County Health Department, and Wilson Medical Center as well as other partner organizations listed a link to complete the survey on their respective websites. In addition to the website link, the partner organizations also emailed the survey link to their listserv of staff members (Wilson County Residents) for completion. The survey was also advertised through the local newspaper, Wilson Times and community members were advised to call the Wilson County Health Department for information on completing the survey. Minority populations were sought out for input during the survey distribution. Additional efforts included health educator visiting barber shops, salons and popular businesses in minority communities to distribute paper copies of the survey and links to the online survey. Some were completed during the time the health educators were present, some were completed later and were picked up by the health educators later in the week. The OIC of Wilson's food distribution was also used to distribute surveys. Incentives, including gift cards to local grocery stores, were provided to those who agreed to complete the health services portion of the survey. Surveys were also distributed to local minority churches after worship services. They could be returned to the church and picked up by educators at a later date.

Table 2 summarizes the number of survey respondents. A total of 18,917 responses were collected across all 33 counties, with a survey completion rate of 86.5%, resulting in 16,358 complete responses across the entire survey area. A total of 650 responses were collected from Wilson County residents, with a survey completion rate of 89.2%, resulting in 580 complete responses from Wilson County. The survey analysis included in this CHNA report is based on complete responses.

Table 2. Survey Respondents			
Number of Respondents*			
Service Area English Spanish Total			
All Health ENC Counties	15,917	441	16,358
Wilson County	570	10	580

*Based on complete responses

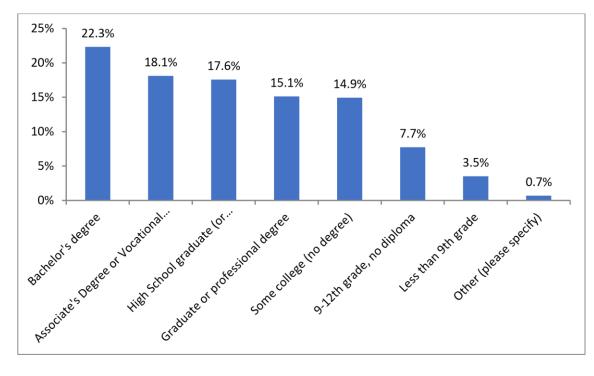
Survey participants were asked a range of questions related - but not limited – to poverty issues and the personal health challenges which might thereby be impacted, and what the most critical health needs are for Wilson County. The survey instrument is available in Appendix C.

Demographics of Survey Respondents

The following charts and graphs illustrate Wilson County demographics of the community survey respondents.

Among Wilson County survey participants, 56% of respondents were between the ages of 45 and 69 and there was a lower concentration of respondents (34%) between the ages of 15 and 44. Only 9.8% of respondents were over age 70. The majority of respondents were female (74.3%) and spoke English at home (97.2%). More than half of respondents (56.1%) identified as White, while less than half identified as Black (38.4%). The vast majority of respondents identified as Non-Hispanic (90.8%).

Survey respondents had varying levels of education, with the highest share of respondents (22.3%) having a bachelor's degree and the next highest share of respondents (18.1%) having an associate or vocational degree and a similar number having graduated from high school as their highest level of education (17.6%) (Figure 2).





As shown in Figure 3, over half of the respondents were employed full-time (54.5 %). The average household size was 2.8 individuals.

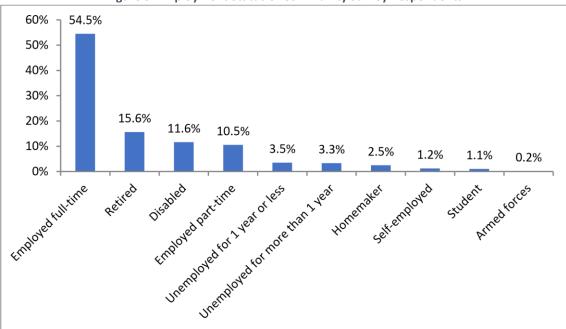


Figure 4 shows the health insurance coverage of community survey respondents. More than half of survey respondents have health insurance provided by their employer (53.8%), while 22% have Medicare and 13.3% have Medicaid. 8.9% of respondents have no health insurance of any kind. Figure 4. Health Care Coverage of Community Survey Respondents

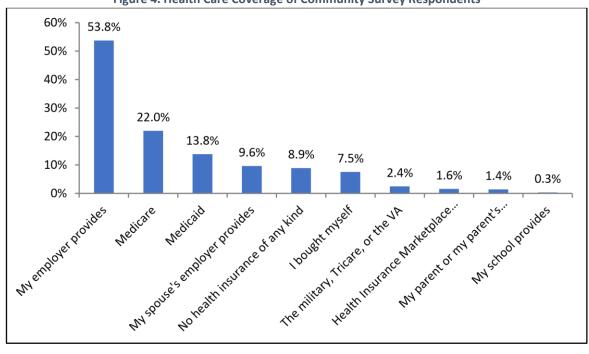


Figure 3. Employment Status of Community Survey Respondents

Overall, the community survey participant population consisted of white or black women that are employed or retired. The survey was a convenience sample survey, and thus the results may not be representative of the community population as a whole.

Key findings from select questions on the community survey are integrated into this report by theme or topic area, with an emphasis on the most significant needs as evidenced by both primary and secondary data. This approach is intended to offer a meaningful understanding of health needs. A summary of full survey results (all 57 questions) is available on <u>HealthENC.org</u>. Full results can be downloaded by county or for the entire Health ENC Region.

Focus Group Discussions

Another form of community input was collected through three (3) focus groups. Focus groups were given carefully constructed dialogues that invited diverse groups of people to discuss important and pressing issues. Focus groups provided community members an opportunity to engage in productive learning and sharing sessions. The Focus group discussions focused on community strengths, opportunities for improvement, existing resources, health needs, and possible solutions for improving the health of Wilson County. A list of questions asked at the focus groups is available in Appendix C.

The purpose of the focus groups for the 2019 CHNA was to engage with a broad cross-section of individuals from our county, such as the Hispanic population, African American population, and community service/health groups.

Facilitator Training was provided. Topics included facilitation techniques, moderator and note taker roles, as well as tips and expectations for documenting focus group discussions. Focus group questions were reviewed and a transcript was provided for documentation purposes.

To ensure adequate representation of the Wilson Community, two focus groups sought input from minorities (African-American and Latino). A local African American church hosted one focus group. The pastor selected members of the church as well as other people from the surrounding community and other churches to participate.

Health educators sought input from Latino participants in a diabetes prevention class offered through the Wilson County Health Department. The participants from this class invited other family members. An interpreter from the Wilson County Health Department assisted during the discussion. Incentives were provided to both minority focus groups to encourage participation.

The third focus group consisted of stakeholders of the community. All attendees were invited via email, and no incentives were used for this group. This group consisted of individuals from many partner organizations who are included below:

- Americorps Vista (Wilson representatives)
- Barton College
- City of Wilson (Fire/Rescue)
- Healthcare Foundation of Wilson
- Retired Wilson County Schools Teacher
- Retired WMC Board & HFW Board Chair

- United Way of Wilson ٠
- Wilson Business Community (local business owners)
- Wilson Chamber of Commerce
- Wilson County Department of Social Services
- Wilson Community College
- Wilson County
- Wilson County Health Department •
- Wilson County Schools • Wilson Forward
- Wilson Medical Center

The community stakeholder group attending represented the following populations: children, low income, minorities, those without access, retirees, business and local healthcare organizations.

The three focus group discussions which were completed within Wilson County between July 17, 2018 and August 29, 2018 included a total of 35 individuals. Table 3 shows the date, location, population type, and number of participants for each focus group.

Table 3. List of Focus Group Discussions			
Date Conducted	Focus Group Location	Population Type	Number of Participants
7/17/2018	White Oak Church	African American	12
7/30/2018	Wilson County Health Department	Latino Community	6
8/29/2018	Wilson Medical Center Auditorium	Community Stakeholders	17

Focus group transcripts were coded and analyzed by common theme. The frequency with which a topic area was discussed in the context of needs and concerns or barriers and challenges to achieving health was used to assess the relative importance of the need in the community. Key themes that emerged from the focus group discussions are integrated into this report by topic area, with an emphasis on the most significant needs as evidenced by both primary and secondary data. Additional analysis of focus group findings is available on HealthENC.org.

Results of the focus group dialogues complement the results from other forms of primary data collected (the community survey and the Healthcare Summit) and supports the findings from the secondary data scoring. By synthesizing the discussions that took place at the focus groups in tandem with the responses from the community survey and the Healthcare Summit, the primary data collection process for Wilson County is rich with involvement by a cross section of the community.

Community Health Summit

The healthcare needs of Wilson County were prioritized. Goals and actions were brainstormed by the table groups at the Community Health Summit and this formed the foundation of Wilson County's health initiatives. Using a dotmocracy, a nominal group technique, each attendee received three sticky notes and selected their top three health needs in priority of the topic. The attendees were asked to use the table below to help guide their selection of health initiatives considering the magnitude, seriousness and feasibility of the need.

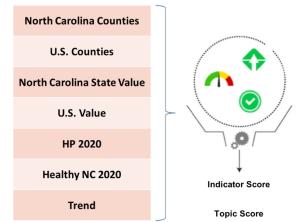
Magnitude/scale of the problem	How big is the problem? How many people does the problem affect, either actually or potentially? In terms of human impact, how does it compare to other health issues?
Seriousness of Consequences	What degree of disability or premature death occurs because of this problem? What would happen if the issue were not made a priority? What is the level of burden on the community (economic, social or other)?
Feasibility	Is the problem preventable? How much change can be made? What is the community's capacity to address it? Are there available resources to address it sustainably? What's already being done, and is it working? What are the community's intrinsic barriers and how big are they to overcome?

Secondary Data Sources & Analysis

The main source of the secondary data used for this assessment is <u>HealthENC.org</u>. The secondary data analysis was conducted using Conduent HCI's data scoring tool, and the results are based on the 151 health and quality of life indicators that were queried on the Health ENC dashboard on July 18, 2018. The data are primarily derived from state and national public data sources. For each indicator on the platform, there exist several comparisons to assess Wilson County's status, including how Wilson County compares to other communities, whether health targets have been met, and the trend of the indicator value over time.

The data scoring tool systematically summarizes

Figure 5. Secondary Data Scoring multiple comparisons to rank indicators based on highest need (Figure 5). For each indicator, the Wilson County value is compared to a distribution of North Carolina and U.S. counties, state and national values, Healthy People 2020 targets, Healthy North Carolina 2020 targets, and the trend over the four most recent time periods of measure. Each indicator is then given a score based on the available comparisons. The scores range from 0 to 3, where 0 indicates the best outcome and 3 indicates the worst outcome. Availability of each type of comparison varies by indicator and is dependent upon the data



source, comparability with data collected from other communities, and changes in methodology over time. The indicators are grouped into topic areas for a higher-level ranking of community health needs.

Please see Appendix B for further details on the secondary data scoring methodology.

Health and Quality of Life Topic Areas Table 4.

Table 4 shows the health and quality of life topic areas into which indicators are categorized. These topic areas are broadly based on the Healthy People 2020 framework, with each topic area containing multiple indicators. The five topic areas exhibiting the most significant need as evidenced by the secondary data analysis are included for in-depth exploration in the data findings. Four topic areas specific to population subgroups, including Children's Health, Men's Health, Women's Health, and Older Adults & Aging, include indicators spanning a variety of topics. If a particular subgroup receives a high topic score, it is not highlighted independently as one of the top 5 findings, but is discussed within the narrative as it relates to highly impacted populations. Three additional categories (County Health Rankings, Mortality Data, and Wellness & Lifestyle) are not considered for in-depth exploration, since all three are general categories that include indicators spanning a wide variety of topics. Topic areas with fewer than three indicators are considered to have data gaps and do not receive topic scores. These topics are indicated by an asterisk in Table 4.

Table 4. Health and Quality of Life Topic Areas		
Access to Health Services	Family Planning*	Other Chronic Diseases
Alcohol & Substance Misuse	Fitness & Nutrition	Oral Health*
Cancer	Food Safety*	Prevention & Safety
Children's Health	Heart Disease & Stroke	Public Safety
County Health Rankings	Immunizations & Infectious Diseases	Respiratory Diseases
Diabetes	Maternal, Fetal & Infant Health	Social Environment
Disabilities*	Men's Health	Teen & Adolescent Health*
Economy	Mental Health & Mental Disorders	Transportation
Education	Mortality Data	Vision*
Environment	Obesity	Wellness & Lifestyle
Environmental & Occupational Health	Older Adults & Aging	Women's Health

*Topic area has fewer than 3 indicators and is considered a data gap. The topic areas of adolescent pregnancy and STDs were mentioned frequently in the "Other" but not directly correlated to this topic title, therefore no topic score is provided.

Health ENC Region Comparison

When available, county-level data are compared to the state of North Carolina, as well as Health ENC Counties. The Health ENC region consists of 33 counties in eastern North Carolina participating in the regional CHNA: Beaufort, Bertie, Bladen, Camden, Carteret, Chowan, Cumberland, Currituck, Dare, Duplin, Edgecombe, Franklin, Gates, Greene, Halifax, Hertford, Hoke, Hyde, Johnston, Lenoir, Martin, Nash, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Sampson, Tyrrell, Washington, Wayne and Wilson. Values for the Health ENC region were calculated by aggregating data from these 33 counties.

Data Considerations

Several limitations of the data should be considered when reviewing the findings presented in this report. Although the topics by which data are organized cover a wide range of health and health-related areas, within each topic there is a varying scope and depth of data availability. In some topics there is a

robust set of secondary data indicators, but in others there may be a limited number of indicators for which data is collected, or limited subpopulations covered by the indicators.

Data scores represent the relative community health need according to the secondary data that is available for each topic and should not be considered to be a comprehensive result on their own. In addition, these scores reflect what was found in the secondary data for the population as a whole, and do not factor in the health or socioeconomic need that is much greater for some subpopulations. In addition, many of the secondary data indicators included in the findings are collected by survey, and though methods are used to best represent the population at large, these measures are subject to instability—especially among smaller populations.

The disparities analysis, used to analyze the secondary data, is also limited by data availability. In some instances, data sources do not provide subpopulation data for some indicators, and for other indicators, values are only available for a select number of race/ethnic groups. Due to these limitations, it is not possible to draw conclusions about subpopulation disparities for all indicators.

The breadth of primary data findings is dependent on several factors. Focus group discussion findings were limited by which community members were able to attend focus group discussions. Because the survey was a convenience sample survey, results are vulnerable to selection bias, making findings less generalizable for the population as whole.

Prioritization

A Community Health Summit was held on September 24, 2018 at Barton College in the Hardy Alumni Hall with 60 community stakeholders present. The Summit was utilized as the prioritization session for Wilson County. The audience consisted of healthcare providers, the Wilson County Health Department, Healthcare Foundation of Wilson, Wilson Medical Center, business leaders, law enforcement, government representatives, colleges, not-for-profit organizations, and other community members. Primary and Secondary data was presented by Teresa Ellen, Health Director and Denise O'Hara, Executive Director of the Healthcare Foundation of Wilson. Following the presentation and comparison of primary and secondary health data the audience was asked to choose the top three health issues Wilson County should focus on for the next three years. The Dotmocracy method of selection was used for the prioritization process. Below is a list of community organizations represented in attendance:

Organization	Population Represented(kids, low income, minorities, those w/o access	How Involved
Area L AHEC	All	Summit
Barton College	College students, youth, diversity	Summit
Children's Hunger Elimination of Wilson	Children	Summit
City of Wilson	All	Summit
City of Wilson (fire/rescue)	All	Summit
City of Wilson (Planner)	City wide	Summit
Eastpointe	Mental Health	Summit

ECU Medical & Health Sciences	Children/Adults	Summit
Greenfield School	Youth	Summit
Healthcare Foundation of Wilson	All	Summit
Healthcare Foundation of Wilson Board Chair	All	Summit
Hope Station	Low income, minorities and those without access	Summit
Retired Physician	All	Summit
Retired Secretary of NC Cultural Resources	All	Summit
SPC Mechanical Corporation	All	Summit
The Chesson Agency	All	Summit
The Wesley Shelter	Women & Children, especially minorities and low-income	Summit
Upper Coastal Plain Council on Governments	Senior Citizens	Summit
Wilson City Council	All	Summit
Wilson Co. Department of Social Services	All – especially low income and minorities	Summit
Wilson Community College	College students, youth, diversity	Summit
Wilson County Board of Commissioners	All	Summit
Wilson County Health Department	All	Summit
Wilson County Schools	Children	Summit
Wilson Crisis Center	All	Summit
Wilson Economic Development Council	All	Summit
Wilson Forward	All	Summit
Wilson Medical Center	All	Summit
Wilson Public Library	All	Summit
Wilson Veterinary Hospital	All	Summit
Wilson YMCA	All	Summit



Overview of Wilson County

About Wilson County

Wilson County is located roughly on the fall line that separates the Piedmont and the Coastal Plain. Though the majority of the county is level, there are rolling hills in the west which are characteristic of the Piedmont. Traveling in an easterly direction within the county, the geography becomes flat as the land quickly transitions into the Coastal Plain.

There are no major rivers that flow through Wilson County. This may have contributed to the county's slower development, as rivers were thoroughfares for transportation in the absence of good roads during the early history of North Carolina. Contentnea Creek is a large creek that spans the county and is a tributary to the Neuse River.

Wilson County is comprised of one city (county seat) and eight smaller towns within the county.

Wilson has unique advantages of proximity, located near one of the fastest-growing areas in the country, with great access to major highways. Wilson has also had the foresight to make strategic investments like Buckhorn Reservoir, the Wilson Corporate Park and Greenlight Community Broadband to ensure current needs and future opportunities are available in Wilson. This encourages growth from individuals and businesses. Additional demographics for Wilson County are listed below.

Demographic Profile

The demographics of a community significantly impact its health profile. Population growth has an influence on the county's current and future needs. Specific population subgroups, including veterans and different age, gender, race and ethnic groups, may have unique needs and require varied approaches to health improvement efforts. The following section explores the demographic profile of Wilson County, North Carolina.

Population

According to the U.S. Census Bureau's 2016 population estimates, Wilson County has a population of 81,661 (Figure 6). The population of Wilson County has increased from 2014 to 2016.

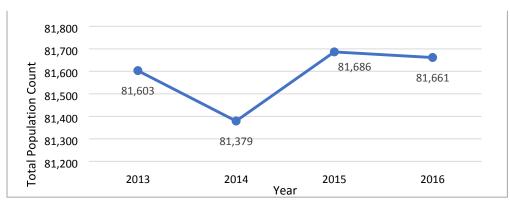
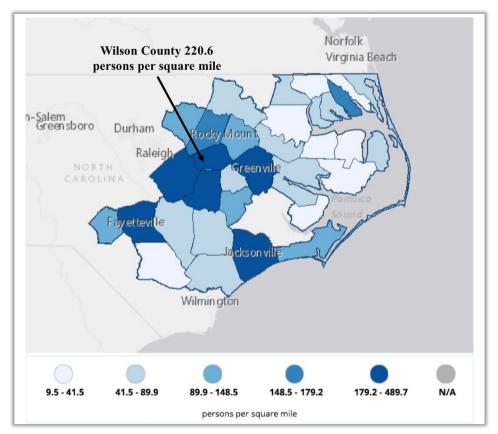


Figure 6. Total Population (U.S. Census Bureau)

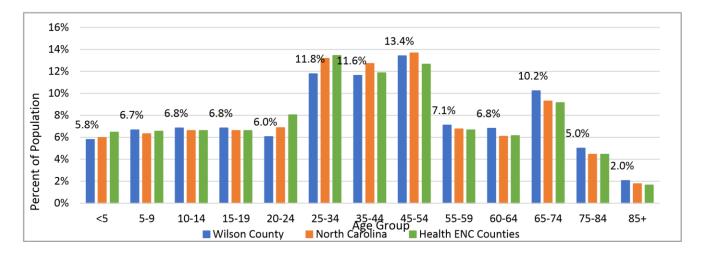
Figure 7 shows the population density of Wilson County compared to other counties in the Health ENC region. Wilson County has a population density of 220.6 persons per square mile, and is more densely populated than most other counties in the region.

Figure 7. Population Density of Health ENC Counties (U.S. Census Bureau, 2010)



Age and Gender

Overall, Wilson County residents are slightly older than average residents of North Carolina and the Health ENC region. Figure 8 shows the Wilson County population by age group. The 45-54 age group contains the highest percent of the population at 13.4%, while the 25-34 age group contains the next highest percent of the population at 11.8%.





People 65 years and older comprise 17.3% of the Wilson County population, compared to 15.5% in North Carolina and 15.2% in the Health ENC counties (Figure 9).

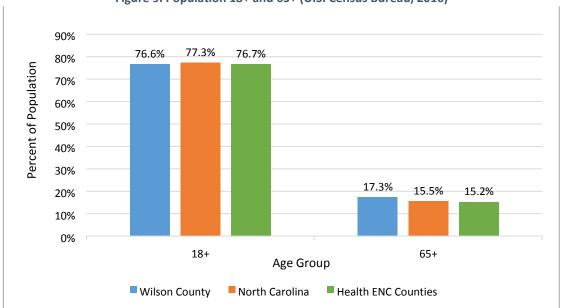


Figure 9. Population 18+ and 65+ (U.S. Census Bureau, 2016)

Males comprise 47.4% of the population, whereas females comprise 52.6% of the population (Table 5). The median age for males is 38.2 years, whereas the median age for females is 42.2 years. Both are higher than the North Carolina median age (37.2 years for males and 40.1 years for females).

	Percent of Total Population		Percent of Male Population		Percent of Female Population		Median Age (Years)	
	Male	Female	18+	65+	18+	65+	Male	Female
Wilson County	47.4%	52.6%	74.9%	15.4%	78.1%	19.0%	38.2	42.2
North Carolina	48.6%	51.4%	76.3%	13.9%	78.4%	17.0%	37.2	40.1
Health ENC Counties	49.2%	50.8%	75.8%	13.5%	77.5%	16.9%	N/A	N/A

Table 5. Population by	Gender and Age (U	U.S. Census Bureau, 2016)
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Birth Rate

Birth rates are important measures of population health. The birth rate is usually the dominant factor in determining the rate of population growth; however, population growth is also driven by the age structure of the population (e.g., deaths), immigration and emigration. Figure 10 illustrates that the birth rate in Wilson County (11.8 live births per 1,000 population in 2016) is lower than the birth rate in North Carolina (12.0) and Health ENC counties (13.1). While the state and regional birth rates have

decreased slightly since 2014, the Wilson County birth rate has increased slightly over the same timeframe.

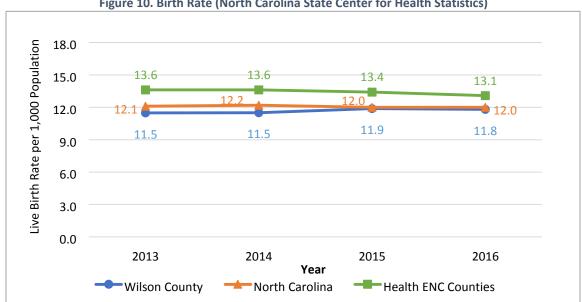


Figure 10. Birth Rate (North Carolina State Center for Health Statistics)

Race/Ethnicity

The race and ethnicity composition of a population is important in planning for future community needs, particularly for schools, businesses, community centers, health care and child care. Race and ethnicity data are also useful for identifying and understanding disparities in housing, employment, income and poverty.

Figure 11 shows the racial and ethnic distribution of Wilson County compared to North Carolina and Health ENC counties. The first six categories (White, Black or African American, American Indian or Alaska Native, Asian, Native Hawaiian & Other Pacific Islander and Multiracial) are racial groups and may include persons that identify as Hispanic or Latino. The seventh category (Hispanic or Latino) is an ethnic group and may include individuals that identify as any race.

The White population accounts for 56.0% of the total population in Wilson County, with the Black or African American population accounting for 40.6% of the total population. The proportion of residents that identify as White is smaller in Wilson County (56.0%) as compared to North Carolina (71.0%) and Health ENC counties (63.8%). Wilson County has a larger share of residents that identify as Black or African American (40.6%) when compared to North Carolina (22.2%) and Health ENC counties (30.7%). The Hispanic or Latino population comprises 10.0% of Wilson County, which is a larger proportion than the Hispanic or Latino population in North Carolina (9.2%) and Health ENC counties (9.6%).

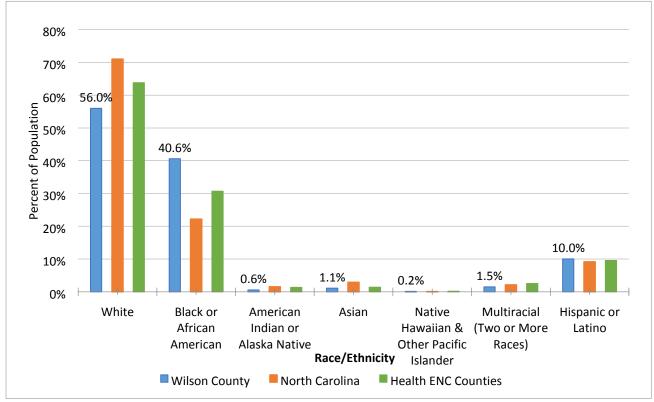


Figure 11. Population by Race/Ethnicity (U.S. Census Bureau, 2016)

Tribal Distribution of Population

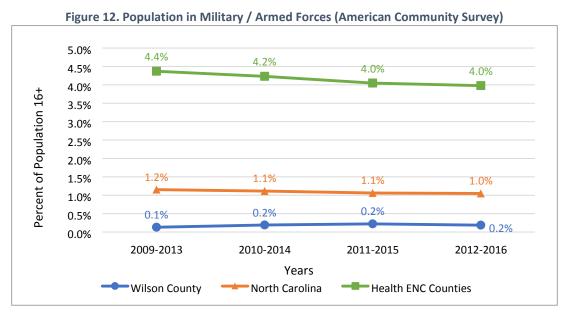
The U.S. Census Bureau collects population estimates for various American Indian and Alaska Native (AIAN) tribes. While population estimates of tribal data are not available at the county level, Table 6 shows the population estimates of eight tribal areas throughout the state of North Carolina.

Table 6. Named Tribes in North Carolina (American Community Survey, 2012-2016)

State Designated Tribal Statistical Area (SDTSA)	Total Population		
Coharie SDTSA	62,160		
Eastern Cherokee Reservation	9,613		
Haliwa-Saponi SDTSA	8,700		
Lumbee SDTSA	502,113		
Meherrin SDTSA	7,782		
Occaneechi-Saponi SDTSA	8,938		
Sappony SDTSA	2,614		
Waccamaw Siouan SDTSA	2,283		

Military Population

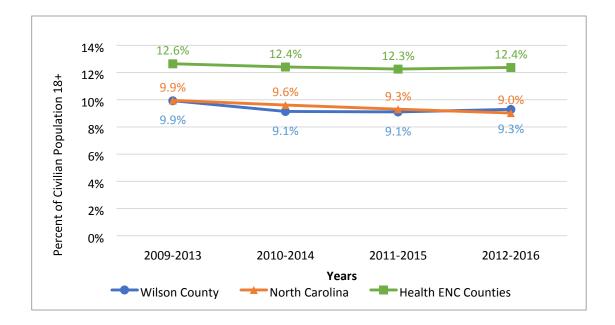
Figure 12 shows the percent of the population 16 years of age and older in the military (armed forces). In 2012-2016, Wilson County has a smaller share of residents in the military (0.2%) compared to North Carolina (1.0%) and counties in the Health ENC region (4.0%). Figure 12 also shows the trend analysis of the military population over the 4 most recent measurement periods. Across four time periods, the percent of the population in the military for Wilson County is lower than in North Carolina and the Health ENC region.



Veteran Population

The veteran population is given as a percent of the civilian population aged 18 years and older and this data is used for policy analyses, to develop programs, and to create budgets for veteran programs and facilities. Wilson County has a veteran population of 9.3% in 2012-2016, compared to 9.0% for North Carolina and 12.4% for Health ENC counties (Figure 13).

Figure 13. Veteran Population (American Community Survey, 2012-2016)



Socioeconomic Profile

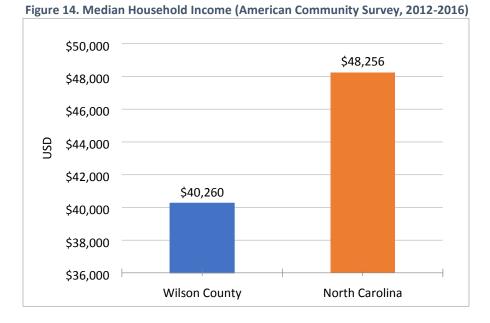
Social and economic factors are well known to be strong determinants of health outcomes – those with a low socioeconomic status are more likely to suffer from chronic conditions such as diabetes, obesity and cancer. Community health improvement efforts must determine which subpopulations are most in need in order to effectively focus services and interventions.

NC Department of Commerce Tier Designation

The North Carolina Department of Commerce annually ranks the state's 100 counties based on economic well-being and assigns each a Tier designation. The 40 most distressed counties are designated as Tier 1, the next 40 as Tier 2 and the 20 least distressed as Tier 3. Wilson County was assigned a Tier 2 designation for 2018; however this changed to a Tier 1 designation in 2019.

Income

Median household income reflects the relative affluence and prosperity of an area. Areas with higher median household incomes are likely to have a greater share of educated residents and lower unemployment rates. Figure 14 shows the median household income in Wilson County (\$40,260), which is less than the median household income in North Carolina (\$48,256).



Wilson County has a similar median household income compared to other counties in the Health ENC region (Figure 15).

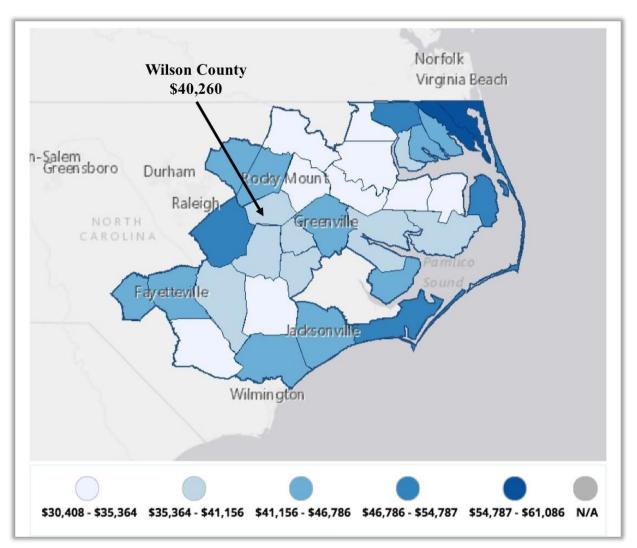


Figure 15. Median Household Income of Health ENC Counties (American Community Survey, 2012-2016)

Countywide, the median household income varies. For example, zip code 27893 has a median household income of \$32,178, while zip code 27880 has a median household income of \$62,339 (Figure 16).

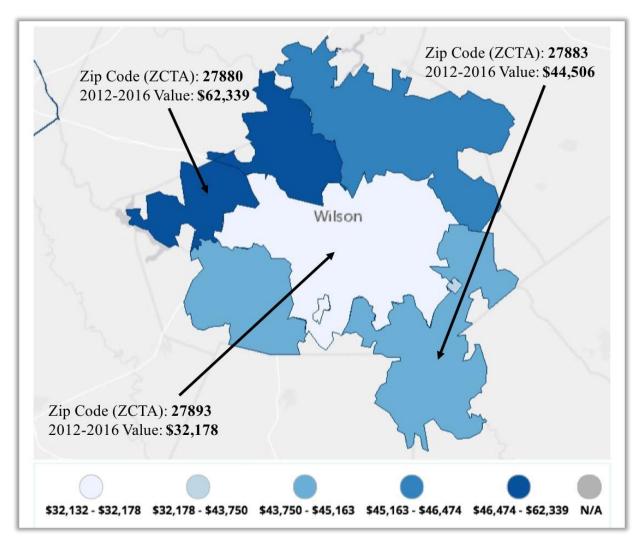


Figure 16. Median Household Income by Zip Code (American Community Survey, 2012-2016)

Poverty

Federal poverty thresholds are set every year by the Census Bureau and vary by size of family and ages of family members. A high poverty rate is both a cause and a consequence of poor economic conditions. Children in poverty are more likely to have physical health problems, behavioral problems and emotional problems. Seniors who live in poverty are an especially vulnerable group due to increased physical limitations, medical needs, and social isolation. Persons with a disability are more likely to live in poverty compared to the rest of the population. Without adequate income, individuals with disabilities may not be able to afford necessary expenses, such as rent or mortgage, utility bills, medical and dental care, and food.

As seen in Figure 17, 22.5% percent of the population in Wilson County lives below the poverty level, which is higher than the rate in North Carolina (16.8% of the population) and the Health ENC region (19.2%).

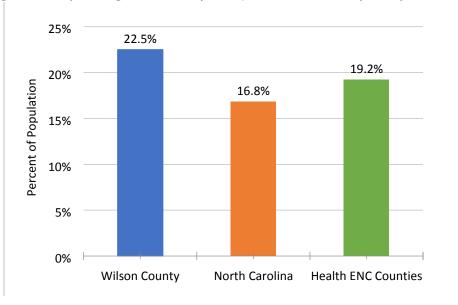


Figure 17. People Living Below Poverty Level (American Community Survey, 2012-2016)

As shown in Figure 18, the rate of children living below the poverty level is also higher for Wilson County (39.3%) when compared to North Carolina (23.9%) and Health ENC counties (27.6%).

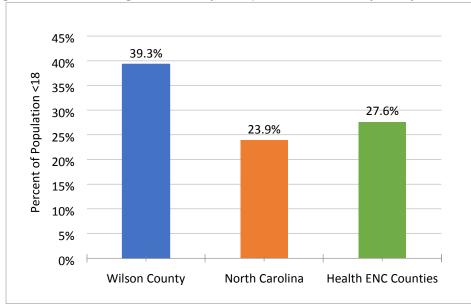


Figure 18. Children Living Below Poverty Level (American Community Survey, 2012-2016)

Similarly, as shown in Figure 19 the rate of older adults living below the poverty level is also higher in Wilson County (11.9%) than in North Carolina (9.7%) and Health ENC counties (11.5%).

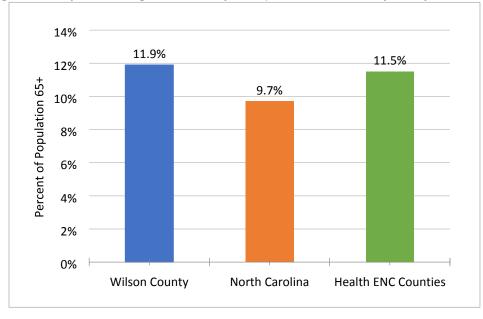
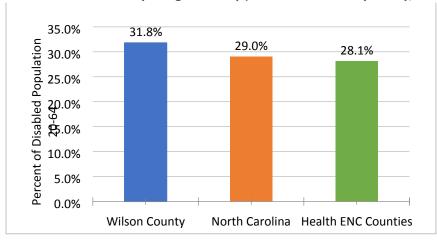


Figure 19. People 65+ Living Below Poverty Level (American Community Survey, 2012-2016)

As shown in Figure 20, the percent of disabled people living in poverty in Wilson County (31.8%) is higher than the rate in North Carolina (29.0%) and Health ENC counties (28.1%).





Housing

The average household size in Wilson County is 2.5 people per household, which is the same as the North Carolina value of 2.5 people per household.

High costs of homeownership with a mortgage can strain both homeowners and the local housing market. Figure 21 shows mortgaged owners median monthly household costs in the Health ENC region. In Wilson County, the median housing costs for homeowners with a mortgage is \$1,173. This is less than the North Carolina value of \$1,243.

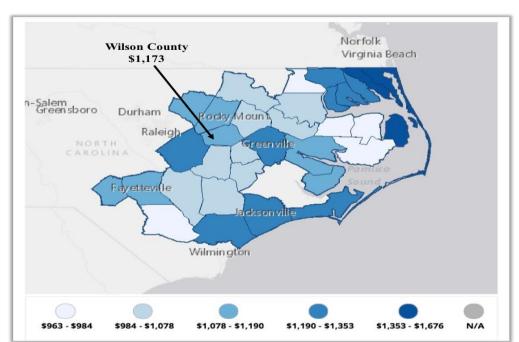


Figure 21. Mortgaged Owners Median Monthly Household Costs, Health ENC Counties (American Community Survey 2012-2016)

Safe and affordable housing is an essential component of healthy communities, and the effects of housing problems are widespread. Figure 22 shows the percent of households with at least one of the following problems: overcrowding, high housing costs, lack of kitchen, or lack of plumbing facilities. Countywide, 19.3% of households have severe housing problems, compared to 16.6% in North Carolina and 17.7% in Health ENC counties.

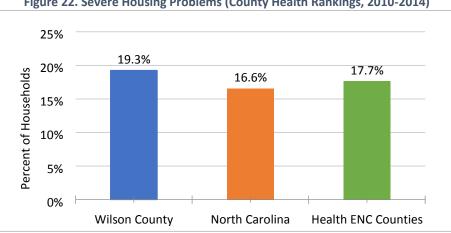


Figure 22. Severe Housing Problems (County Health Rankings, 2010-2014)

Food Insecurity

The Supplemental Nutrition Assistance Program (SNAP) is a federal assistance program that provides low-income families with electronic benefit transfers (EBTs) that can be used to purchase food. The goal of the program is to increase food security and reduce hunger by increasing access to nutritious food.

Figure 23 shows the percent of households with children that participate in SNAP. The rate for Wilson County, 51.3%, is lower than the state value of 52.6% and the Health ENC region value of 51.5%.

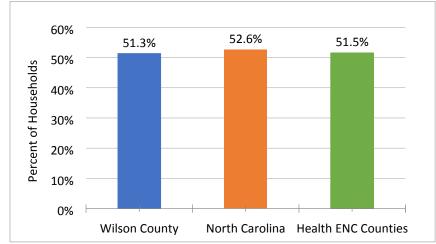


Figure 23. Households with Children Receiving SNAP (American Community Survey, 2012-2016)

Employment

Major employers

- Branch Bank & Trust Financial
- Wilson County Schools Education
- Bridgestone Americas Manufacturing
- Wilson Medical Center Healthcare Services
- S.T. Wooten Construction Co, Inc Construction
- City of Wilson Public Administration
- County of Wilson Public Administration
- Smithfield Foods, Inc Manufacturing
- Kidde Aerospace/Fenway Safety Systems Manufacturing
- Merck Manufacturing Manufacturing
- Alliance One International Manufacturing
- NC Department of Health & Human Services Public Administration
- Wal-Mart Associates, Inc Trade, Transportation & Utilities
- Wilson Community College Education
- Barton College Education

SocioNeeds Index

Multiple socioeconomic factors across geographies were compared through Conduent's SocioNeeds Index[®]. This index incorporates estimates for six different social and economic determinants of health – income, poverty, unemployment, occupation, educational attainment, and linguistic barriers – that are associated with poor health outcomes including preventable hospitalizations and premature death.

Zip codes within Wilson County are assigned an index value from 0 (low need) to 100 (high need), based on how those zip codes compare to others in the U.S. Within Wilson County, the zip codes are then ranked from 1 (low need) to 5 (high need) to identify the relative level of need. Zip codes with populations under 300 persons are excluded. Zip code 27893, with an index value of 91.4, has the highest level of socioeconomic need within Wilson County. This is illustrated in Figure 24. Index values and the relative ranking of each zip code within Wilson County are provided in Table 7.

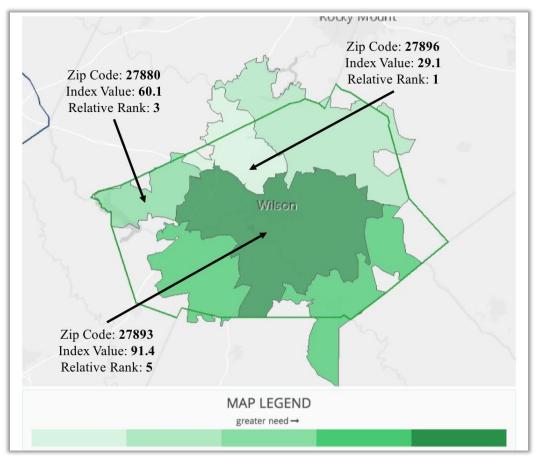


Figure 24. SocioNeeds Index[®] (Conduent Healthy Communities Institute, 2018)

Table 7. SocioNeeds Index[®] (Conduent Healthy Communities Institute, 2018)

Index Value	Relative Rank
91.4	5
78.6	4
71.1	4
60.1	3
57.8	2
29.1	1
	91.4 78.6 71.1 60.1 57.8

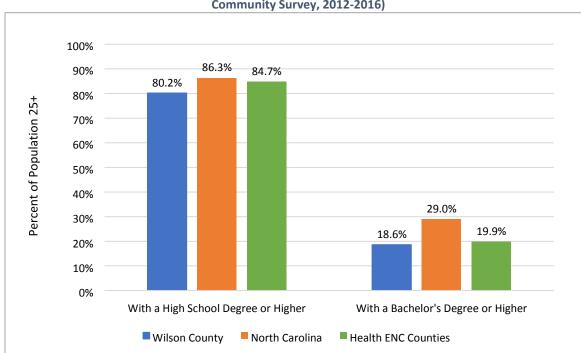
Source: <u>http://www.healthenc.org/socioneeds</u>

Understanding where there are communities with high socioeconomic need is critical to forming prevention and outreach activities. Educational Profile

Educational Attainment

Graduating from high school is an important personal achievement and is essential for an individual's social and economic advancement. Graduation rates can also be an important indicator of the performance of an educational system. Having a bachelor's degree is often a prerequisite for higherpaying jobs.

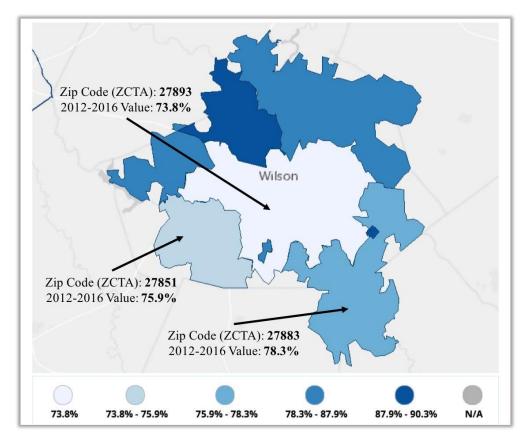
Countywide, the percent of residents 25 or older with a high school degree or higher (80.2%) is less than the state value (86.3%) and the Health ENC region (84.7%) (Figure 25). Higher educational attainment in Wilson County is 18.6%, which is less than the state value and the Health ENC region. While 29.0% of residents 25 and older have a bachelor's degree or higher in North Carolina, only 19.9% of residents 25 and older have a bachelor's degree or higher in the Health ENC counties (Figure 25).





In some areas of the county, including zip code 27893, which has a high poverty rate and high socioeconomic need the high school degree attainment rate is below 75% (Figure 26).

Figure 26. People 25+ with a High School Degree or Higher by Zip Code

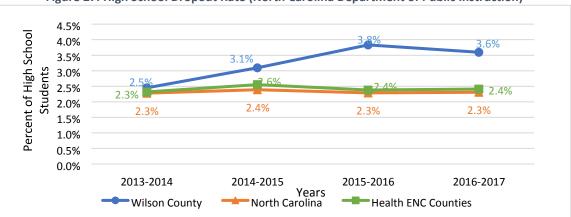


(American Community Survey, 2012-2016)

High School Dropouts

High school dropouts earn less income than high school and college graduates, and are more likely to be unemployed. High school dropouts are generally less healthy and require more medical care. Further, high school dropout rates are linked with heightened criminal activity and incarceration rates, influencing a community's economic, social, and civic health.

Wilson County's high school dropout rate, given as a percent of high school students in Figure 27, is 3.6% in 2016-2017, which is higher than the rate in North Carolina (2.3%) and the Health ENC region (2.4%). Wilson County's high school dropout rate has been higher than the state and regional rate, and is a focus for the Wilson County Schools.





High School Suspension Rate

High school suspension is a form of discipline in which a student is temporarily removed from a classroom and/or school due to a violation of school conduct or code. Higher rates of suspension can be related to high rates of antisocial or delinquent behaviors, which may further contribute to potential future involvement in the juvenile justice system. Additionally, schools with higher suspension rates have higher rates of law or board of education violations and generally spend more money per student.

Wilson County's rate of high school suspension (60.8 suspensions per 100 students) is higher than North Carolina's rate (18.2) and the rate of Health ENC counties (25.5) in 2016-2017. As shown in Figure 28, North Carolina and the Health ENC region values are fairly consistent across four time periods, yet Wilson County's values have increased in recent time periods.

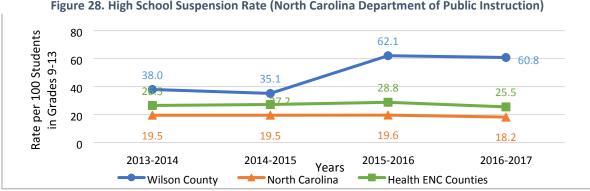


Figure 28. High School Suspension Rate (North Carolina Department of Public Instruction)

The Wilson County Educational System includes:

Wilson County Public Schools

B.O. Barnes Elementary School Beddingfield High School Charles H. Darden Middle School Elm City Middle School **Fike High School** Forest Hills Middle School Frederick Douglass Elementary School Gardners Elementary School James Hunt High School John W. Jones Elementary School Lee Woodard Elementary School Lucama Elementary School Margaret Hearne Elementary School Milton Daniels Learning Center New Hope Elementary School Rock Ridge Elementary School Speight Middle School

Springfield Middle School Stantonsburg Elementary School Toisnot Middle School Vick Elementary School Vinson-Bynum Elementary School Wells Elementary School Winstead Elementary School **Charter Schools/Specialty** Eastern NC School for the Deaf Sallie B. Howard School Wilson Preparatory Academy Wilson Early College Academy Private / Specialty Schools **Community Christian School Greenfield School** Wilson Christian Academy Colleges Barton College Wilson Community College

Environmental Profile

Water Quality

There are ten community water systems in Wilson County that serve people year-round. The majority of Wilson County's drinking water is obtained from Contentnea Creek and the Tar River. The Wilson County Health Department's Environmental Health Division maintains the quality and safety of water and water systems through inspections and permits and the N.C. Department of Environmental Quality Division of Water Resources oversees their process.

On September 28, 2018, the N.C. Department of Environmental Quality Division of Water Resources issued a notice of deficiency to the town of Lucama citing high iron and manganese levels in the water being sold to residents. Further research showed that the water treatment provided was not adequately removing or controlling the concentration of iron and manganese and providing troublefree, satisfactorily water to customers. The town has received two grants from the state. The first grant in the amount of \$500,000 will fund the renovation of a well and replace a filter at the water treatment plant and the second grant in the amount of \$2.2 million will replace waterlines and make additional improvements to the water treatment plant.

Air Quality

The North Carolina Department of Environment and Natural Resources' (NCDENR) Division of Air Quality monitors ambient (outdoor) air quality throughout the State to protect the public from harmful ozone and fine particle pollutants. The Environmental Protection Agency's (EPA) Air Quality Index Color Code Guide is used to inform and alert the public of air quality issues related to these pollutants. Air pollution levels in the green category are satisfactory and pose little or no health effects. Air pollution levels in the yellow, orange, red, purple and maroon categories exceed the Environmental Protection Agency's standard and may pose health risks to some or all populations.

Transportation Profile

Public transportation offers mobility, particularly to people without cars. Transit can help bridge the spatial divide between people and jobs, services, and training opportunities. Public transportation also reduces fuel consumption, minimizes air pollution, and relieves traffic congestion. Walking to work helps protect the environment, while also providing the benefit of daily exercise.

Countywide, 1.6% of residents walk to work, compared to the state value of 1.8% and the regional value of 2.4%. Public transportation is rare in Wilson County, with an estimated 0.2% of residents commuting by public transportation, compared to the state value of 1.1% and the regional value of 0.4% (Figure 29). In Wilson County, 82.0% of workers 16 and older drive alone to work, compared to 81.1% in North Carolina and 81.4% in the Health ENC region (Figure 30).

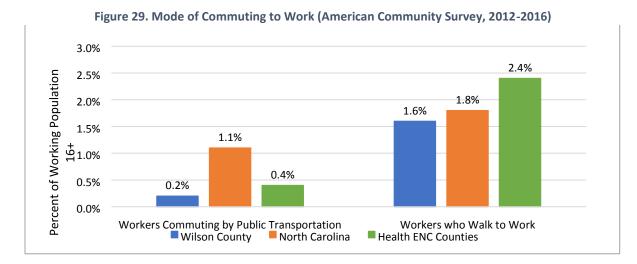
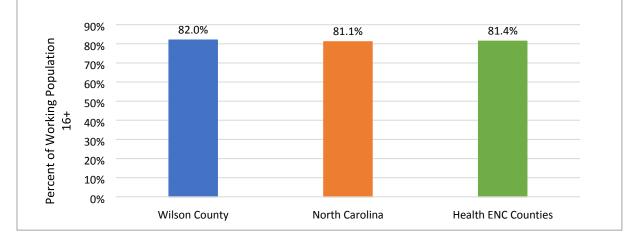


Figure 30. Workers who Drive Alone to Work (American Community Survey, 2012-2016)



Transportation System

Amtrak

Amtrak travels all the way to New York City. Both the Piedmont and the Carolinas will transport passengers to and from the Queen City of Charlotte and the state capital of Raleigh.

Wilson Industrial Air Center

The Wilson Industrial Air Center is located five miles from I-95. Wilson Industrial Air Center offers onsite industrial lots with taxi-way access available for immediate development. Zoned for light industrial, flexible site plan has been developed for the Air Center. The runway has three 4,500 foot runways, one which is lighted, the airport is used extensively by industrial, commercial, governmental, medical, law enforcement, military, and recreation. Businesses in Wilson County like the idea of having the proximity of the Wilson Industrial Air Center because of saving time and money.

Frequently the North Carolina Department of Commerce uses the facility to bring industrial prospects to visit Wilson. Aerial tours of sites and buildings, as well as of the city itself, are taken from the Air Center. "The Wilson Industrial Air Center", according to former Governor Jim Hunt is a tremendous asset for this community and benefit to any company that locates here.

Wilson Transit System

Wilson Transit System, or WTS, operates fixed- route buses and provides taxicab shuttle services within the city of Wilson. Hours of operation are 6:30 am to 6:30 pm., Monday through Friday, with limited service on Saturday. Wilson County Transportation Service has a fleet of fourteen vehicles, including nine specially modified vans to accommodate the elderly and handicapped, four standard vans and one mini-van. These services are currently available to citizens twenty-four hours per day, three-hundred sixty-four days per year, closing only on Christmas Day.

Services include the following sites:

- Wilson County Department of Social Services
- Diversified Opportunities
- Wilson Transit System
- Wilson County Office of Senior Citizens Affairs
- Wilson County Services for the Blind

Highway Systems

There are major highways that intersect in Wilson.

- U.S. Highways include: US 117, US 264, US 264 Alt, US 301
- State Highways include: NC 42, NC 58, NC 111, NC 222, NC 581
- Interstates: I-95, I-795

Raleigh Durham International Airport

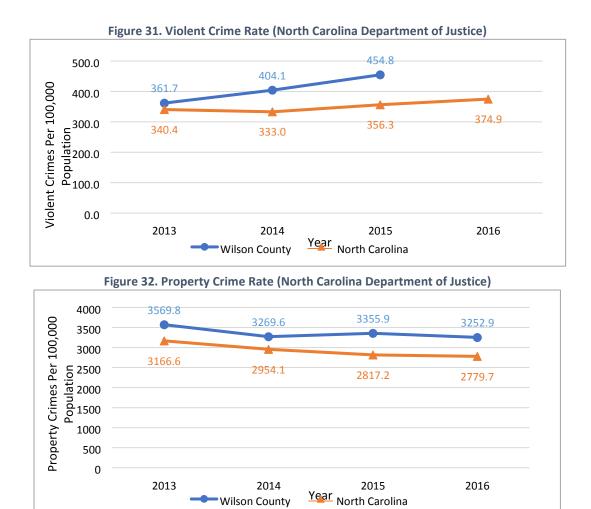
Raleigh Durham International Airport is conveniently located forty-five minutes west of Wilson, NC.

Crime and Safety

Violent Crime and Property Crime

Both violent crime and property crime are used as indicators of a community's crime and safety. Violence negatively impacts communities by reducing productivity, decreasing property values and disrupting social services. Violent crime includes four offenses: murder and non-negligent manslaughter, rape, robbery, and aggravated assault. Property crime includes the offenses of burglary, larceny-theft, motor vehicle theft, and arson.

The violent crime rate in 2015 in Wilson County is 454.8 per 100,000 population, compared to 356.3 per 100,000 people in North Carolina (Figure 31). Data for violent crime rate is not available for 2016. The property crime rate in Wilson County (3,252.9 per 100,000 people) is higher than the state value (2,779.7 per 100,000 people) (Figure 32). As shown in Figure 31 and Figure 32, the violent crime rate in Wilson County has increased, whereas the property crime rate appears to be stable or exhibiting a slight decrease.



Juvenile Crime

Youth who commit a crime may not gain the educational credentials necessary to secure employment and succeed later in life. Negative peer influences, history of abuse/neglect, mental health issues, and significant family problems increase the risk of juvenile arrest. The juvenile justice system aims to reduce juvenile delinquency through prevention, intervention, and treatment services.

Figure 33 shows the juvenile undisciplined rate per 1,000 youth ages 6-17 years old. The undisciplined rate describes juveniles who are unlawfully absent from school, regularly disobedient and beyond disciplinary control of the parent/guardian, are regularly found where it is unlawful for juveniles to be,

or have run away from home for more than 24 hours. The 2017 juvenile undisciplined rate in Wilson County (0.7) is lower than the rate in North Carolina (1.5) and the Health ENC region (1.1).

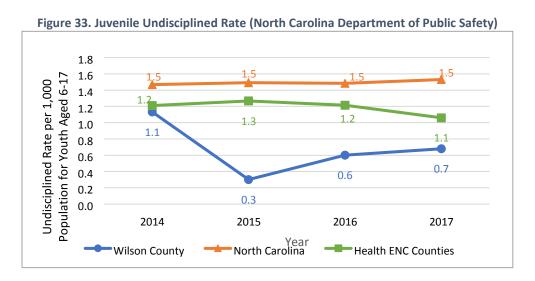


Figure 34 shows the juvenile delinquent rate, or juvenile crime rate, per 1,000 youth ages 6-15 years old. The 2017 juvenile delinquent rate in Wilson County (24.8) is higher than the rate in North Carolina (19.6) and the Health ENC region (22.8).

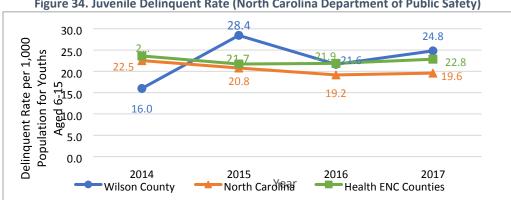
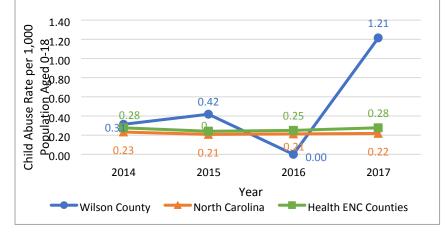


Figure 34. Juvenile Delinquent Rate (North Carolina Department of Public Safety)

Child Abuse

Child abuse includes physical, sexual and emotional abuse. All types of child abuse and neglect can have long lasting effects throughout life, damaging a child's sense of self, ability to have healthy relationships, and ability to function at home, at work, and at school. Figure 35 shows the child abuse rate per 1,000 population aged 0-18. The child abuse rate in Wilson County increased from 0.00 per 1,000 population in 2016 to 1.21 per 1,000 population in 2017 and is higher than the rate in North Carolina (0.22 in 2017) and the Health ENC region (0.28 in 2017).

Figure 35. Child Abuse Rate (Management Assistance for Child Welfare, Work First, and Food & Nutrition Services in North Carolina & University of North Carolina at Chapel Hill Jordan Institute for Families)



Incarceration

According to the U.S. Bureau of Justice Statistics, approximately one out of 100 adults in the U.S. are in jail or prison. Conditions in jails and prisons can lead to an increased risk of infectious diseases such as tuberculosis and hepatitis C, as well as assault from other inmates. After incarceration, individuals are likely to face a variety of social issues such as employment discrimination, disruption of family relationships and recidivism.

Figure 36 shows the incarceration rate per 1,000 population. The 2017 incarceration rate in Wilson County (321.7 per 1,000 population) is higher than the rate in North Carolina (276.7) and the Health ENC region (232.6).

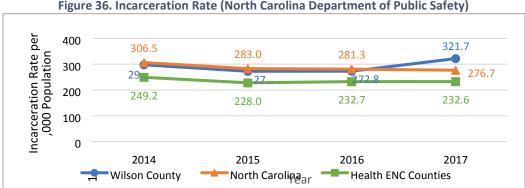


Figure 36. Incarceration Rate (North Carolina Department of Public Safety)

Access to Healthcare, Insurance and Health Resources Information

Health Insurance

Medical costs in the United States are very high. People without health insurance may not be able to afford medical treatment or prescription drugs. They are also less likely to get routine checkups and screenings, so if they do become ill they may not seek treatment until the condition is more advanced, and therefore more difficult and costly to treat.

Figure 37 shows the percent of people aged 0-64 years old that have any type of health insurance coverage. The rate for Wilson County, 86.4%, is lower than the rate for North Carolina (87.8%) and the Health ENC region (87.2%). Countywide 13.6% of residents are uninsured.

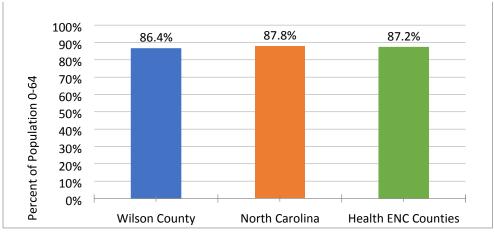


Figure 37. Persons with Health Insurance (Small Area Health Insurance Estimates, 2016)

Figure 38 shows the percent of the population only receiving health insurance through Medicaid, Medicare, or military healthcare (TRICARE). Wilson County has a higher percent of people receiving Medicaid (24.3%) than North Carolina (18.2%) and Health ENC counties (21.7%). The percent of people receiving Medicare is also higher in Wilson County (5.3%) when compared to North Carolina (4.8%) and Health ENC counties (4.5%). The percent of people receiving military health insurance is lower in Wilson County (0.8%), as compared to North Carolina (2.1%) and Health ENC counties (6.6%).

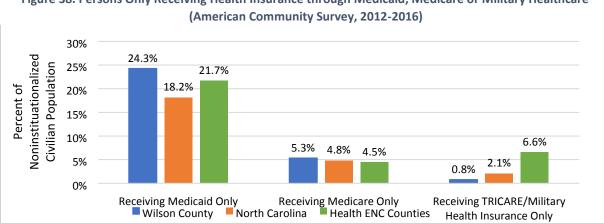


Figure 38. Persons Only Receiving Health Insurance through Medicaid, Medicare or Military Healthcare

Assessment and Analysis of Community Resources

Wilson County relies on a variety of resources to meet the needs of the community. These resources include the Wilson Community Health Center (FQHC), Wilson County Health Department, and Wilson Medical Center as well as private practice physicians and dentists. These organizations provide services in a variety of ways, each one meeting a necessary need. Other available resources located in Wilson County can be found in a community resource guide through a link in Appendix D of this document.

Wilson County is growing and continuing to meet the needs of the county as it develops. Upon analysis of existing resources there is a need for detoxification and rehab services within the county. With the growth of opioid misuse a recovery center has been established and a syringe exchange program implemented, yet the availability of detoxification and rehab services is a concern. Wilson Professional Services offers substance abuse counseling and treatment; however capacity is limited. The nearest outpatient treatment center is approximately 20-30 minutes away and the closest in-patient treatment center is approximately 40 minutes from Wilson.

Civic Activity

Exercising the right to vote allows a community to choose elected officials and hold them accountable. Voting ensures that all citizens have the opportunity to voice their opinions on issues such as the use of tax dollars, civil rights and foreign policy. By voting, individuals shape their communities and influence the next generation of society. A high level of voter turnout indicates that citizens are involved and interested in who represents them in the political system.

Figure 39 shows the voting age population, or percent of the population aged 18 years and older. Wilson County has a lower percent of residents of voting age (76.6%) than North Carolina (77.3%) and Health ENC counties (76.7%).

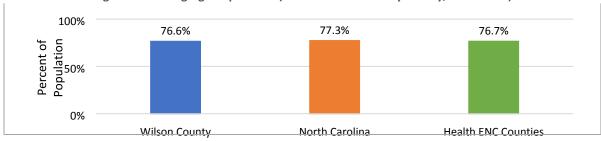


Figure 39. Voting Age Population (American Community Survey, 2012-2016)

Figure 40 shows the percent of registered voters who voted in the last presidential election. The rate in Wilson County was 66.7%, which is slightly lower than the state value (67.7%) and slightly higher than Health ENC counties (64.3%).

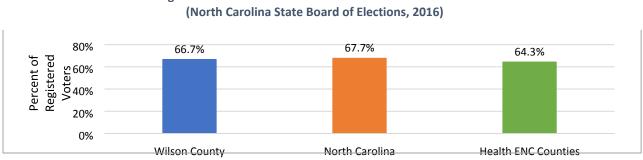


Figure 40. Voter Turnout in the Last Presidential Election

County of Wilson

Wilson County is considered a rural area in eastern North Carolina. Historically, a major factor affecting the growth of Wilson County was organized mass agriculture. Subsistence farming was replaced with the large production of cash crops. Due to the economics of the time, merchants, investors, and landlords encouraged and sometimes even demanded that farmers plant such crops for increased profits.

Between the 1860's and the 1880's, cotton was the primary cash crop. However, because cotton depleted the soil and required expensive fertilization, it became less profitable. By the 1880's, however, the face of Wilson County agriculture was forever changed with the demand for flue-cured tobacco. Wilson County was ideally suited for growing tobacco because its climate and its sandy, loamy soil. By the turn of the century, tobacco had largely replaced cotton as the county's main cash crop. In 1920, Wilson came to be known as the "World's Greatest Tobacco Market". Tobacco continued to be one of the largest industries in the county well into the 20th century.

With the completion of the nationwide interstate highway system after World War II, Wilson was able to diversify its economy even further. Interstate 95, a major north/south artery on the east coast of the United States, was constructed straight through the heart of the county. Coupled with the interstate and its intersection with US Highway 264, new industries were attracted to the county. Wilson County has developed a diverse industrial base that includes pharmaceuticals, life sciences, automotive parts, and building supplies. Moreover, agriculture still remains and important industry.

As we move into the 21st century, Wilson County has become a major center for commerce, education, culture, and tourism in Eastern North Carolina. Wilson County is also thought of as the center for worldfamous Eastern Carolina-style pork barbecue. As new development and industry continue to grow within its borders, Wilson County maintains a strong presence in the communities of eastern North Carolina. With its colorful and fascinating history, Wilson County promises to continue as a vibrant community for today and tomorrow.

According to the U.S, Census Bureau, the county has a total area of 374 square miles, of which, 371 square miles of it is land and 3 square miles of it is water.

The county is divided into ten townships: Black Creek, Cross Roads, Gardners, Old Fields, Saratoga, Springhill, Stantonsburg, Taylors, Toisnot, and Wilson.



Wilson is located approximately 45 minutes east of Raleigh, the North Carolina state capital.

Photo credit: A.Walker

Findings

Secondary Data Scoring Results

Table 8 shows the data scoring results for Wilson County by topic area. Topics with higher scores indicate greater need. Maternal, Fetal & Infant Health is the poorest performing health topic for Wilson County, followed by Education, Heart Disease & Stroke, Public Safety and Diabetes.

Health Topic	Score
Maternal, Fetal & Infant Health	2.25
Education	1.95
Heart Disease & Stroke	1.94
Public Safety	1.93
Diabetes	1.92

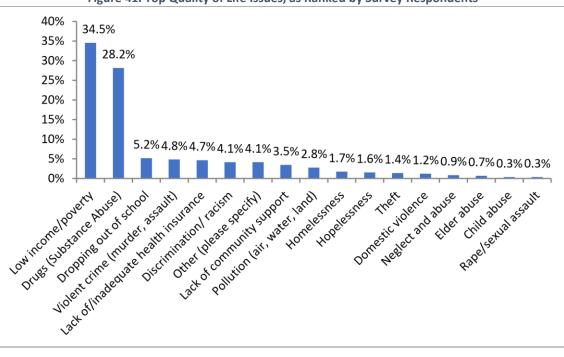
Table 8. Secondary Data Scoring Results by Topic Area

*See Appendix B for additional details on the indicators within each topic area

Primary Data

Community Survey

Figure 41 shows the list of community issues that were ranked by residents as most affecting the quality of life in Wilson County. Low-income/poverty was the most frequently selected issue and was ranked by 34.5% of survey respondents, followed drugs/substance abuse. Less than 1% of survey respondents selected domestic violence, neglect and abuse, elder abuse, child abuse and rape/sexual assault as issues most affecting the quality of life in Wilson County.



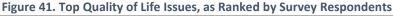


Figure 42 displays the level of agreement among Wilson County residents in response to nine statements about their community. Half or more than half of survey respondents agreed or strongly agreed that it is easy to buy healthy food in the county, there are good parks and recreation facilities, there is affordable housing, there is good health care, the county is a safe place to live and raise children, as well as a good place to grow old. Less than half of survey respondents disagreed (27%) or strongly disagreed (11%) that the county has plenty of economic opportunity. Further, 27% of survey respondents either disagreed or strongly disagreed that there is plenty of help during times of need.

	iiiiui	псу									
It is easy to buy healthy foods in this County.	8%	16%	6	19%			46	%		12	%
There are good parks and recreation facilities in this County.	9%	12%	6	22%			46	5%		11%	
There is affordable housing that meets my needs in this	9%	14%	6	27%	%	40%			10	%	
There is plenty of help for people during times of need in	10% 17% 31%		34%		%	9	%				
This County is a safe place to live.	5% 14% 31%		42%			٤	8%				
There is plenty of economic opportunity in this County.	11%	6	27	%		31%	6		26%	6	5%
This County is a good place to grow old.	5% 1	0%	21	.%			51%			14%	6
This County is a good place to raise children.	5% 8	8%	24	%			50%			139	%
There is good healthcare in my County.	7%	13%		28%				43%		9	%
0	% 1	10% 2	20%	30% 4	10% 5	0%	60%	70%	80%	90%	100%
Strongly Disagree Disagree	Ne	eutral	F	Agree	Stro	ngly	Agree				

Figure 42. Level of Agreement Among Wilson County Residents in Response to Nine Statements about their Community

Figure 43 shows the list of services that were ranked by residents as needing the most improvement in Wilson County. Higher paying employment was the most frequently selected issue, followed by positive teen activities, counseling or mental health support and availability of employment.

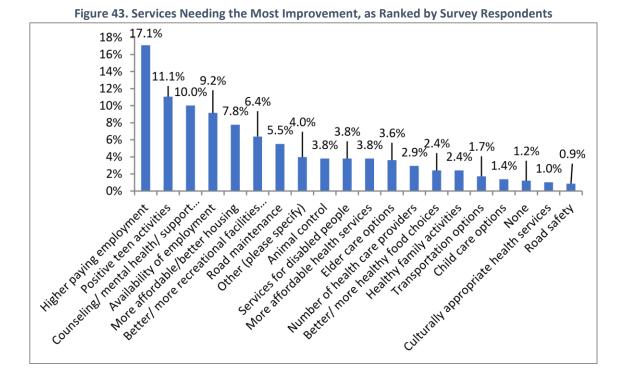


Figure 44 shows a list of health behaviors that were ranked by residents as topics that Wilson County residents need more information about. Substance abuse prevention was the most frequently selected issue, being ranked by 22.4% of survey respondents. This was followed by fitness/nutrition, going to the doctor for yearly check-ups and screenings and managing weight.

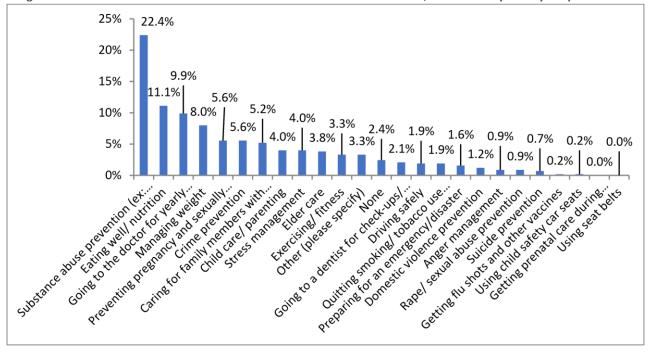


Figure 44. Health Behaviors that Residents Need More Information About, As Ranked by Survey Respondents

Focus Group Discussions

Table 9 shows the focus group results for Wilson County by topic area or code. Focus Group transcript text were analyzed by the Conduent HCI team using a list of codes that closely mirror the health and quality of life topics used in the data scoring and community survey processes. Text was grouped by coded excerpts, or quotes, and quantified to identify areas of the highest need per the focus group participants. All excerpts/quotes were also categorized as a strength or a barrier/need based on the context in which the participant mentioned the topic. Topics with higher frequency and mentioned in the context of needs/concerns or barriers/challenges suggests greater need in the community. Access to Health Services was the most frequently discussed need among focus group participants, followed by Exercise, Nutrition, & Weight, Children's Health, Mental Health & Mental Disorders and Health Care Navigation. Topics with a frequency more than 20 are included in the overall list of significant health needs.

Table 9. Focus Group Results by Topic Area							
Topic Area (Code)	Frequency						
Exercise, Nutrition, Weight, & Obesity	26						
Access to Health Services	21						
Children's Health	16						
Mental Health/Alcohol & Substance Misuse	13						
Health Care Navigation/Literacy	9						

Data Synthesis

All forms of data have strengths and limitations. In order to gain a comprehensive understanding of the significant health needs for Wilson County, findings from the community survey, focus group discussions, community health summit and secondary data were compared and analyzed for areas of overlap, if any. The top needs from each data source were identified using the criteria displayed in Table 10.

Data Source	Criteria for Top Need
Community Health Summit	Community issues ranked by community attendees as most affecting the quality of life*
Community Survey	Community issues ranked by survey respondents as most affecting the quality of life*
Focus Group Discussions	Topics discussed most frequently by participants in context of needs/concerns or barriers/challenges to achieving health
Secondary Data	5 topics receiving highest data score

Figure 45 displays the top needs from each data source.

Figure 45. Data Synthesis Results

0								
Community Survey	Secondary Data	Focus Groups	Community Health					
			Summit					

Alcohol & Substance Misuse	Diabetes	Exercise & Weight	Obesity
Economy	Education	Nutrition & Obesity	Fitness/Nutrition
	Heart Disease & Stroke	Access to Health Services	Mental Health— including Alcohol & Substance Misuse
	Maternal, Fetal & Infant Health		
	Public Safety		

As seen in Figure 45, the survey results and focus group discussion analysis cultivated unique and additional topics not ranked as top priorities in the secondary data findings. A mixed-methods approach to community assessment is a strength when evaluating a community as a whole. This process ensures robust findings through statistical analysis of health indicators in addition to an examination of constituent's perceptions of community health issues.

Topic Areas Examined in This Report

Nine topic areas were identified as high scoring across the three data sources. These topics are listed below in Table 11.

Table 11. Topic Areas Examined in this Report

Access to Health Services Adolescent Pregnancy & STD's Diabetes* Economy Education* Fitness & Nutrition Heart Disease & Stroke* Maternal, Fetal & Infant Health* Mental Health/Alcohol & Substance Misuse Obesity Public Safety*

The five topic areas with the highest secondary data scores (starred*) are explored in-depth in the next section and include corresponding data from community participants when available. Following the five topic areas is a section called 'Other Significant Health Needs' which includes discussion of the additional topics that were identified specifically in the community survey and focus group discussions. The additional topics in 'Other Significant Health Needs' includes Access to Health Services, Exercise, Nutrition & Weight, Economy and Substance Abuse.

Navigation Within Each Topic

Findings are organized by topic area. Within each topic, key issues are summarized followed by a review of secondary and primary data findings. Special emphasis is placed on populations that are highly impacted, such as older adults, race/ethnic groups or low-income populations. Figures, tables and

extracts from quantitative and qualitative data substantiate findings. Each topic includes a table with key indicators from the secondary data scoring results. The value for Wilson County is displayed alongside relevant comparisons, gauges and icons which are color-coded with green indicating good, red indicating bad and blue indicating neutral. Table 12 describes the gauges and icons used to evaluate the secondary data.

Gauge or Icon	Description
	Green represents the "best" 50th percentile. Yellow
	represents the 50th to 25th quartile
	Red represents the "worst" quartile.
	There has been a non-significant increase/decrease over time.
	There has been a significant increase/decrease over time.
E	There has been neither a statistically significant increase nor decrease over time.

Maternal, Fetal & Infant Health

Key Issues

- Percent of babies born at very low and low birth weight are significant indicators that are increasing over time
- Teen Pregnancy is higher in Wilson County than in North Carolina overall, however, the rate is decreasing over time
- There may be a lack of awareness by community members of the issues related to this topic area

Secondary Data

The secondary data scoring results reveal Maternal, Fetal & Infant Health as the top need in Wilson County with a score of 2.25. Additional analysis is performed to find specific indicators that contribute to this area of concern, and these indicators are identified with high indicator data scores, shown in Table 13.

	Indiantan	Mileon	N a white		North			
Score	Indicator (Year) (Units)	Wilson County	North Carolina	U.S.	Carolina	Trend	Healthy	HP Table 13. Data Scoring 2020 Results for Maternal, Fetal
					Counties		NC 2020	& Infant Health

2.63	Babies with Low Birth Weight (2012-2016) (percent)	11.5	9	8.1			_	7.8
2.33	Preterm Births (2016) (percent)	12.8	10.4	9.8				9.4
2.43	Babies with Very Low Birth Weight	2.6	1.7				-	9.4
1.5	(2012-2016) (percent) Teen Pregnancy Rate (2012-2016)	23.9	15.7	1.4			-	1.4
2.35	(pregnancies/ 1,000 females aged 15-17) Infant Mortality Rate	2010	15.7			-	36.2	
(deaths/ *See Ap _l	(2012-2016)	9 t of indicate	7.2 ors include	- d in each to	pic area	6.3	6	

Maternal, Fetal & Infant Health is a clear area of concern for Wilson County based performance on all indicators within this topic area. Wilson County falls in the poorest performing quartile in comparison to all North Carolina counties across all indicators available within the Maternal, Fetal and Infant Health topic area. The indicator score for babies with low birth rate for Wilson County is 2.63 with a value of 11.5% of babies born at a low birth weight in 2012-2016. This is higher than the rate in both North Carolina (9%) and the United States (8.1%) and there is a significant trend upwards over time. Wilson County does not meet the Healthy People 2020 target of 7.8% of babies born at low birth rate. Additionally, babies born with a very low birth weight is 2.6% in Wilson County which is also higher than the rate for North Carolina (1.7%) and the U.S. overall (1.4). Wilson does not meet the Healthy People 2020 target for babies born with a very low birth rate (1.4%). There is an increase observed over time for

the babies born with a very low birth weight indicator in Wilson County, however this trend is not statistically significant at this point in time.

The infant mortality rate is 9 deaths per 1,000 live births in Wilson County which is higher than the infant mortality rate in North Carolina (7.2 deaths/1,000 live births) and does not meet either Healthy NC 2020 (6.3 deaths/1,000 live births) or Healthy People 2020 (6 deaths/1,000 live births) goals. There is an increase observed in the infant mortality rate indicator in Wilson County, however this trend is not statistically significant at this point in time.

Finally, the teen pregnancy rate in Wilson County is 23.9 pregnancies/1,000 females aged 15-17 which is higher than the teen pregnancy rate in North Carolina overall (15.7 pregnancies/1,000 females aged

1517). The Wilson County teen pregnancy rate meets the Health People 2020 goal and there is evidence of a significant decreasing trend over time.

Primary Data

In the community survey, participants were asked to identify health behaviors people in the community need more information about and "getting prenatal care during pregnancy" was not selected by any of the survey respondents. This result may have been due to the demographics of survey respondents and not necessarily reflect the ultimate need in the community. During the focus group discussions, teen pregnancy was raised as an issue in the community as well as post-partum care as a need in the community. "Positive teen activities are needed in our community." -Focus Group Participant

Related to teen health and pregnancy, "positive teen activities" was selected as the second highest ranking service needing improvement in the community (11.1%) and preventing pregnancy/sexually transmitted diseases was selected as the fifth highest ranking health behavior than people in the community need more information about.

The Community Health Needs Assessment identified vulnerable populations with multiple risk factors that create complex health challenges. Among these health risk factors are aging and minorities living below the poverty level. Factors impacting these populations include low income, lack of affordable health insurance/ coverage, social isolation, mental health problems, substance abuse problems, poor nutrition, sedentary lifestyle, sexual risk behaviors (including adolescent pregnancy and STD's), and tobacco use.

Education

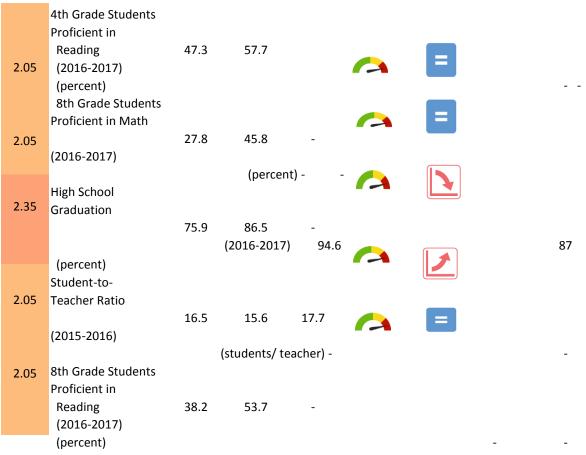
Key Issues

- The percentage of students graduating high school graduation is lower than in the state and does not meet Healthy People 2020 or Health NC 2020 goals
- Proficiency in certain subject matter in 4th and 8th grade is lower in the county when compared to other counties in the state
- Dropping out of school was mentioned as issue in the community

Secondary Data

Education has the second highest data score of all topic areas, with a score of 1.95. Table 14 highlights indicators of concern.

Score	Indicator (Year) (Units)	Wilson County	North Carolina	North U.S. Carolina T		Trend	Healthy	
					Counties		NC 2020	HP 2020
Table 14. Data Scoring Results for Education								



*See Appendix B for full list of indicators included in each topic area

There has been a focus in the Wilson County Schools toward moving educational outcomes for our students. In the 2017-2018 NC Public School data Wilson County NC Schools ranks 59th in the state for overall proficiency out of 115 school districts. This is an improvement from a 2015-16 rank of 90th. The positive ranking change was due to our district's increase of 9.1 percentage points on state tests, which was the second highest gain in the state.

The 2017-2018 results showed an overall increase of 9.1% in proficiency as a district (EOG and EOC), reading scores **increased 10.0%** in proficiency, and overall reading results improved for grades 4-8. Mathematics scoring **increased 12.5%** in proficiency and overall results improved for grades 3-8. Science outcomes improved for grades 5 and 8. Eighteen out of twenty-five schools earned either an A, B or a C letter grade. This represents **72 percent, which is an improvement from** 56% in 2016-17 and 45% in 2015-16.

Overall, twenty-two of twenty-five schools saw a numerical increase in the score that corresponds to its letter grade.

Primary Data

Community survey participants were asked to rank the most pressing health issue in their community. According to the data, education, or specifically dropping out of "Our schools are school, ranked as the third most pressing issue in Wilson County. However, education making progress by only represented 5.2% of the total responses. One community survey free-response supporting students questions noted education as major issue the community, specifically raising the issue of and staff. It takes all discipline within the school system. Overall, 63% of community survey respondents of us to help our strongly agreed or agreed that Wilson County is a good place to raise children and focus children." group discussion did not raise issues of the education system in

the community. These results suggest that participants in the focus groups and community survey participant - summit Participant may perceive other topics as more pressing as related to health, even if they consider education an issue in the community.

Heart Disease & Stroke

Key Issues

- The Medicare population in Wilson County is highly impacted by heart disease and stroke
- There is early evidence of a possible decrease in heart failure among the Medicare population over time, though this trend not currently statistically significant
- Community outreach may be needed to educate the public about managing heart related conditions

Secondary Data

Heart Disease & Stroke received a data score of 1.94. Poorly performing indicators related to Heart Disease & Stroke is displayed in Table 15.



Table 15. Data Scoring Results for Heart Disease & Stroke

	Population (2015)	4.5	3.9	4					
	(percent)								
	Hyperlipidemia:								
	Medicare								
	Population	52.6	46.3	44.6					
(2015)	(percent)	-	-						
Hyperte	nsion:								
Medicare									
	Population	64.4	58	55					
(2015)									
	(percent)								
*Con Announdin D for full list of indiantons included in each tonic									

*See Appendix B for full list of indicators included in each topic area

The poorest performing indicators for Heart Disease & Stroke specifically impact the Medicare population. From 2012 to 2016, 5.3% of the population in Wilson County received their health care benefits through the Medicare program. The percentage of Hyperlipidemia (52.6%) and Hypertension (64.4%) are particularly high amongst the Medicare population in 2015, when compared to state and U.S. overall Medicare populations. For both the Hyperlipidemia and Hypertension indicators, Wilson County is in the poorest performing quartile when compared against other North Carolina and U.S. counties and there is an observed increasing trend, though this trend is not statistically significant at this point in time. The percentage of stroke within the Wilson County Medicare population (4.5%) is higher than in the state (3.9%) and U.S. (4%) overall. There is an observed increasing trend of stroke within the Medicare population, though this trend is not statistically significant at this point in time. The percentage of heart failure within the Wilson County Medicare population (14.7%) is higher than in the state (12.5%) and U.S. (13.5%) overall. Of note, there is an observed decreasing trend of heart failure within the Wilson county Medicare population (14.7%) is higher than in time.

Primary Data

Heart Disease and Stroke came up in all three focus groups and was mentioned specifically by four participants as a primary concern in the community. One participant discussed their own experience with a high prevalence of strokes in the community as a medical provider. The importance of changing habits was discussed instead of taking more medication.

Of the community survey respondents, 22% reported that they received their health insurance coverage through the Medicare benefit which is a much higher percentage than in the overall population of Wilson County. When asked about challenges to accessing health services for themselves or a family member, 13.9%

community survey respondents indicated that they had an issue in the past 12 months accessing health care services or provider. For those respondents who had experienced challenges accessing health care services or providers in the past 12 months, 23.3% indicated that they had trouble accessing a specialist. Indirectly related, community survey respondents rated eating well/nutrition, going to the doctor for yearly checkups and screenings and managing weight as topics the community needs more information about which may impact the Medicare population living with conditions related to heart disease and stroke.

"Changing behavior and lifestyle is hard but necessary for long term health."

- Focus Group Participant

Key Issues

- Diabetes highly impacts adults over 20 and the Medicare population
- Age-adjusted death rate due to diabetes is higher in Wilson County than other areas of the state, some indication that this may be decreasing over time
- Community members are benefitting from current programs, more education and outreach may benefit the community overall

Secondary Data

Diabetes received an overall data score of 1.92. Indicators of concern are displayed in Table 16.

	Table 10. Data 3	coning nesu					
Score	Indicator (Year) (Units)	Wilson County	North Carolina	U.S.	North Carolina Counties	U.S. Counties	Trend
2.7	Diabetes: Medicare Population (2015)	35	28.4	26.5			
2.25	(percent) Adults 20+ with Diabetes (2014) (percent)	13.1	11.1	10			=
1.93	Age-Adjusted Death Rate due to Diabetes	26.8	23				
	(2012-2016)	2010		21.1			

Table 16. Data Scoring Results for Diabetes

(deaths/ 100,000 population)

*See Appendix B for full list of indicators included in each topic area

Diabetes amongst adults and older adults is a clear area of concern for Wilson County based on the 2 highest scoring indicators within the Diabetes topic area. The indicator score for diabetes amongst the Medicare population is 35% in Wilson County and is higher than both the North Carolina (28.4%) and the U.S. overall (26.5%) values in 2015. Wilson County falls in the bottom quartile in comparison to all North Carolina and U.S. counties for diabetes amongst the Medicare population and there has been a significant increase over time. The indicator score for diabetes amongst adults over 20 years old is 13.1% in Wilson County and is higher than both the North Carolina (11.1%) and the U.S. overall (10%) values in 2014. Wilson County falls in the second to the bottom quartile in comparison to all North Carolina counties and in the bottom quartile in comparison to all U.S. counties for diabetes amongst adults over 20 years old. There is no indication of an increase or decrease in diabetes in this population over time.

The score for age-adjusted death rate due to diabetes for Wilson County is 1.93 with a value of 26.8 deaths per 100,000 occurring between 2012 and 2016. This is higher than the rate in both North Carolina (23 deaths/100,000 population) and the United States (21.1 deaths/100,000). There is evidence

of a decrease age-adjusted death rate due to diabetes in Wilson County over time, though this is not a statistically significant trend at this time.

Primary Data

As mentioned in the previous topic, community survey "I went through a minority diabetes respondents rated eating well/nutrition, going to the doctor for screenings and managing weight as topics more information which may also impact

the adult population living with Diabetes.

prevention program to prevent type 2 yearly checkups and {diabetes} and had to change lifestyle. the community needs Got a lot of resistance from those

around because nobody wants to see someone change because they might

Diabetes was discussed six times during the focus group In particular, multiple participants shared that they currently participating in the local Type 2 Diabetes

feel uncomfortable. In a close-knit discussions. community, you have to have a strong had or were desire and commitment to change."

Prevention Program. Participants shared personal stories about benefitting greatly from learning about healthy eating habits

-Focus Group Participant

specific to diabetes and discussing challenges with managing their condition with their physicians. The most common challenge participants raised was not feeling supported by their community when making lifestyle changes to manage their diabetes. Participants also discussed wanting to learn more about resources in the community that would help them with living healthier lives and especially for those community members who may not already be participating in diabetes prevention programs.

Public Safety

Key Issues

- Age-adjusted death rate due to homicide is the top scoring Public Safety issue
- Age-adjusted motor vehicle related deaths rate indicators are higher in Wilson County than the state overall
- Violent crime and property crime rank high in the data scoring though not raised by community participants as top concerns

Secondary Data

From the secondary data scoring results, Public Safety was identified to be a top need in Wilson County with a score of 1.93. Specific indicators of concern are highlighted in Table 17.

Table 17. Data Scoring Results for Public Safety

	Indicator (Year)	Wilson	North		North	U.S.		Healthy	
Score	(Units)	County	Carolina	U.S.	Carolina	Counties	Trend	NC	HP
	(Units) County Carolina	Counties	Counties		2020	2020			

2.58	Age-Adjusted Death Rate due to Homicide	9.1	6.2	5.5 (2012-2016) 6.7	5.5
2.1	(deaths/ 100,000 pc Age-Adjusted Death Rate due to Motor Vehicle Collisions	pulation)			M 🗾
2.3	(2012-2016) (deaths/ 100,000 population) -	17.8	14.1	-	
1.85	Alcohol-Impaired Driving Deaths	36.8	31.4	29.3	
1.98	(2012-2016) 4.7 (percent) Property Crime Rate				
(2016)	Property Crime Rate				
(crimes/	100,000 population)	3252.9	2779.7	-	
Violent C	Crime Rate				
(crimes/	(2016) 100,000	398.9	374.9	386.3 population) -	

*See Appendix B for full list of indicators included in each topic area

Death rates due to homicide and driving deaths are a clear area of concern for Wilson County based on the 2 highest scoring indicators within the Public Safety topic area. The indicator score for age-adjusted death rate due to homicide for Wilson County is 2.5 with a value of 9.1 deaths per 100,000 occurring in 2012-2016. This is higher than the rate in both North Carolina (6.2 deaths/100,000 population) and the U.S. (5.5 deaths/100,000) and there is a trend upward, though this increase is not statistically significant at this time. Wilson County does not meet the Healthy North Carolina 2020 target of 6.7 deaths per 100,000 population or the Healthy People 2020 target of 5.5.

The age-adjusted death rate due to motor vehicle collision for Wilson County in 2012-2016 is 17.8 deaths per 100,000 population, which is higher than the rate for North Carolina (14.1 deaths/100,000). There is an increasing trend for this indicator that is statistically significant. Additionally, the percentage of alcohol-impaired driving deaths from 2012-2016 in Wilson County is 36.8% which is higher than North Carolina (31.4%) and the U.S. (29.3) though there is some evidence that this indicator is decreasing over time, though this is not statistically significant at this time.

Property crime is also an area of concern for Wilson County with 3,252.9 crimes per 100,000 population which is higher than in North Carolina (2,779.7/100,000 population). There is some evidence that this indicator is

decreasing over time, though this is not statistically significant. Although the violent crime indicator ranked high in data scoring (1.98), the Wilson County rate (398.9 crimes/100,000 population) is comparable to North Carolina and the U.S. overall.

Primary Data

According to survey results, Public Safety did not rank high as one of the quality of life topics individuals in Wilson County felt effected their lives. Only 5% selected violent crime as a top issue and less than 2% selected theft as a top issue. The demographics of survey participants was skewed towards those who are employed with moderate to high household incomes. This may suggest that survey participants are not adversely effected in the same way others in the community are by higher rates of crime. 50% of participants shared that they strongly agreed or agreed that Wilson County is a safe place to live, while only 19% strongly disagreed or disagreed. Similarly, focus group discussion did not reveal any needs or concerns related to safety overall though this may have been related to the direction of the conversations.

Mortality

Knowledge about the leading causes of death in a population is critical to understanding how to target interventions to maximize population health. Table 18 shows the leading causes of mortality in Wilson County, North Carolina, and Health ENC Counties in 2014-2016, where the rate is age-adjusted to the 2000 U.S. standard population and is given as an age-adjusted death rate per 100,000 population.

	Wilson County			North C	North Carolina			Health ENC Counties		
Rank	Cause	Deaths	Rate*	Cause	Deaths	Rate*	Cause	Deaths	Rate*	
1	Cancer	538	170.1	Cancer	58,187	165.1	Cancer	12,593	177.5	
2	Heart Diseases	478	157	Heart Diseases	54,332	159	Heart Diseases	12,171	178.8	
3	Cerebrovascular Diseases	131	42.1	Chronic Lower Respiratory Diseases	15,555	45.1	Cerebrovascular Diseases	3,247	48.5	
4	Accidental Injuries	124	49.7	Accidental Injuries	15,024	48.2	Accidental Injuries	3,136	50.1	
5	Chronic Lower Respiratory Diseases	105	33.2	Cerebrovascular Diseases	14,675	43.6	Chronic Lower Respiratory Diseases	3,098	44.9	
6	Diabetes	89	29.4	Alzheimer's Disease	11,202	34.2	Diabetes	2,088	29.9	
7	Alzheimer's Disease	83	27	Diabetes	8,244	23.6	Alzheimer's Disease	1,751	27.3	

Table 18. Leading Causes of Mortality (2014-2016, CDC WONDER)

8	Influenza and Pneumonia	51	16.9	Influenza and Pneumonia	5,885	17.5	Influenza and Pneumonia	1,148	17.2
9	Kidney Diseases	50	16	Kidney Diseases	5,614	16.5	Kidney Diseases	1,140	16.8
10	Septicemia	45	15	Septicemia	4,500	13.1	Septicemia	1,033	15.1

*Age-adjusted death rate per 100,000 population

The leading cause of death in Wilson County is cancer, followed by heart disease as in the Health ENC counties and North Carolina. Cerebrovascular diseases and chronic lower respiratory diseases ranks amongst the top five causes of death for all three locales, which indicates chronic disease as an area of concern for Wilson County and the state as a whole. Deaths due to accidental injuries ranks fourth in Wilson County as it does in the Health ENC counties and North Carolina. Deaths due to diabetes and cerebrovascular diseases ranks the same in Wilson county in other Health ENC counties but higher than in the state. Overall Wilson County leading causes of mortality is the same as the Health ENC region and similar to the state with some exceptions.

Data Analysis on Significant Health Needs

Access to Health Services

Secondary Data

From the secondary data scoring results, the Access to Health Services topic had a score of 1.75 and was the 11th highest scoring health and quality of life topic. High scoring related indicators include: Preventable Hospital Stays: Medicare Population (2.15) and Primary Care Provider Rate (2.00).

A list of all secondary indicators within this topic area is available in Appendix B.

Primary Data

As previously summarized, the majority of community survey respondents have health insurance through an employer (54.6%) followed by Medicare (22.2%) and Medicaid (14%) benefit programs. Participants were asked where they most often go to seek medical treatment, the majority sought care at a doctor's office 62.1% and 14.4% sought care at an urgent care center. The majority of participants did not report any problems getting the health care they needed in the past 12 months (83.6%). For those who reported have difficulties accessing health care services, the most common reported providers that they had trouble getting services from were a dentist (43.3%), specialist (23.3%), pharmacy/prescriptions (22.2%), eye care/optometrist (20%) or a general

"Living in East Wilson, I would like to see more fitness opportunities."

-Focus Group Participant

practitioner (17.8%). The top reasons participants reported not being able to get the necessary health care they needed were not having health insurance (40.4%), insurance did not cover services (24.7%), share of their costs were too high (24.7%), the wait was too long (19.1%) or they couldn't get an appointment (13.5%). 77.1% of participants reported being able to see the medical provider they needed within Wilson County.

Focus Group participants frequently discussed difficulties scheduling appointments with primary care providers and specialists due to transportation and language barriers.

Exercise, Nutrition, Weight & Obesity – Top health need identified

Secondary Data

From the secondary data scoring results, the Exercise, Nutrition, Weight & Obesity topic had a score of 1.54 and was the 21st highest scoring health and quality of life topic. High scoring related indicators include: Food Insecurity Rate (2.30), Workers who Walk to Work (2.20), Child Food Insecurity Rate (2.10) and Adults 20+ who are Obese (2.05).

Primary Data

Among community survey respondents, 43% rated their health is good and 28.2% rated their health as very good. However, 46.7% of respondents reported being told by a health professional that they were overweight and/or obese. This was closely followed by high reports of high blood pressure (43.3%), high cholesterol (37.5%) and diabetes (19.5%). Moreover, reported physical activity is very low for Wilson County. Additionally, data from the community survey participants show that 36.5% of community members do not engage in any physical activity or exercise during the week that lasts at least 30 minutes. Among individuals that do not exercise, respondents reported not having enough time (31.4%), being too tired to exercise (31.1%) and not liking exercise (19.9%). For those individuals that do exercise, 64.1% reported exercising or engaging in physical activity at home while 23.9% do so at the YMCA followed by a public park (18.4%) or private gym (18.4%).

Exercise, Nutrition & Weight was discussed in all three focus groups. Participants shared their concerns for obesity amongst both young people and adults in the community. One participant shared concerns with food served at schools for young children and described the need to intervene early with influencing eating habits. Suggestions included providing more services or activities to help families stay physically active in the community. They shared that they struggled with not knowing how to eat healthy or what to select as healthy food choices when eating away from home. To emphasize this point, when community members were asked about specific topic areas they were interested in learning more about in the community survey, weight-loss, nutrition, and diabetes/diabetic food preparation were high frequency responses.

"...early childhood intervention is important in order to communicate the healthy (well)being and wellness of a child, getting enough sleep, drinking water, playing outside for an hour."

-Focus Group Participant

Economy

Secondary Data

From the secondary data scoring results, the Economy was the 9th ranked health and quality of life need in Wilson County with a score of 1.84. Top related indicators include: Households with Supplemental Security Income (2.70), Children Living Below Poverty Level (2.50), Students Eligible for the Free Lunch Program (2.35), Families Living Below Poverty Level (2.30), Food Insecurity Rate (2.30), People Living Below Poverty Level (2.30), People Living 200% Above Poverty Level (2.25), People 65+ Living Below Poverty Level (2.20), Severe Housing Problems (2.15), Child Food Insecurity Rate (2.10), Total Employment Change (2.10), Unemployed Workers in Civilian Labor Force (2.10) and Young Children Living Below Poverty Level (2.10).

Primary Data

Community survey participants were asked to rank the issues most negatively affecting their community's quality of life. According to the data, both poverty and the economy were the top issues in Wilson County that negatively impact quality of life. Community survey participants were also asked to weigh-in on areas of community services that needed the most improvement. With the highest share of responses, higher paying employment ranked first (17.1%), availability of employment ranked fourth (9.2%) and more affordable/better housing ranked fifth (7.8%). When asked to expand on services that could be improved, participants mentioned non-temporary employment, the need for more economic activity in the community, higher salaries and more jobs for women.

Focus group participants also touched on key economic stressors: maintaining or achieving a work-life balance, challenges with being able to afford healthy behaviors or activities, delays in seeking health care due to costs and affordability of housing. One participant specifically identified the area of East Wilson as needing economic support and investment.

Substance Abuse

Secondary Data

From the secondary data scoring results, the Substance Abuse topic was the 22nd ranked health and quality of life need in Wilson County with a score of 1.52. Top related indicators include: Adults who Smoke (2.40) and Alcohol-Impaired Driving Deaths (2.30).

Primary Data

Community survey participants ranked substance abuse (28.2%) as a top issue affecting quality of life in Wilson County. Additionally, 22.4% of community survey respondents reported wanting to learn more about substance abuse prevention.

19.5% of survey participants reported currently use tobacco products. Of those who reported tobacco product use, 33% reported that they don't know where they would go if they wanted to quit and 25.9% would go to a doctor. 44.7% of survey participants reported having been exposed to secondhand smoke in the last year. Of those who indicated that they had been exposed to secondhand smoke, 42.7% were exposed in the home. Reported illicit drug use amongst survey participants in the

past 30-days was low, 93.4% reported no illegal drug use and 96.8% reported no use of prescription drugs they did not have a prescription for. Of those who reported any illegal drug use (<5%) in the past 30 days, 83.9% reported marijuana use and 19.4% reported cocaine use.

Focus group discussion did not focus on substance abuse, however, one participant specifically raised smoking and tobacco use as an issue in the community.

"Smoking and tobacco use is still an issue in Eastern NC."

-Focus Group Participant

Disparities by Age, Gender and Race/Ethnicity

Secondary data are further assessed to determine health disparities for race/ethnic, age, or gender groups. Table 19 identifies indicators in which a specific population subgroup differs significantly and negatively from the overall population in Wilson County, with significance determined by nonoverlapping confidence intervals.

Health Indicator	Group(s) Disparately Affected*
Lung and Bronchus Cancer Incidence Rate	Male
All Cancer Incidence Rate	Male
Bladder Cancer Incidence Rate	Male
Children Living Below Poverty Level	Black or African American, Hispanic or Latino, Other, Two or More Races
Families Living Below Poverty Level	Black or African American, Hispanic or Latino, Other, Two or More Races
HIV, STD's, and Hepatitis C	Persons with Substance Misuse Disorder
People Living Below Poverty Level	<6, 6-11, 12-17, Black or African American, Hispanic or Latino, Other, Two or More Races
People 65+ Living Below Poverty Level	Black or African American
Young Children Living Below Poverty Level	Black or African American, Hispanic or Latino, Other, Two or More Races
Median Household Income	Black or African American, Hispanic or Latino, Two or More Races
Per Capita Income	Black or African American, Hispanic or Latino, Other, Two or More Races
People 25+ with a Bachelor's Degree or Higher	Black or African American, Hispanic or Latino, Other
People 25+ with a High School Degree or Higher	65+, Black or African American, Hispanic or Latino, Other
Workers who Walk to Work	Ages 55-59
Workers who Drive Alone to Work	Native Hawaiian or Other Pacific Islander, White, non-Hispanic

Table 19. Indicators with Significant Race/Ethnic, Age, or G	Gender Disparities

*See <u>HealthENC.org</u> for indicator values for population subgroups

From Table 19, race/ethnic population subgroups face the most disparity in economic related areas. Hispanic or Latino, Black or African American, Other and Two or More Races groups appears as disparately affected population in many of the indicators. Additionally, Cancer disparately impacts the male population in Wilson County.

The list of indicators with significant disparities should be interpreted with caution. Indicators beyond those displayed in Table 19 may also negatively impact a specific subgroup; however, not all data sources provide subpopulation data, so it is not possible to draw conclusions about every indicator used in the secondary data analysis.

Geographic Disparities

Geographic disparities are identified using the SocioNeeds Index[®]. Zip code 27893, with an index value of 91.4, has the highest socioeconomic need within Wilson County, potentially indicating poorer health outcomes for its residents. See the SocioNeeds Index[®] in the Demographics section for more details, including a map of Wilson County zip codes and index values.

Conclusion

The Community Health Needs Assessment represents a great collaboration of work between Healthcare Foundation of Wilson, Wilson County Health Department, Wilson Medical Center, along with Health ENC, Conduent Healthy Communities Institute, and many of our Wilson County community partners.

Through a comprehensive process of gathering survey data from our county residents, three community focus groups, a County Healthcare Summit and a comprehensive set of secondary data indicators measuring the health and quality of life needs for Wilson County the following health priorities have been selected as the focus for the next three years.

- Obesity
- Fitness/Nutrition
- Mental Health including Alcohol and Substance Misuse

Each of the three primary organizations in Wilson County will outline how it plans to address these health needs in its implementation plan.

We hope to incorporate any feedback on this report into the next CHNA process. Please send your feedback and comments to:

- Healthcare Foundation of Wilson info@healthcarefoundationofwilson.org
- Wilson County Health Department jwilliams@wilson-co.com
- Wilson Medical Center wilsonmedicalcenter@wilmed.org

We would like to express our thanks to all of the community partners and citizens whose efforts made this document possible.

Appendix A. Impact since Prior CHNA

Significant Health Need Identified in Preceding CHNA	Planned Activities to Address Health Needs Identified in Preceding Implementation Strategy	Was Activity Implemented (Yes/No)	Results, Impact & Data Sources	
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Obesity	Implement Eat Smart, Move More Campaign throughout Wilson County. This was implemented by Wilson County DSS, with assistance from Wilson County Health Department and funding by Healthcare Foundation of Wilson.	Yes	A three- year grant was provided to implement Eat Smart Move More, an evidence-based program that focuses on individual health behaviors to reduce obesity. The initial focus was to work with individuals, families, and the community at large to reduce the consumption of sugar-sweetened beverages. In 2017, 35 water bottle refilling stations were installed in key locations, including schools, businesses, local non-profits and faith-based organizations. In addition to the water bottle refilling stations, 2,242 Eat Smart Move More water bottles were issued to promote drinking more water instead of sugary sweetened beverages. The second phase of the project focuses on physical activity by providing health education, gym memberships and in 2018 the focus of the program is on eating healthier, and preparing healthier meals. 71% of participants reported making healthier food choices and 72% meeting walking challenges.
	Healthy Food Choices for Life – Implemented by Wilson Hope Station and funded by Healthcare Foundation of Wilson.	Yes	The was a two-year program whereby individuals/families who agreed to track their health measures and attend sessions to learn how to eat and cook healthier received additional and healthy food. The clients were tracked showing weight loss and a decrease in some medication needs (increased blood pressures, improved blood sugars, etc.) The Food Pantry also began a process of recruiting healthier food to be available in the pantry and designed food option selections based on healthier options.
	Diabetes Education Programs - Wilson County Health Department in partnership with the Wilson Family YMCA. (Funding provided by Healthcare Foundation of Wilson.)	Yes	Wilson County Health Department and Wilson Family YMCA implemented a minority diabetes prevention program. Recently completing the third class, participants lost 499.8 pounds and the average A1c score change among the three classes is5. A separate diabetes prevention class showed weight loss of 93.5 pounds for the 16 participants with an average A1c decrease of2.
	Wilson County Schools Obesity Education	Yes	Wilson Medical Center hosted numerous Lunch and Learn events at Wilson County Schools with a focus on Planning Your Wellness, Nutrition and Weight Management/Healthy Eating on the Go, Diabetes Education, and Heart Disease/Stroke/High Blood Pressure. Additionally, Wilson Medical Center

participated in the 2017 WCS Opening Day Meeting
to provide education on healthy habits and
attended the 2018 Hunt High School Health Fair.

	Wilson Medical Center – Physician access for obesity	Yes	Wilson Medical Center recruited 15 new physicians to the community since 2016. Specialties included Cardiology, Nephrology, Surgery, Pediatric Dentistry, Orthopedics, Endocrinology, Radiology, OB-GYN, Podiatry and Family Medicine
Mental Health	In-Patient Mental Health Unit	Yes	Wilson Medical Center and Healthcare Foundation of Wilson funded renovations in the hospital to allow the opening on an in-patient mental health unit. The unit was completed and opened in February 2018.
	Mental Health Screening - Wilson County Health Department	Yes	In partnership with Eastpoint, local mental health management organization, a kiosk was placed in the lobby of the Wilson County Health Department. This provides a screening opportunity to identify and refer patients confidentially for mental health needs.
	Wilson Medical Center – Physician access for mental health	Yes	Wilson Medical Center recruited 15 new physicians to the community since 2016. Specialties included Cardiology, Nephrology, Surgery, Pediatric Dentistry, Orthopedics, Endocrinology, Radiology, OB-GYN, Podiatry and Family Medicine
Substance Use	Wilson County Substance Prevention RC3 Center	Yes	Healthcare Foundation of Wilson funded a grant to Wilson County Substance Prevention to establish an Alcohol and Substance Recovery Center whereby individuals would have a place to reach out for assistance when recovering from substance issues. The center provides educational assistance, career assistance, and referral options when needed.
	NARCAN	Yes	The City of Wilson Police Department and the Wilson County Sheriff's Department maintain Narcan in all vehicles in order to assist with any overdose situation. The grant for the Narcan was provided by Healthcare Foundation of Wilson.
	Hope Alliance	Yes	Healthcare Foundation of Wilson funded a grant to the Hope Alliance to connect opioid and heroin addicts to vital resources. Funding specifically supports the coordinated assistance of substance users who seek help through the police department.
	Wilson County Health Department in collaboration with the Wilson County Police Department and Wilson County Sheriff's Department	Yes	Implemented a Syringe Services program and partnered with OIC for a mobile exchange. Fortyfour participants and referred 20 individuals for detox/rehabilitation services. The program began in October 2017 and continues to be provided.
	Wilson Medical Center – Physician access for mental health & substance abuse	Yes	Wilson Medical Center recruited 15 new physicians to the community since 2016. Specialties included Cardiology, Nephrology, Surgery, Pediatric

			Dentistry, Orthopedics, Endocrinology, Radiology, OB-GYN, Podiatry and Family Medicine
Adolescent Pregnancy and STDs	Long Acting Reversible Contraceptives	Yes	Healthcare Foundation of Wilson funded a grant to the Wilson County Health Department for Long Acting Reversible Contraceptives. The Health Department has provided 25 Nexplanons to uninsured woman between the ages of 15 and 26 during the 2017-2018 fiscal year and we plan to provide the same number this fiscal year and next fiscal year.
	Wilson Area School Health Clinic	Yes	The Wilson County Health Department, along with assistance from Wilson County Department of Social Services, and funding from Healthcare Foundation of Wilson, established a school health clinic in a middle school, with plans to expand to a high school. The clinic addresses all types of issues and concerns, not limited to adolescent pregnancy and STD. The clinic is staffed with a Nurse Practitioner.



Photo credit: A. Walker

Appendix B. Secondary Data Scoring

Overview

Data scoring consists of three stages, which are summarized in Figure 46:

Comparison Score

For each indicator, Wilson County is assigned up to 7 comparison scores based on its comparison to other communities, whether health targets have been met, and the trend of the indicator value over time. Comparison scores range from 0-3, where 0 indicates the best outcome and 3 indicates the worst outcome (Figure 47).

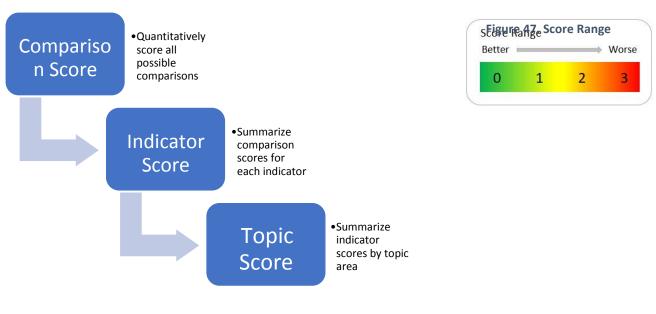
Indicator Score

Indicator scores are calculated as a weighted average of comparison scores. Indicator scores range from 0-3, where 0 indicates the best outcome and 3 indicates the worst outcome (Figure 47).

Topic Score

Figure 46. Secondary Data Scoring

Indicators are then categorized into topic areas. Topic scores are calculated by averaging all relevant indicator scores, with indicators equally weighted. Topic scores range from 0-3, where 0 indicates the best outcome and 3 indicates the worst outcome (Figure 47). Indicators may be categorized into more than one topic area.



Comparison Scores

Figure 48. Comparisons used in Secondary Data

Up to 7 comparison scores were used to assess the status of Wilson County. The possible comparisons are shown in Figure and include a comparison of Wilson County to North Carolina counties, all U.S. counties, the North Carolina state value, the U.S. value, Healthy People 2020 targets, Healthy North Carolina 2020 targets, and the trend over time. Availability of each type of comparison varies by indicator and is dependent upon the data source, comparability with data collected for other communities, and changes in methodology over time. The determination of comparison scores for each type of comparison is discussed in more detail below.

Comparison to a Distribution of North Carolina Counties and U.S. Counties

For ease of interpretation and analysis, indicator data on HealthENC.org is

Distribution Indicator visually represented as a green-yellow-red gauge showing how Wilson County is faring against a distribution of counties in North Carolina or the U.S. (Figure 49).

A distribution is created by taking all county values within the state or nation, ordering them from low to high, and dividing them into four equally sized groups based on their order (Figure 50).The comparison score is determined by how Wilson County falls within these four groups or quartiles.





Figure 51. Comparison to

Single Value

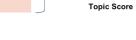


Comparison to North Carolina Value and U.S. Value

As shown in Figure 51, the diamond represents how Wilson County compares to the North Carolina state value and the national value. When comparing to a single value, the comparison score is determined by how much better or worse the county value is relative to the comparison value.

Comparison to Healthy People 2020 and Healthy North Carolina 2020 Targets

As shown in Figure 52, the circle represents how Wilson County compares to a target value. Two target values are taken into consideration for this analysis: Healthy People 2020 and Healthy North Carolina



Indicator Score

North Carolina Counties

U.S. Counties

North Carolina State Value

U.S. Value

HP 2020

Healthy NC 2020

Trend



2020. Healthy People 2020¹ goals are national objectives for improving the health of the nation set by the Department of Health and Human Services' (DHHS) Healthy People Initiative. Healthy North Carolina 2020² objectives

provide a common set of health indicators that the state can work to improve.

The North Carolina Institute of Medicine, in collaboration with the Governor's Task Force for Healthy Carolinians; the Division of Public Health, North

Carolina Department of Health and Human Services (NC DHHS); the Office of

Healthy Carolinians and Health Education, NC DHHS; and the State Center for Health Statistics, NC DHHS, helped lead the development of the Healthy NC 2020 objectives. When comparing to a target, the comparison score is determined by whether the target is met or unmet, and the percent difference between the indicator value and the target value.

Trend Over Time

As shown in Figure 53, the square represents the measured trend. The Mann-Kendall statistical test for trend is used to assess whether the value for Wilson County is increasing or decreasing over time and whether the trend is statistically significant. The trend comparison uses the four most recent comparable values for the county, and statistical significance is determined at the 90% confidence level. For each indicator with values available for four time periods, a comparison score is determined by the trend's direction and its statistical significance.

Figure 53. Trend Over Time



Indicator scores are calculated using the comparison scores, availability of which depends on the data source. If an indicator does not have data for a specific comparison type that is included for indicator score calculations, the missing comparison is substituted with a neutral score. When information is unknown due to lack of comparable data, the neutral value assumes that the missing comparison score is neither good nor bad and does not impact the indicator's weighted average.

Indicator Scoring

Indicator scores are calculated as a weighted average of all included comparison scores. If none of the included comparison types are possible for an indicator, no score is calculated, and the indicator is excluded from the data scoring results.



¹ For more information on Healthy People 2020, see <u>https://www.healthypeople.gov/</u>

² For more Information on Healthy North Carolina 2020, see: <u>https://publichealth.nc.gov/hnc2020/</u>

Topic Scoring

Indicator scores are averaged by topic area to calculate topic scores. Each indicator may be included in up to three topic areas if appropriate. Resulting scores range from 0-3, where a higher score indicates a greater level of need as evidenced by the data. A topic score is only calculated if it includes at least three indicators.

Age, Gender and Race/Ethnicity Disparities

When a given indicator has data available for population subgroups – such as age, gender and race/ethnicity – and values for these subgroups include confidence intervals, we are able to determine if there is a significant difference between the subgroup's value and the overall value. A significant difference is defined as two values with non-overlapping confidence intervals. Confidence intervals are not available for all indicators. In these cases, disparities cannot be determined because there is not enough data to conclude whether two values are significantly different from each other.



Photo Credit: Brian Strickland

Topic Scoring Table

Table 20 shows the Topic Scores for Wilson County, with higher scores indicating a higher need.

Health and Quality of Life Topics	Score
Maternal, Fetal & Infant Health	2.25
Education	1.95
Wellness & Lifestyle	1.95
Heart Disease & Stroke	1.94
Public Safety	1.93

Table 20. Topic Scores for Wilson County

Diabetes	1.92
Men's Health	1.90
Immunizations & Infectious Diseases	1.84
Economy	1.84
Respiratory Diseases	1.77
Access to Health Services	1.75
Mortality Data	1.73
	1.74
Other Chronic Diseases	1.73
Social Environment	1.71
Older Adults & Aging	1.68
Transportation	
County Health Rankings	1.67
Women's Health	1.61
Environmental & Occupational Health Mental	1.58
Health & Mental Disorders	1.58
Exercise, Nutrition, Weight, & Obesity	1.57
Alcohol & Substance Misuse	4 5 4
Cancer	1.54
Environment	1.52
Children's Health	1.50
Prevention & Safety	1.36
	1.34
	1.22

Indicator Scoring Table

Table 21 (spanning multiple pages) presents the indicator data used in the quantitative data analysis. Indicators are grouped into topic areas and sorted by indicator score, with higher scores indicating a higher need. Wilson County values are displayed alongside various comparison values and the period of measurement. Additional data can be found on <u>HealthENC.org</u>.

		MEASUREMENT			NORTH				HIGH	
SCORE	ACCESS TO HEALTH SERVICES	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
	Preventable Hospital Stays: Medicare		discharges/ 1,000 Medicare							
2.15	Population	2014	enrollees	64.9	49.0	49.9				18
			providers/ 100,000							
2.00	Primary Care Provider Rate	2015	population	45.3	70.6	75.5				4
			providers/ 100,000							
1.95	Mental Health Provider Rate	2017	population	124.9	215.5	214.3				4
1.93	Adults with Health Insurance	2016	percent	83.8	84.9	88.0	100.0			1
			dentists/ 100,000							
1.85	Dentist Rate	2016	population	36.7	54.7	67.4				4
1.63	Persons with Health Insurance	2016	percent	86.4	87.8		100.0	92.0		17
1.58	Clinical Care Ranking	2018	ranking	63						4
	Non-Physician Primary Care Provider		providers/ 100,000							
1.40	Rate	2017	population	83.3	102.5	81.2				4
1.23	Children with Health Insurance	2016	percent	97.2	95.5	95.5	100.0			1

Table 21. Indicator Scores by Topic Area

		MEASUREMENT			NORTH				HIGH	
SCORE	CANCER	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
	Age-Adjusted Death Rate due to									
2.55	Prostate Cancer	2010-2014	deaths/ 100,000 males	27.6	21.6	20.1	21.8			7
	Liver and Bile Duct Cancer Incidence									
2.40	Rate	2010-2014	cases/ 100,000 population	9.1	7.7	7.8				7
	Age-Adjusted Death Rate due to									
2.30	Colorectal Cancer	2010-2014	deaths/ 100,000 population	17.5	14.1	14.8	14.5	10.1		7
2.28	Cervical Cancer Incidence Rate	2010-2014	cases/ 100,000 females	8.7	7.2	7.5	7.3			7
	Age-Adjusted Death Rate due to Breast									
2.25	Cancer	2010-2014	deaths/ 100,000 females	28.8	21.6	21.2	20.7			7

Age-Adjusted Death Rate due to Cancer	2010-2014	deaths/ 100,000 population	196.0	172.0	166.1	161.4			7
Oral Cavity and Pharynx Cancer Incidence Rate	2010-2014	cases/ 100,000 population	13.6	12.2	11.5				7
Age-Adjusted Death Rate due to Lung Cancer	2010-2014	deaths/ 100,000 population	54.6	50.7	44.7	45.5			7
CANCER		LINITS		NORTH		ПБЗОЗО		HIGH	SOURCE
	PERIOD	UNITS		CAROLINA	0.3.	HP2020	HEALTHT NC 2020	DISPARIT	JUUNCE
Lung and Bronchus Cancer Incidence Rate	2010-2014	cases/ 100,000 population	71.7	70.0	61.2			Male	7
Breast Cancer Incidence Rate	2010-2014	cases/ 100,000 females	127.9	129.4	123.5				7
Pancreatic Cancer Incidence Rate	2010-2014	cases/ 100,000 population	12.3	12.0	12.5				7
All Cancer Incidence Rate	2010-2014	cases/ 100,000 population	443.8	457.0	443.6			Male	7
Prostate Cancer Incidence Rate	2010-2014	cases/ 100,000 males	109.3	125.0	114.8				7
Childhood Cancer Incidence Rate	2009-2013	cases/ 100,000 population 0-19	15.4	16.3	17.4				7
Mammography Screening: Medicare Population	2014	percent	68.7	67.9	63.1				18
Age-Adjusted Death Rate due to Pancreatic Cancer	2010-2014	deaths/ 100,000 population	9.9	10.8	10.9				7
Ovarian Cancer Incidence Rate	2010-2014	cases/ 100,000 females	8.5	10.9	11.4				7
Cancer: Medicare Population	2015	percent	6.9	7.7	7.8				3
Bladder Cancer Incidence Rate	2010-2014	cases/ 100,000 population	14.9	20.1	20.5			Male	7
Colorectal Cancer Incidence Rate	2010-2014	cases/ 100,000 population	33.2	37.7	39.8	39.9			7
	Oral Cavity and Pharynx Cancer Incidence Rate Age-Adjusted Death Rate due to Lung Cancer CANCER Lung and Bronchus Cancer Incidence Rate Breast Cancer Incidence Rate Pancreatic Cancer Incidence Rate All Cancer Incidence Rate Prostate Cancer Incidence Rate Childhood Cancer Incidence Rate Childhood Cancer Incidence Rate Mammography Screening: Medicare Population Age-Adjusted Death Rate due to Pancreatic Cancer Ovarian Cancer Incidence Rate Cancer: Medicare Population Bladder Cancer Incidence Rate	Oral Cavity and Pharynx Cancer Incidence Rate2010-2014Age-Adjusted Death Rate due to Lung Cancer2010-2014MEASUREMENT PERIODMEASUREMENT PERIODLung and Bronchus Cancer Incidence Rate2010-2014Breast Cancer Incidence Rate2010-2014Pancreatic Cancer Incidence Rate2010-2014All Cancer Incidence Rate2010-2014Prostate Cancer Incidence Rate2010-2014All Cancer Incidence Rate2010-2014Childhood Cancer Incidence Rate2009-2013Mammography Screening: Medicare Population2014Age-Adjusted Death Rate due to 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Incidence Rate2010-2014cases/ 100,000 population9.910.810.9Ova	Draft Cavity and Pharynx Cancer Incidence Rate 2010-2014 cases/100,000 population 13.6 12.2 11.5 Age-Adjusted Death Rate due to Lung Cancer 2010-2014 deaths/100,000 population 54.6 50.7 44.7 45.5 CANCER MEASUREMENT PERIOD UNITS NORTH WILSON COUNTY U.S. HP2020 HEALTHY C 2020 HIGH DISPARITY* Lung and Bronchus Cancer Incidence Rate 2010-2014 cases/100,000 population 71.7 70.0 61.2 Male Breast Cancer Incidence Rate 2010-2014 cases/100,000 population 12.3 12.0 12.5 Male Incidence Rate 2010-2014 cases/100,000 population 12.3 12.0 12.5 Male Parcreatic Cancer Incidence Rate 2010-2014 cases/100,000 males 19.3 12.0 12.5

		MEASUREMENT			NORTH				HIGH	
SCORE	CHILDREN'S HEALTH	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
2.10	Child Food Insecurity Rate	2016	percent	26.8	20.9	17.9				5
1.23	Children with Health Insurance	2016	percent	97.2	95.5	95.5	100.0			1
	Children with Low Access to a Grocery									
1.05	Store	2015	percent	1.0						21
			cases/ 100,000 population 0-19							
0.98	Childhood Cancer Incidence Rate	2009-2013		15.4	16.3	17.4				7

		MEASUREMENT		1	NORTH			HIGH	
SCORE	COUNTY HEALTH RANKINGS	PERIOD	UNITS	WILSON COUNTY CA	AROLINA U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
1.73	Morbidity Ranking	2018	ranking	79					4
1.73	Social and Economic Factors Ranking	2018	ranking	92					4
1.58	Clinical Care Ranking	2018	ranking	63					4
1.58	Health Behaviors Ranking	2018	ranking	74					4
1.58	Mortality Ranking	2018	ranking	63					4
1.43	Physical Environment Ranking	2018	ranking	51					4

		MEASUREMENT			NORTH				HIGH	
SCORE	DIABETES	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
2.70	Diabetes: Medicare Population	2015	percent	35.0	28.4	26.5				3
2.25	Adults 20+ with Diabetes	2014	percent	13.1	11.1	10.0				4
1.93	Age-Adjusted Death Rate due to Diabetes	2012-2016	deaths/ 100,000 population	26.8	23.0	21.1				16
0.80	Diabetic Monitoring: Medicare Population	2014	percent	90.5	88.8	85.2				18

SCORE	DISABILITIES	MEASUREMENT PERIOD	UNITS	WILSON COUNTY	NORTH CAROLINA	U.S.	HP2020	HEALTHY NC 2020	HIGH DISPARITY*	SOURCE
2.70	Households with Supplemental Security Income	2012-2016	percent	10.1	5.0	5.4				1
2.70	Persons with Disability Living in Poverty (5-		percent	10.1	5.0	5.4				
1.88	year)	2012-2016	percent	31.8	29.0	27.6				1

		MEASUREMENT			NORTH				HIGH	
SCORE	ECONOMY	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
	Households with Supplemental Security									
2.70	Income	2012-2016	percent	10.1	5.0	5.4				1
									Black or	
									African	
									American,	
									Hispanic or	
									Latino, Other,	
									Two or More	
2.50	Children Living Below Poverty Level	2012-2016	percent	39.3	23.9	21.2			Races	1

	Students Eligible for the Free Lunch	2015 2016			50.0	10.0			
2.35	Program	2015-2016	percent	74.1	52.6	42.6		Black or African	8
								American, Hispanic or	
								Latino, Other, Two or More	
2.30	Families Living Below Poverty Level	2012-2016	percent	16.8	12.4	11.0		Races	1
2.30	Food Insecurity Rate	2016	percent	20.8	15.4	12.9			5
								<6, 6-11, 1217, Black or African American, Hispanic or	
2.30	People Living Below Poverty Level	2012-2016	percent	22.5	16.8	15.1	12.5	Latino, Other,	1
								Two or More Rac	es
2.25	People Living 200% Above Poverty Level	2012-2016	percent	55.3	62.3	66.4			1
								Black or African	
2.20	People 65+ Living Below Poverty Level	2012-2016	percent	11.9	9.7	9.3		American	1
2.15	Severe Housing Problems	2010-2014	percent	19.3	16.6	18.8			4
2.10	Child Food Insecurity Rate	2016	percent	26.8	20.9	17.9			5
2.10	Total Employment Change	2014-2015	percent	1.2	3.1	2.5			20
2.10	Unemployed Workers in Civilian Labor Force	April 2018	percent	6.2	3.7	3.7			19
								Black or African American, Hispanic or Latino, Other,	
				42.1		2 2 C		Two or More	
				/ 7 1	27.3	23.6		Races	1
2.10	Young Children Living Below Poverty Level	2012-2016	percent						
2.10 1.90	Young Children Living Below Poverty Level Homeownership Persons with Disability Living in Poverty (5-	2012-2016 2012-2016	percent	53.6	55.5	55.9			1

1.80	Median Household Income	2012-2016	dollars	40260	48256	55322			Black or African American, Hispanic or Latino, Two or More Races	1
1.80	Population 16+ in Civilian Labor Force	2012-2016	percent	59.2	61.5	63.1				1
1.80	Renters Spending 30% or More of Household Income on Rent Median Monthly Owner Costs for Households	2012-2016	percent	49.3	49.4	47.3		36.1		1
1.78	without a Mortgage	2012-2016	dollars	431	376	462				1
1.73	Median Housing Unit Value	2012-2016	dollars	117100	157100	184700				1
1.73	Social and Economic Factors Ranking	2018	ranking	92						4
									Black or African American, Hispanic or Latino, Other, Two or More	
1.65	Per Capita Income Female Population 16+ in Civilian Labor Force	2012-2016	dollars	22519	26779	29829			Races	1
1.60		2012-2016	percent	55.4	57.4	58.3				1
SCORE	ECONOMY	MEASUREMENT PERIOD	UNITS	WILSON COUNTY	NORTH CAROLINA	U.S.	HP2020	HEALTHY NC 2020	HIGH DISPARITY*	SOURCE
1.05	Low-Income and Low Access to a Grocery Store	2015	percent	1.1						21
0.98	Mortgaged Owners Median Monthly Household Costs	2012-2016	dollars	1173	1243	1491				1
0.95	SNAP Certified Stores	2016	stores/ 1,000 population	1.3						21
0.83	Median Household Gross Rent	2012-2016	dollars	711	816	949				1
0.65	Households with Cash Public Assistance Income	2012-2016	percent	1.6	1.9	2.7				1

		MEASUREMENT			NORTH				HIGH	
SCORE	EDUCATION	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
2.35	High School Graduation	2016-2017	percent	75.9	86.5		87.0	94.6		13
2.05	4th Grade Students Proficient in Reading	2016-2017	percent	47.3	57.7					13
2.05	8th Grade Students Proficient in Math	2016-2017	percent	27.8	45.8					13

2.05	8th Grade Students Proficient in Reading	2016-2017	percent	38.2	53.7			13
2.05	Student-to-Teacher Ratio	2015-2016	students/ teacher	16.5	15.6	17.7		8
1.85	People 25+ with a Bachelor's Degree or Higher	2012-2016	percent	18.6	29.0	30.3	Black or African American, Hispanic or Latino, Other	1
1.65	People 25+ with a High School Degree or Higher	2012-2016	percent	80.2	86.3	87.0	65+, Black or African American, Hispanic or Latino, Other	1
1.55	4th Grade Students Proficient in Math	2016-2017	percent	54.1	58.6			13

SCORE	ENVIRONMENT	MEASUREMENT PERIOD	UNITS	WILSON COUNTY	NORTH CAROLINA	U.S.	HP2020	HEALTHY NC 2020	HIGH DISPARITY*	SOURCE
2.15	Severe Housing Problems	2010-2014	percent	19.3	16.6	18.8				4
1.85	Food Environment Index	2018		6.7	6.4	7.7				4
1.65	Access to Exercise Opportunities	2018	percent	71.1	76.1	83.1				4
1.55	Fast Food Restaurant Density	2014	restaurants/ 1,000 population	0.7						21
1.50	Liquor Store Density	2015	stores/ 100,000 population	8.6	5.8	10.5				20
SCORE	ENVIRONMENT	MEASUREMENT PERIOD	UNITS	WILSON COUNTY	NORTH CAROLINA	U.S.	HP2020	HEALTHY NC 2020	HIGH DISPARITY*	SOURCE
1.43	Physical Environment Ranking	2018	ranking	51						4
1.40	Houses Built Prior to 1950	2012-2016	percent	12.2	9.1	18.2				1
1.40	Recognized Carcinogens Released into Air	2016	pounds	489						22
1.35	Farmers Market Density	2016	markets/ 1,000 population	0.04						21
1.35	Recreation and Fitness Facilities	2014	facilities/ 1,000 population	0.06						21
1.30	Grocery Store Density	2014	stores/ 1,000 population	0.2						21
1.28	Drinking Water Violations	FY 2013-14	percent	1.9	4.0			5.0		4
1.20	PBT Released	2016	pounds	498						22

	Children with Low Access to a Grocery				
1.05	Store	2015	percent	1.0	21
	Households with No Car and Low Access				
1.05	to a Grocery Store	2015	percent	1.6	21
	Low-Income and Low Access to a				
1.05	Grocery Store	2015	percent	1.1	21
	People 65+ with Low Access to a Grocery				
1.05	Store	2015	percent	0.5	21
0.95	SNAP Certified Stores	2016	stores/ 1,000 population	1.3	21

SCORE	ENVIRONMENTAL & OCCUPATIONAL HEALTH	MEASUREMENT PERIOD	UNITS	WILSON COUNTY	NORTH CAROLINA	U.S.	HP2020	HEALTHY NC 2020	HIGH DISPARITY*	SOURCE
1.65	Age-Adjusted Hospitalization Rate due to Asthma	2014	hospitalizations/ 10,000 population	113.0	90.9					10
1.65	Asthma: Medicare Population	2015	percent	8.0	8.4	8.2				3
1.43	Physical Environment Ranking	2018	ranking	51						4

		MEASUREMENT			NORTH				HIGH	
SCORE	EXERCISE, NUTRITION, & WEIGHT	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
2.30	Food Insecurity Rate	2016	percent	20.8	15.4	12.9				5
2.20	Workers who Walk to Work	2012-2016	percent	1.6	1.8	2.8	3.1		55-59	1
2.10	Child Food Insecurity Rate	2016	percent	26.8	20.9	17.9				5
2.05	Adults 20+ who are Obese	2014	percent	33.0	29.6	28.0	30.5			4
1.85	Food Environment Index	2018		6.7	6.4	7.7				4
		MEASUREMENT			NORTH				HIGH	
SCORE	EXERCISE, NUTRITION, & WEIGHT	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
1.70	Adults 20+ who are Sedentary	2014	percent	27.1	24.3	23.0	32.6			4
1.65	Access to Exercise Opportunities	2018	percent	71.1	76.1	83.1				4
1.58	Health Behaviors Ranking	2018	ranking	74						4
			restaurants/ 1,000							
1.55	Fast Food Restaurant Density	2014	population	0.7						21
1.35	Farmers Market Density	2016	markets/ 1,000 population	0.04						21
1.35	Recreation and Fitness Facilities	2014	facilities/ 1,000 population	0.06						21

1.30	Grocery Store Density	2014	stores/ 1,000 population	0.2	21
	Children with Low Access to a Grocery				
1.05	Store	2015	percent	1.0	21
	Households with No Car and Low Access				
1.05	to a Grocery Store	2015	percent	1.6	21
	Low-Income and Low Access to a				
1.05	Grocery Store	2015	percent	1.1	21
	People 65+ with Low Access to a Grocery				
1.05	Store	2015	percent	0.5	21
0.95	SNAP Certified Stores	2016	stores/ 1,000 population	1.3	21

		MEASUREMENT			NORTH				HIGH	
SCORE	FAMILY PLANNING	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
			pregnancies/ 1,000 females a	ged						
1.50	Teen Pregnancy Rate	2012-2016	15-17	23.9	15.7		36.2			16

		MEASUREMENT			NORTH				HIGH	
SCORE	GOVERNMENT & POLITICS	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
1.65	Voter Turnout: Presidential Election	2016	percent	66.7	67.7					14

		MEASUREMENT			NORTH				HIGH	
SCORE	HEART DISEASE & STROKE	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
2.50	Hyperlipidemia: Medicare Population	2015	percent	52.6	46.3	44.6				3
2.50	Hypertension: Medicare Population	2015	percent	64.4	58.0	55.0				3
2.35	Stroke: Medicare Population	2015	percent	4.5	3.9	4.0				3
2.00	Heart Failure: Medicare Population	2015	percent	14.7	12.5	13.5				3
		MEASUREMENT								
		IVIEASUREIVIEINI			NORTH				HIGH	
SCORE	HEART DISEASE & STROKE	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	HIGH DISPARITY*	SOURCE
SCORE			UNITS	WILSON COUNTY		U.S.	HP2020	HEALTHY NC 2020		SOURCE
SCORE		PERIOD	UNITS deaths/ 100,000 population	WILSON COUNTY 45.7		U.S. 36.9	HP2020 34.8	HEALTHY NC 2020		SOURCE
	Age-Adjusted Death Rate due	PERIOD to			CAROLINA			HEALTHY NC 2020		
	Age-Adjusted Death Rate due Cerebrovascular Disease (Stroke)	PERIOD to			CAROLINA			HEALTHY NC 2020 161.5		
1.93	Age-Adjusted Death Rate due Cerebrovascular Disease (Stroke) Age-Adjusted Death Rate due to Heart	PERIOD to 2012-2016	deaths/ 100,000 population	45.7	43.1					16

1.35	Atrial Fibrillation: Medicare Population	2015	percent	7.3	7.7	8.1		3
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		MEASUREMENT			NORTH				HIGH	
SCORE	IMMUNIZATIONS & INFECTIOUS DISEASES	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
2.28	Gonorrhea Incidence Rate	2016	cases/ 100,000 population	282.9	194.4	145.8				11
2.23	Tuberculosis Incidence Rate	2014	cases/ 100,000 population	4.9	2.0	3.0	1.0			11
2.03	Age-Adjusted Death Rate due to HIV	2012-2016	deaths/ 100,000 population	4.4	2.2	2.0	3.3			16
1.85	AIDS Diagnosis Rate	2016	cases/ 100,000 population	11.7	7.0					11
1.78	Chlamydia Incidence Rate	2016	cases/ 100,000 population	573.1	572.4	497.3				11
	Age-Adjusted Death Rate due to									
1.73	Influenza and Pneumonia	2012-2016	deaths/ 100,000 population	18.9	17.8	14.8		13.5		16
1.45	Syphilis Incidence Rate	2016	cases/ 100,000 population	6.1	10.8	8.7				9
1.40	HIV Diagnosis Rate	2014-2016	cases/ 100,000 population	14.7	16.1			22.2		11

		MEASUREMENT			NORTH				HIGH	
SCORE	MATERNAL, FETAL & INFANT HEALTH	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
2.63	Babies with Low Birth Weight	2012-2016	percent	11.5	9.0	8.1	7.8			15
2.43	Babies with Very Low Birth Weight	2012-2016	percent	2.6	1.7	1.4	1.4			15
2.35	Infant Mortality Rate	2012-2016	deaths/ 1,000 live births	9.0	7.2		6.0	6.3		16
2.33	Preterm Births	2016	percent	12.8	10.4	9.8	9.4			15
			pregnancies/ 1,000 females							
1.50	Teen Pregnancy Rate	2012-2016	aged 15-17	23.9	15.7		36.2			16

		MEASUREMENT			NORTH				HIGH	
SCORE	MEN'S HEALTH	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
	Age-Adjusted Death Rate due to									
2.55	Prostate Cancer	2010-2014	deaths/ 100,000 males	27.6	21.6	20.1	21.8			7
2.05	Life Expectancy for Males	2014	years	73.3	75.4	76.7		79.5		6
1.10	Prostate Cancer Incidence Rate	2010-2014	cases/ 100,000 males	109.3	125.0	114.8				7

		MEASUREMENT			NORTH				HIGH	
SCORE	MENTAL HEALTH & MENTAL DISORDERS	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
			providers/ 100,000							
1.95	Mental Health Provider Rate	2017	population	124.9	215.5	214.3				4
	Alzheimer's Disease or Dementia:									
1.90	Medicare Population	2015	percent	10.3	9.8	9.9				3
	Poor Mental Health: Average Number of									
1.80	Days	2016	days	4.2	3.9	3.8		2.8		4
1.50	Frequent Mental Distress	2016	percent	13.3	12.3	15.0				4
1.35	Depression: Medicare Population	2015	percent	15.4	17.5	16.7				3
1.28	Age-Adjusted Death Rate due to Suicide	2012-2016	deaths/ 100,000 population	11.0	12.9	13.0	10.2	8.3		16
	Age-Adjusted Death Rate due to									
1.23	Alzheimer's Disease	2012-2016	deaths/ 100,000 population	24.4	31.9	26.6				16

		MEASUREMENT			NORTH				HIGH	
SCORE	MORTALITY DATA	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
	Age-Adjusted Death Rate due to Homicide									
2.58		2012-2016	deaths/ 100,000 population	9.1	6.2	5.5	5.5	6.7		16

2.55	Age-Adjusted Death Rate due to Prostate Cancer	2010-2014	deaths/ 100,000 males	27.6	21.6	20.1	21.8			7
2.35	Infant Mortality Rate	2012-2016	deaths/ 1,000 live births	9.0	7.2		6.0	6.3		16
2.30	Age-Adjusted Death Rate due to Colorectal Cancer	2010-2014	deaths/ 100,000 population	17.5	14.1	14.8	14.5	10.1		7
2.30	Alcohol-Impaired Driving Deaths	2012-2016	percent	36.8	31.4	29.3		4.7		4
2.25	Age-Adjusted Death Rate due to Breast Cancer	2010-2014	deaths/ 100,000 females	28.8	21.6	21.2	20.7			7
2.25	Age-Adjusted Death Rate due to Cancer	2010-2014	deaths/ 100,000 population	196.0	172.0	166.1	161.4			7
2.20	Premature Death	2014-2016	years/ 100,000 population	8535.2	7281.1	6658.1				4
SCORE	MORTALITY DATA	MEASUREMENT PERIOD	UNITS	WILSON COUNTY	NORTH CAROLINA	U.S.	HP2020	HEALTHY NC 2020	HIGH DISPARITY*	SOURCE
	Age-Adjusted Death Rate due to Motor									
2.10	Vehicle Collisions	2012-2016	deaths/ 100,000 population	17.8	14.1					16
2.03	Age-Adjusted Death Rate due to HIV	2012-2016	deaths/ 100,000 population	4.4	2.2	2.0	3.3			16
2.00	Age-Adjusted Death Rate due to Lung Cancer	2010-2014	deaths/ 100,000 population	54.6	50.7	44.7	45.5			7
1.93	Age-Adjusted Death Rate due t Cerebrovascular Disease (Stroke)	to 2012-2016	deaths/ 100,000 population	45.7	43.1	36.9	34.8			16
1.93	Age-Adjusted Death Rate due to Diabetes	2012-2016	deaths/ 100,000 population	26.8	23.0	21.1				16
1.73	Age-Adjusted Death Rate due to Influenza and Pneumonia	2012-2016	deaths/ 100,000 population	18.9	17.8	14.8		13.5		16
1.58	Mortality Ranking	2018	ranking	63						4
1.45	Age-Adjusted Death Rate due to Heart Disease	2012-2016	deaths/ 100,000 population	171.0	161.3			161.5		16
1.28	Age-Adjusted Death Rate due to Suicide	2012-2016	deaths/ 100,000 population	11.0	12.9	13.0	10.2	8.3		16
1.23	Age-Adjusted Death Rate due to Alzheimer's Disease	2012-2016	deaths/ 100,000 population	24.4	31.9	26.6				16
0.90	Death Rate due to Drug Poisoning	2014-2016	deaths/ 100,000 population	12.3	16.2	16.9				4
0.85	Age-Adjusted Death Rate due to Unintentional Poisonings	2014-2016	deaths/ 100,000 population	12.6	15.1	15.4		9.9		2

	Age-Adjusted Death Rate due to							
0.80	Pancreatic Cancer	2010-2014	deaths/ 100,000 population	9.9	10.8	10.9		7
	Age-Adjusted Death Rate due to							
0.75	Firearms	2014-2016	deaths/ 100,000 population	11.0	12.7	11.0	9.3	2
	Age-Adjusted Death Rate due to							
0.58	Unintentional Injuries	2012-2016	deaths/ 100,000 population	28.3	31.9	41.4	36.4	16

		MEASUREMENT			NORTH				HIGH	
SCORE	OLDER ADULTS & AGING	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
	Chronic Kidney Disease: Medicare									
2.70	Population	2015	percent	21.8	19.0	18.1				3
2.70	Diabetes: Medicare Population	2015	percent	35.0	28.4	26.5				3
2.50	Hyperlipidemia: Medicare Population	2015	percent	52.6	46.3	44.6				3
2.50	Hypertension: Medicare Population	2015	percent	64.4	58.0	55.0				3
2.35	Stroke: Medicare Population	2015	percent	4.5	3.9	4.0				3
									Black or African	
2.20	People 65+ Living Below Poverty Level	2012-2016	percent	11.9	9.7	9.3			American	1
		MEASUREMENT			NORTH				HIGH	
SCORE	OLDER ADULTS & AGING	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
2.10	People 65+ Living Alone	2012-2016	percent	29.9	26.8	26.4				1
2.00	Heart Failure: Medicare Population	2015	percent	14.7	12.5	13.5				3
	Alzheimer's Disease or Dementia:									
1.90	Medicare Population	2015	percent	10.3	9.8	9.9				3
1.65	Asthma: Medicare Population	2015	percent	8.0	8.4	8.2				3
	Rheumatoid Arthritis or Osteoarthritis:									
1.50	Medicare Population	2015	percent	27.9	29.1	30.0				3
1.45	COPD: Medicare Population	2015	percent	11.9	11.9	11.2				3
1.40	Ischemic Heart Disease: Medicare Population	2015	percent	26.0	24.0	26.5				3
1.35	Atrial Fibrillation: Medicare Population	2015		7.3	7.7	8.1				3
1.55		2013	percent	1.5	1.1	0.1				<u>ل</u>
1.35	Depression: Medicare Population	2015	percent	15.4	17.5	16.7				3

1.23	Age-Adjusted Death Rate due to Alzheimer's Disease	2012-2016	deaths/ 100,000 population	24.4	31.9	26.6	16
	People 65+ with Low Access to a Grocery						
1.05	Store	2015	percent	0.5			21
1.00	Osteoporosis: Medicare Population	2015	percent	4.6	5.4	6.0	3
0.95	Mammography Screening: Medicare Population	2014	percent	68.7	67.9	63.1	18
	Diabetic Monitoring: Medicare						
0.80	Population	2014	percent	90.5	88.8	85.2	18
0.65	Cancer: Medicare Population	2015	percent	6.9	7.7	7.8	3

SCORE	ORAL HEALTH	MEASUREMENT PERIOD	UNITS	WILSON COUNTY	NORTH CAROLINA	U.S.	HP2020	HEALTHY NC 2020	HIGH DISPARITY*	SOURCE
	Oral Cavity and Pharynx Cancer									
2.10	Incidence Rate	2010-2014	cases/ 100,000 population	13.6	12.2	11.5				7
			dentists/ 100,000							
1.85	Dentist Rate	2016	population	36.7	54.7	67.4				4
SCORE	OTHER CHRONIC DISEASES	MEASUREMENT PERIOD	UNITS	WILSON COUNTY	NORTH CAROLINA	U.S.	HP2020	HEALTHY NC 2020	HIGH DISPARITY*	SOURCE
2.70	Chronic Kidney Disease: Medicare Population	2015	percent	21.8	19.0	18.1				3
1.50	Rheumatoid Arthritis or Osteoarthritis: Medicare Population	2015	percent	27.9	29.1	30.0				3
1.00	Osteoporosis: Medicare Population	2015	percent	4.6	5.4	6.0				3
SCORE	PREVENTION & SAFETY	MEASUREMENT PERIOD	UNITS	WILSON COUNTY	NORTH CAROLINA	U.S.	HP2020	HEALTHY NC 2020	HIGH DISPARITY*	SOURCE
2.15	Severe Housing Problems	2010-2014	percent	19.3	16.6	18.8				4
2.10	Age-Adjusted Death Rate due to Motor Vehicle Collisions	2012-2016	deaths/ 100,000 population	17.8	14.1					16
0.90	Death Rate due to Drug Poisoning	2014-2016	deaths/ 100,000 population	12.3	16.2	16.9				4
0.85	Age-Adjusted Death Rate due to Unintentional Poisonings	2014-2016	deaths/ 100,000 population	12.6	15.1	15.4		9.9		2
0.75	Age-Adjusted Death Rate due to Firearms	2014-2016	deaths/ 100,000 population	11.0	12.7	11.0	9.3			2

	Age-Adjusted Death Rate due to									
0.58	Unintentional Injuries	2012-2016	deaths/ 100,000 population	28.3	31.9	41.4	36.4			16
		MEASUREMENT			NORTH				HIGH	
SCORE	PUBLIC SAFETY	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
	Age-Adjusted Death Rate due to Homicide									
2.58		2012-2016	deaths/ 100,000 population	9.1	6.2	5.5	5.5	6.7		16
2.30	Alcohol-Impaired Driving Deaths	2012-2016	percent	36.8	31.4	29.3		4.7		4
	Age-Adjusted Death Rate due to Motor									
2.10	Vehicle Collisions	2012-2016	deaths/ 100,000 population	17.8	14.1					16
1.98	Violent Crime Rate	2016	crimes/ 100,000 population	398.9	374.9	386.3				12

1.85	Property Crime Rate	2016	crimes/ 100,000 population	3252.9	2779.7			12
	Age-Adjusted Death Rate due to							
0.75	Firearms	2014-2016	deaths/ 100,000 population	11.0	12.7	11.0	9.3	 2

		MEASUREMENT			NORTH				HIGH	
SCORE	RESPIRATORY DISEASES	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
2.23	Tuberculosis Incidence Rate	2014	cases/ 100,000 population	4.9	2.0	3.0	1.0			11
	Age-Adjusted Death Rate due to Lung									
2.00	Cancer	2010-2014	deaths/ 100,000 population	54.6	50.7	44.7	45.5			7
	Age-Adjusted Death Rate due to									
1.73	Influenza and Pneumonia	2012-2016	deaths/ 100,000 population	18.9	17.8	14.8		13.5		16
	Lung and Bronchus Cancer Incidence									
1.70	Rate	2010-2014	cases/ 100,000 population	71.7	70.0	61.2			Male	7
	Age-Adjusted Hospitalization Rate due		hospitalizations/ 10,000							
1.65	to Asthma	2014	population	113.0	90.9					10
1.65	Asthma: Medicare Population	2015	porcont	8.0	8.4	8.2				2
1.05	Astillia. Medicale Population	2015	percent	8.0	0.4	0.2				5
1.45	COPD: Medicare Population	2015	percent	11.9	11.9	11.2				3

					NORTH				HIGH	
SCORE SO	DCIAL ENVIRONMENT	MEASUREMENT PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE

2.50 2.50	Children Living Below Poverty Level Single-Parent Households	2012-2016 2012-2016	percent	39.3 46.3	23.9 35.7	21.2 33.6		Black or African American, Hispanic or Latino, Other, Two or More Races	1
2.30	People Living Below Poverty Level	2012-2016	percent	22.5	16.8	15.1	12.5	<6, 6-11, 1217, Black or African American, Hispanic or Latino, Other, Two or More Races	1
2.10	People 65+ Living Alone	2012-2016	percent	29.9	26.8	26.4			1
2.10	Total Employment Change	2014-2015	percent	1.2	3.1	2.5			20
2.10	Young Children Living Below Poverty Level	2012-2016	percent	42.1	27.3	23.6		Black or African American, Hispanic or Latino, Other, Two or More Races	1
1.90	Homeownership	2012-2016	percent	53.6	55.5	55.9			1
1.85	People 25+ with a Bachelor's Degree or Higher	2012-2016	percent	18.6	29.0	30.3		Black or African American, Hispanic or Latino, Other	1
								Black or African American, Hispanic or Latino, Two or	
1.80	Median Household Income	2012-2016	dollars	40260	48256	55322		More Races	1
1.80	Population 16+ in Civilian Labor Force	2012-2016	percent	59.2	61.5	63.1			1
1.78	Median Monthly Owner Costs for Households without a Mortgage	2012-2016	dollars	431	376	462			1
1.73	Median Housing Unit Value	2012-2016	dollars	117100	157100	184700			1

1.73	Social and Economic Factors Ranking	2018	ranking	92						4
SCORE	SOCIAL ENVIRONMENT	MEASUREMENT PERIOD	UNITS	WILSON COUNTY	NORTH CAROLINA	U.S.	HP2020	HEALTHY NC 2020	HIGH DISPARITY*	SOURCE
1.65	People 25+ with a High School Degree or Higher	2012-2016	percent	80.2	86.3	87.0			65+, Black or African American, Hispanic or Latino, Other	1
1.55		2012 2016		22540	26770	20020			Black or African American, Hispanic or Latino, Other, Two or More	
1.65	Per Capita Income	2012-2016	dollars	22519	26779	29829			Races	1
1.65	Voter Turnout: Presidential Election	2016	percent	66.7	67.7					14
1.63	Persons with Health Insurance	2016	percent	86.4	87.8		100.0	92.0		17
1.60	Female Population 16+ in Civilian Labor Force	2012-2016	percent	55.4	57.4	58.3				1
1.10	Linguistic Isolation	2012-2016	percent	2.1	2.5	4.5				1
1.05	Mean Travel Time to Work	2012-2016	minutes	20.5	24.1	26.1				1
1.05	Social Associations	2015	membership associations/ 10,000 population	11.8	11.5	9.3				4
0.98	Mortgaged Owners Median Monthly Household Costs	2012-2016	dollars	1173	1243	1491				1
0.83	Median Household Gross Rent	2012-2016	dollars	711	816	949				1
SCORE	SUBSTANCE ABUSE	MEASUREMENT PERIOD	UNITS	WILSON COUNTY	NORTH CAROLINA	U.S.	HP2020	HEALTHY NC 2020	HIGH DISPARITY*	SOURCE
2.40	Adults who Smoke	2016	percent	19.8	17.9	17.0	12.0	13.0		4
2.30	Alcohol-Impaired Driving Deaths	2012-2016	percent	36.8	31.4	29.3		4.7		4

1.58	Health Behaviors Ranking	2018	ranking	74				4
1.50	Liquor Store Density	2015	stores/ 100,000 population	8.6	5.8	10.5		20
0.90	Death Rate due to Drug Poisoning	2014-2016	deaths/ 100,000 population	12.3	16.2	16.9		4
0.45	Adults who Drink Excessively	2016	percent	14.8	16.7	18.0	25.4	4

		MEASUREMENT			NORTH				HIGH	
SCORE	TEEN & ADOLESCENT HEALTH	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
			pregnancies/ 1,000 females a	ged						
1.50	Teen Pregnancy Rate	2012-2016	15-17	23.9	15.7		36.2			16

		MEASUREMENT			NORTH				HIGH	
SCORE	TRANSPORTATION	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
2.70	Households without a Vehicle	2012-2016	percent	10.0	6.3	9.0				1
2.20	Workers who Walk to Work	2012-2016	percent	1.6	1.8	2.8	3.1		55-59	1
	Workers Commuting by Public									
2.00	Transportation	2012-2016	percent	0.2	1.1	5.1	5.5			1
									Native Hawaiian or Other Pacific Islander, White, non-	
1.65	Workers who Drive Alone to Work	2012-2016	percent	82.0	81.1	76.4			Hispanic	1
	Households with No Car and Low Access to									
1.05	a Grocery Store	2015	percent	1.6						21
1.05		2012-2016	minutes	20.5	24.1	26.1				1

	Mean Travel Time to Work						
1.05	Solo Drivers with a Long Commute	2012-2016	percent	21.3	31.3	34.7	4

		MEASUREMENT			NORTH				HIGH	
SCORE	WELLNESS & LIFESTYLE	PERIOD	UNITS	WILSON COUNTY	CAROLINA	U.S.	HP2020	HEALTHY NC 2020	DISPARITY*	SOURCE
2.55	Self-Reported General Health Assessment: Poor or Fair	2016	percent	20.9	17.6	16.0		9.9		4
2.25	Poor Physical Health: Average Number of Days	2016	days	4.1	3.6	3.7				4
2.05	Life Expectancy for Males	2014	years	73.3	75.4	76.7		79.5		6
1.75	Life Expectancy for Females	2014	years	79.4	80.2	81.5		79.5		6
1.73	Morbidity Ranking	2018	ranking	79						4
1.65	Frequent Physical Distress	2016	percent	12.9	11.3	15.0				4
1.65	Insufficient Sleep	2016	percent	35.1	33.8	38.0				4

SCORE	WOMEN'S HEALTH	MEASUREMENT PERIOD	UNITS	WILSON COUNTY	NORTH CAROLINA	U.S.	HP2020	HEALTHY NC 2020	HIGH DISPARITY*	SOURCE
JCORE	WOMENSTIEREIT	FEMOD		WILSON COONTI	CAROLINA	0.5.	117 2020	HEALINI NC 2020	DISPARITI	JUUNCE
2.28	Cervical Cancer Incidence Rate	2010-2014	cases/ 100,000 females	8.7	7.2	7.5	7.3			7
2.25	Age-Adjusted Death Rate due to Breast Cancer	2010-2014	deaths/ 100,000 females	28.8	21.6	21.2	20.7			7
1.75	Life Expectancy for Females	2014	years	79.4	80.2	81.5		79.5		6
1.55	Breast Cancer Incidence Rate	2010-2014	cases/ 100,000 females	127.9	129.4	123.5				7
0.95	Mammography Screening: Medicare Population	2014	percent	68.7	67.9	63.1				18
0.70	Ovarian Cancer Incidence Rate	2010-2014	cases/ 100,000 females	8.5	10.9	11.4				7

Sources

Table 22 displays the list of sources used in secondary data scoring. Number keys are referenced alongside each indicator in the Indicator Scoring Table.

Number Key	Source
1	American Community Survey
2	Centers for Disease Control and Prevention
3	Centers for Medicare & Medicaid Services
4	County Health Rankings
5	Feeding America
6	Institute for Health Metrics and Evaluation
7	National Cancer Institute
8	National Center for Education Statistics
9	National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention
10	North Carolina Department of Health and Human Services
11	North Carolina Department of Health and Human Services, Communicable Disease Branch
12	North Carolina Department of Justice
13	North Carolina Department of Public Instruction
14	North Carolina State Board of Elections
15	North Carolina State Center for Health Statistics
16	North Carolina State Center for Health Statistics, Vital Statistics
17	Small Area Health Insurance Estimates
18	The Dartmouth Atlas of Health Care

Table 22. Indicator Sources and Corresponding Number Keys

19	U.S. Bureau of Labor Statistics
20	U.S. Census - County Business Patterns
21	U.S. Department of Agriculture - Food Environment Atlas
22	U.S. Environmental Protection Agency

Appendix C. Primary Data

Primary data used in this assessment was collected through a community survey, focus groups, and a community health summit. The survey instruments and focus group questions are provided in this Appendix:

- English Survey
- Spanish Survey
- Focus Group Questions
- <u>Community Health Summit</u>

Link to the community survey:

http://www.healthenc.org/content/sites/fhli/2018_Community_Survey/Wilson_County_Data_All_180810.pdf

Appendix D. Community Resources

Community Resource Guide Link:

https://www.unitedwayofwilson.org/sites/unitedwayofwilson.org/files/United%20Way%20Community%20Reso urce%20Guide_4.192017.pdf

Crime Prevention/Law Enforcement/Victim Assistance

City of Wilson Police (Several Satellite offices throughout city) 120 Goldsboro Street, N Wilson, NC 27893 252.399.2323

NC Highway Patrol 1822 Goldsboro Street, SW Wilson, NC 27893 252.243.6439

Black Creek Police Department 112 W. Center Street Black Creek, NC 27813 252.243.6439 Wilson County Sheriff's Department (Several satellite offices throughout county) 100 Green Street, E Wilson, NC 27893 252.237.2118

Wilson Crisis Center P.O. Box 8026 Wilson, NC 27893 252.237.5156

Stantonsburg Police Department 114 E Commercial Ave Stantonsburg, North Carolina 27883 252.238.3534

Fire Safety/Rescue Services:

City of Wilson Fire Departments/Rescue Services

Station 1: 307 Hines Street W Wilson, NC 27893 252.399.2890 Station 2: 1807 Forest Hills Rd, W Wilson, NC 27893 252.399.2895 Station 3: 6111 Ward Blvd Wilson, NC 27893 252.399.2891 Station 4: 109 Forest Hills Rd, NW Wilson, NC 27893 252.399.2897 Station 5: 3530 Airport Blvd Wilson, NC 27896

County of Wilson - Volunteer Fire Departments

Bakertown VFD 6505 Webb Lake Road Elm City, NC 27822 252.291.2535 Black Creek VFD Center Street Black Creek, NC 27813 252.291.8373 Contentnea VFD 4146 NC Hwy 42 W Wilson, NC 27893 Crossroads VFD 102 Grove St Lucama, NC 27851 East Nash VFD 4117 US Hwy 264 Alt E Wilson, NC 27893 Rock Ridge VFD 6501 Rock Ridge School Rd Wilson, NC 27893 Sanoca VFD Hwy 222 Saratoga, NC 27873 252.238.2392 Silver Lake VFD 5207 Hornes Church Rd Wilson, NC 27893 252.237.2780 Sims VFD 6217 US 264 Alt W Sims, NC 27880 252.243.0680 Stantonsburg-Moyton VFD 105 N. Saratoga St. Stantonsburg, NC 27883

Physician Directory:

https://www.wilsonmedical.com/need-a-doctor/find-a-doctor/?

Wilson County Elected Officials

Mayor: Bruce Rose Chief of Police: Thomas P. Hopkins Sheriff: Calvin Woodard, Jr.

Wilson City Council

District 1 – A.P. Coleman District 2 – Michael Bell District 3 – William "Tom" Fyle District 4 – James M. Johnson District 5 – Donald Evans District 6 – Logan Liles District 7 – Derrick Creech

Wilson County Board of Education

District 1 – Debora Powell District 2 – Velma Barnes District 3 – Dr. Christine Fitch, Chair District 4 – Henry Mercer, Vice Chair District 5 – Beverly Boyette District 6 – Gary Farmer District 7 – Rhyan Breen

United Way of Wilson

United Way of Wilson 509 Nash Street Wilson, NC 27893 252.237.3194

North Carolina 2-1-1 (NC 2-1-1) is a United Way and local partner-based system with two call centers and a dedicated team of database coordinators that partner to collaboratively maintain a robust database of health and human services resources available by dialing 2-1-1 or through on-line search at nc211.org. No matter where you live in NC, you can call 2-1-1 and a trained 2-1-1 agent will help you to find available human services resources in your community. United Way of Wilson County has updated the contact for Wilson County resources.

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Wilson County Commissioners

District 1 – Leslie Atkinson, Vice Chair District 2 – Sherry Lucas District 3 – JoAnne Daniels District 4 – Roger Lucas District 5 – Rob Boyette, Chair District 6 – Chris Hill District 7 – Bill Blackman

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Addendum to Appendix C - Surveys English Survey

Eastern North Carolina Community Health Survey 2018

Welcome to the Community Health Survey for Eastern North Carolina!

We are conducting a Community Health Assessment for your county. This assessment is being undertaken by a partnership of 33 counties, hospitals, health systems, and health departments in Eastern North Carolina. It allows these partners to better understand the health status and needs of the community they serve and use the knowledge gained to implement programs that will benefit the community.

We can better understand community needs by gathering voices from the community. This survey allows community members like you to tell us about what you feel are important issues for your community. We estimate that it will take about 20 minutes to complete this ~60 question survey. Your answers to these questions will be kept confidential and anonymous.

Thank you very much for your input and your time! If you have questions about this survey, please contact Will Broughton at <u>will.broughton@foundationhli.org</u>.

Part 1: Quality of Life

First, tell us a little bit about yourself...

1. Where do you currently live?

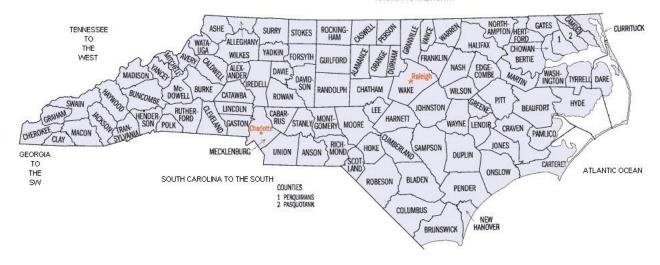
ZIP/Postal Code

2. What county do you live in?



North Carolina County Map





3. Think about the county that you live in. Please tell us whether you "strongly disagree", "disagree", "neutral", "agree" or "strongly agree" with each of the next 9 statements.

Statements	Strongly Disagree	Disagree	Neutral	Strongly Agree Agree
There is good healthcare in my County.				
This County is a good place to raise children.				

This County is a good place to grow old.		
There is plenty of economic opportunity in this County.		
This County is a safe place to live.		
There is plenty of help for people during times of need in this County.		
There is affordable housing that meets my needs in this County.		
There are good parks and recreation facilities in this County.		
It is easy to buy healthy foods in this County.		

PART 2: Community Improvement

The next set of questions will ask about community problems, issues, and services that are important to you. Remember your choices will not be linked to you in any way.

4. Please look at this list of community issues. In your opinion, which <u>one</u> issue most affects the quality of life in this County? (*Please choose only one.*)

Pollution (air, water,			Discrimination/racism	Domestic violence land)
Lack of community			Violent crime	
Dropping out of support			(murder, assault) school Drugs	(Substance Theft
	Low		income/poverty Abuse)	Rape/sexual assault
			Homelessness Neglect	and abuse
Lack of/inadequate			Elder abuse	
health insurance			Child abuse	
 Hopelessness				
Other	(please	e spe	cify)	

5. In your opinion, which <u>one</u> of the following services needs the most improvement in your neighborhood or community? (*Please choose only one.*)

Animal control		Culturally appropriate		Transportation
		activities		Road safety None
housing		Positive teen activities		
Other (please specify)				
	housing	housing	□ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □	Image: state of the state of

Child care options	I	health services	options
Elder care options	(Counseling/ mental	Availability of
Services for people health/ su	ipport employm	nent with disabilities groups Highe	er paying
More affordable	I	Better/ more	employment
health services	I	recreational facilities	Number of health
Better/more healthy	(parks, trails,	care providers food choices	community centers)
Road maintenar	nce		
More Healthy family	affordable/be	tter	

PART 3: Health Information

Now we'd like to hear more about where you get health information...

6. In your opinion, which <u>one</u> health behavior do people in your own community need more information about? (*Please suggest only one.*)

			Eating well/ nutrition		Using child safety car
	Substance abuse				
					Exercising/ fitness seats
	prevention (ex: drugs				
	Managing weight		Using seat belts and alcohol)		
Goir	g to a dentist for Driving safely		Suicide prevention check-ups/		preventive Quitting
	smoking/ Stress management c	are to	bacco use Anger management		
	Going to the doctor prev	ventio	n Preventing		pregnancy for yearly check-
	ups Child care/		parenting and sexually		
	and screenings		Elder care		transmitted disease
	Getting prenatal care		Caring for family (s	afe s	ex) during pregnancy
	members with special Crin	ne pre	vention		
	Getting flu shots and needs/ disa	bilitie	s Rape/ sexual abuse other		vaccines Domestic
	violence prevention				
	Preparing for an prevention	N	one emergency/disaster		
	Other (pleas	e spec	ify)		

7. Where do you get most of your health-related information? (Please choose only one.)

Friends and fami	y 🗌	Internet	Employer
Doctor/nur	se 🗌	My child's school	Help lines
Pharmacist		Hospital	Books/magazines
Church	Health departn	nent	
Other (please specify)			

8. What health topic(s)/ disease(s) would you like to learn more about?

9. Do you provide care for an elderly relative at your residence or at another residence? (Choose only one.)

Yes
No

10. Do you have children between the ages of 9 and 19 for whom you are the caretaker? (Includes step-children, grandchildren, or other relatives.) *(Choose only one.)*

Yes	
	No (if No, skip to question #12)

11. Which of the following health topics do you think your child/children need(s) more information about? *(Check all that apply.)*

		Dental hy	giene	Mental	health issues	Drug abuse
		Nutrition			Tobacco	Reckless
			Eating c	lisorders	STDs (Sexually of	driving/speeding
					Fitness	/Exercise Transmitted
Diseases)	Diabetes					
		Asthr	ma mana	agement		rse management
		Alcohol			Suicide prev	ention
 Other (please speci	fy)					

PART 4: Personal Health

These next questions are about your own personal health. Remember, the answers you give for this survey will not be linked to you in any way.

12. Would you say that, in general, your health is... (Choose only one.)

Excellent
Very Good
Good
Fair
Poor
Don't know/not sure

13. Have you ever been told by a doctor, nurse, or other health professional that you have any of the following health conditions?

	Yes	No	Don't Know
Asthma			
Depression or anxiety			
High blood pressure			
High cholesterol			
Diabetes (not during pregnancy)			
Osteoporosis			
Overweight/obesity			
Angina/heart disease			

	_	—	_
Cancer			

14. Which of the following preventive services have you had in the past 12 months? (Check all that apply.)

	Mammogram	Bone density test	Vision
screening			
Prostate cancer Physical exam	Cardiovascular screening Pap	smear screening	
cleaning/X-	Colon/rectal exam	Flu shot	Dental
	Blood sugar check	Blood pressure check ray	ys
	Cholesterol	Skin cancer screening	None of the
above			
Hearing screening			

15. About how long has it been since you last visited a dentist or dental clinic for any reason? Include visits to dental specialists, such as orthodontists. *(Choose only one.)*

Withi	n the past year (anytime less than 12 months ago)
	Within the past 2 years (more than 1 year but less than 2 years ago)
	Within the past 5 years (more than 2 years but less than 5 years ago)
Don't know/not sure	
Never	

16. In the past 30 days, have there been any days when feeling sad or worried kept you from going about your normal activities? (*Choose only one.*)

Yes	
No	
	Don't know/not sure

17. The next question is about alcohol. One drink is equivalent to a 12-ounce beer, a 5 ounce glass of wine, or a drink with one shot of liquor.

Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks (if male) or 4 or more drinks (if female) on an occasion?

04	8	12	16 20	24 28	159	13 17	21 25	29
	2	6	10 14	18 22	26 30			
	3	7	11 15	19 23	27			
Don't	knov	w/ 🗌	not	sure 🗌				

18. Now we will ask a question about drug use. The answers that people give us about their use of drugs are important for understanding health issues in the county. We know that this information is personal, but remember your answers will be kept confidential.

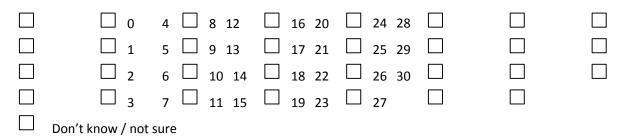
Have you used any illegal drugs within the past 30 days? When we say illegal drugs this includes marijuana, cocaine, crack cocaine, heroin, or any other illegal drug substance. On about how many days have you used one of these drugs? (Choose only one.)

04	8 12	16 20	24 28	159	13 17	21 25	29
	2 6	10 14	18 22	26 30			
	3 7	11 15	19 23	27			
Don't	know /	not	sure				
(if you r	esponded 0, s	kip to questio	on #20)				

19. During the past 30 days, which illegal drug did you use? (Check all that apply.)

L Marijuana	
Cocaine	
Heroin	
Other (please specify)	

20. During the past 30 days, have you taken any prescription drugs that you did not have a prescription for (such as Oxycontin, Percocet, Demerol, Adderall, Ritalin, or Xanax)? How many times during the past 30 days did you use a prescription drug that you did not have a prescription for? *(Choose only one.)*



21. The next question relates to veteran's health. Have you ever served on active duty in the US Armed Forces (not including active duty only for training in the Reserves or National Guard)? *(Choose only one.)*

Yes	
	No (if No, skip to question #23)

22. Has a doctor or other health professional ever told you that you have depression, anxiety, or post traumatic stress disorder (PTSD)? (Choose only one.)

Yes
No

23. Now we'd like to know about your fitness. During a normal week, other than in your regular job, do you engage in any physical activity or exercise that lasts at least a half an hour? (*Choose only one.*)

		Yes		
	No	(if No, skip to question #26)	Don't know/not sure	(if Don't know/not sure, skip to question
\square	#26)			

24. Since you said yes, how many times do you exercise or engage in physical activity during a normal week?



25. Where do you go to exercise or engage in physical activity? (Check all that apply.)

	YMCA	Worksite/Employer
	Park	School Facility/Grounds
	Public Recreation 0	Center Home
	Private Gym	Place of Worship
Other (please specify)		

Since you responded YES to #23 (physical activity/exercise), skip to question #27.

26. Since you said "no", what are the reasons you do not exercise for at least a half hour during a normal week? You can give as many of these reasons as you need to.

			My job is physical or hard labor I of	don't like to exercise.
			Exercise is not important to me.	It costs too
	much to exercise.			
	I don't have access to a facility that has the There is		no safe place to exercise.	
	things I need, like a pool, golf course, or a I		would need transportation and I tra	ick.
	don't have it.			
			I don't have enough time to exercise	e. I'm too tired
	to exercise.			
	I would need child care and I		don't have it. I'm physically disable	d.
	I don't know how to find exercise partners.	on't	know Other	
(please specify)			

27. <u>Not</u> counting lettuce salad or potato products such as french fries, think about how often you eat fruits and vegetables in an average week.

How many cups per week of fruits and vegetables would you say you eat? (One apple or 12 baby carrots equal one cup.)

Number of Cups of Fruit	
	Number of Cups of Vegetables
Number of Cups of 100% Fruit Juice	

28. Have you ever been exposed to secondhand smoke in the past year? (Choose only one.)



(if No, skip to question #30)

Yes

Don't know/not sure

(if Don't know/not sure, skip to question

29. If yes, where do you think you are exposed to secondhand smoke most often? (Check only one.)

Home
Workplace
Hospitals
Restaurants
School
I am not exposed to secondhand smoke.
Other (please specify)

30. Do you currently use tobacco products? (This includes cigarettes, electronic cigarettes, chewing tobacco and vaping.) *(Choose only one.)*

Yes	
	No (if No, skip to question #32)

31. If yes, where would you go for help if you wanted to quit? (Choose only one).

Quit Line NC
Doctor
Pharmacy
Private counselor/therapist
Health Department
I don't know
Not applicable; I don't want to quit Other (please specify)

32. Now we will ask you questions about your personal flu vaccines. An influenza/flu vaccine can be a "flu shot" injected into your arm or spray like "FluMist" which is sprayed into your nose. During the past 12 months, have you had a seasonal flu vaccine? (Choose only one.)

Yes, flu shot
Yes, flu spray
Yes, both
No
Don't know/not sure

Part 5: Access to Care/Family Health

33. Where do you go most often when you are sick? (Choose only one.)

	Doctor's office Medical clinic	
	Health department	Urgent care center
Hospital		
Other (please specify)		

34. Do you have any of the following types of health insurance or health care coverage? (Choose all that apply.)

Health insurance my employer provides
Health insurance my spouse's employer provides
Health insurance my school provides
Health insurance my parent or my parent's employer provides
Health insurance I bought myself
Health insurance through Health Insurance Marketplace (Obamacare)
The military, Tricare, or the VA
Medicaid
Medicare
No health insurance of any kind

35. In the past 12 months, did you have a problem getting the health care you needed for you personally or for a family member from any type of health care provider, dentist, pharmacy, or other facility? *(Choose only one.)*

Yes	
	No (if No, skip to question #38)
	Don't know/not sure

36. Since you said "yes," what type of provider or facility did you or your family member have trouble getting health care from? You can choose as many of these as you need to.

		Dentist		Pediatricia	an	Urgent Care
Center						
		General practitioner		OB/GYN	Medical	Clinic
Eye care/ optometrist/		Health Specialist oph	thalmologist	department		
		Pharmacy/ prescriptions	Hospital			
Other (please sp	ecify)					

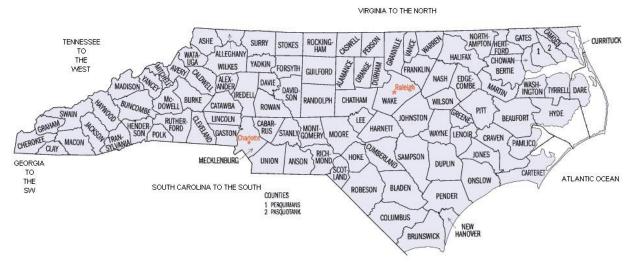
37. Which of these problems prevented you or your family member from getting the necessary health <u>car</u>e? You can choose as many of these as you need to.

No health insurance.
Insurance didn't cover what I/we needed.
My/our share of the cost (deductible/co-pay) was too high.
Doctor would not take my/our insurance or Medicaid.
Hospital would not take my/our insurance.
Pharmacy would not take my/our insurance or Medicaid.
Dentist would not take my/our insurance or Medicaid.
No way to get there.
Didn't know where to go.
Couldn't get an appointment.
The wait was too long.
The provider denied me care or treated me in a discriminatory manner because of my HIV status, or because
I am an LGBT individual.

							Beaufort	Edgecombe	
					Martin] Sampson		
		Bertie			Franklin] Moore	Scotland	
		Bladen			Gates] Nash	Tyrrell	
							Brunswick	Granville	New
Hanover Vance]	0	
Northampton			Wake				Camden	Greene	
·		Carteret			Halifax] Onslow	Warren	
		Chowan			Harnett] Pamlico	o Washingto	on
] Columbus	Hertford	
Pasquotank			Wayne						
		Craven			Hoke		Pender	Wilson	
Cumberland			Hyde	\square	Perquimans	The Stat	te of Virginia		
		Currituck			Johnston	Pitt			
		Dare			Jones	Richm	ond		
Duplin		Lenoir			Robeson				
Other (please sp	ecify)								

38. In what county are most of the medical providers you visit located? (Choose only one.)

North Carolina County Map



39. In the previous **12** months, were you ever worried about whether your family's food would run out before you got money to buy more? *(Choose only one.)*

Yes	
No	
	Don't know/not sure

40. If a friend or family member needed counseling for a mental health or a drug/alcohol abuse problem, who is the first person you would tell them to talk to? (*Choose only one.*)

		st	t Don't know	
		Support group (e.g., AA. Al-A	non)	Doctor
		School counselor	Pastor/	Minister/Clergy
Other (please specify) Part 6:				
Emergency Preparedness				

41. Does your household have working smoke and carbon monoxide detectors? (Choose only one.)

Yes, smoke detectors only
Yes, both
Don't know/not sure
Yes, carbon monoxide detectors only
No

42. Does your family have a basic emergency supply kit? (These kits include water, non-perishable food, any necessary prescriptions, first aid supplies, flashlight and batteries, non-electric can opener, blanket, etc.)

	Yes			
	No			
		Don't know/not	t sure	
If yes, how m	nany days	do you have supplie	ies for? (Write number of days)	

43. What would be your main way of getting information from authorities in a large-scale disaster or emergency? (*Check only one.*)

networking site	Television	Social
	Radio Internet	Neighbors Family
Text message (emergency alert system)		Telephone (landline)
know/not sure	Cell Phone	Don't
Print media (ex: newspaper)		
 Other (please specify)		

44. If public authorities announced a mandatory evacuation from your neighborhood or community due to a large-scale disaster or emergency, would you evacuate? *(Check only one.)*

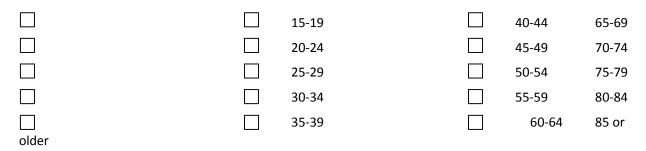
	Yes	(if Yes, skip to question #46)	
No			
	Don't know/	'not sure	

45. ^v	What would be the main reason you might not evacuate if asked to do so? (Check only one.)
	Lack of transportation Concern about leaving 🔲 property behind
	Lack of trust in public officials Concern about 🔲 personal safety
	Concern about family safety Health problems 🔲 (could not be moved)
	Concern about leaving pets Don't
\square	know/not sure
	Concern about traffic jams and inability to get
	out
	Other (please specify)

Part 7: Demographic Questions

The next set of questions are general questions about you, which will only be reported as a summary of all answers given by survey participants. Your answers will remain anonymous.

46. How old are you? (Choose only one.)



47. What is your gender? (Choose only one.)

Male
Female
Transgender
Gender non-conforming
Other
48. Are you of Hispanic, Latino, or Spanish origin? (Choose only one).

I am not of Hispanic, Latino or Spanish origin Mexican, Mexican American, or Chicano

Puerto Rican

Cuban or Cuban American

Other Hispanic or Latino (please specify)

49. What is your race? (Choose only one).

White or Caucasian
Black or African American
American Indian or Alaska Native
Asian Indian
Other Asian including Japanese, Chinese, Korean,
Vietnamese, and Filipino/a
Other Pacific Islander including Native Hawaiian, Samoan, Guamanian/Chamorro Other race not listed here (please specify)

50. Is English the primary language spoken in your home? (Choose only one.)

	Yes	
		No. If no, please specify the primary language spoken in
your home.		

51. What is your marital status? (Choose only one.)

	Never married/single
Married	b
	Unmarried partner
Divorced	
Widowed	

	Separated	
	Other (please specify)	
52. Sel	ect the highest level of education you have achieved. (Choose only one.)	
	Less than 9th grade	
	9-12th grade, no diploma	
	High School graduate (or GED/equivalent)	
	Associate's Degree or Vocational Training	
	Some college (no degree)	
	Bachelor's degree	
	Graduate or professional degree	
	Other (please specify)	

53. What was your total household income last year, before taxes? (Choose only one.)

	Less than \$10,000	\$35,000 to \$49,999
	\$10,000 to \$14,999	\$50,000 to \$74,999
	\$15,000 to \$24,999	\$75,000 to \$99,999
	\$25,000 to \$34,999	\$100,000 or more

54. Enter the number of individuals in your household (including yourself).

55. What is your employm	nt status? (Check all that apply.)
--------------------------	------------------------------------

	Employed full-time
	Employed part-time
	Retired
	Armed forces
	Disabled
	Student
	Homemaker
	Self-employed
	Unemployed for 1 year or less
	Unemployed for more than 1 year56. Do you have access to the Internet at home (including broadband, wifi, dial-up
or cellu	lar data)? (Choose only one.)
	Yes
	Νο

Don't know/not sure

57. (Optional) Is there anything else you would like us to know about your community? Please feel free to tell us below.

Thank you for your time and participation!

If you have questions about this survey, please contact us at <u>will.broughton@foundationhli.org</u>.

Encuesta de salud de la comunidad del Este de Carolina del Norte 2018

¡Bienvenido a la encuesta de salud comunitaria para el Este de Carolina del Norte!

Estamos llevando a cabo una evaluación de salud comunitaria para su condado. Esta evaluación está siendo realizada por una asociación de 33 condados, hospitales, sistemas de salud y departamentos de salud en el Este de Carolina del Norte. Esta evaluación les permite a estos socios comprender mejor el estado de salud y las necesidades de la comunidad a la que sirven y utilizar el conocimiento adquirido para implementar programas que beneficiarán a esta comunidad.

Podemos entender mejor las necesidades de la comunidad reuniendo las voces de los miembros de su comunidad. Esta evaluación permite que los miembros de la comunidad como usted, nos cuente sobre lo que considera son asuntos importantes para su comunidad. De ante mano le agradecemos por los 20 minutos que tomará completar esta encuesta de 57 preguntas. Sus respuestas a estas preguntas se mantendrán confidenciales y anónimas.

¡Muchas gracias por su aporte y su tiempo! Si tiene preguntas sobre esta encuesta, puede enviar un correo electrónico a Will Broughton en <u>will.broughton@foundationhli.org.</u>

PARTE 1: Calidad de vida

Primero, cuéntanos un poco sobre usted:

3. ¿Dónde vive actualmente?

Código postal

4. ¿En qué condado vive?



Mapa del condado de Carolina del Norte

VIRGINIA TO THE NORTH



3. Piense en el condado en el que vive. Por favor díganos si está "totalmente en desacuerdo", "en desacuerdo", "neutral", "de acuerdo" o "muy de acuerdo" con cada una de las siguientes 9 declaraciones.

Declaración	Muy en desacuerdo	En desacuerdo	Neutral	De Muy de acuerdo acuerdo
Hay una buena atención médica en mi condado.				
Este condado es un buen lugar para criar niños.				
Este condado es un buen lugar para envejecer.				
Hay buenas oportunidades económicas en este condado.				
Este condado es un lugar seguro para vivir.				
Hay mucha ayuda para las personas durante los momentos de necesidad en este condado.				
Hay viviendas accesibles que satisfacen mis necesidades en este condado.				
Hay buenos parques e instalaciones de recreación en este condado.				
Es fácil adquirir comidas saludables en este condado.				

PARTE 2: Mejora de la comunidad

La siguiente serie de preguntas le preguntará sobre problemas y servicios de la comunidad que son importantes para usted. Recuerde que sus respuestas son privadas y no serán relacionadas con usted en ninguna manera. 4. Mire esta lista de problemas de la comunidad. En su opinión, ¿qué problema afecta más la calidad de vida en este condado? (*Elija solo una respuesta*)

Contaminación (aire, Robo Delito violento		Violencia doméstica agua,		tierra) Falta de apoyo de la
Abandono de la comunidad Discriminación /		(asesinato, asalto) escuela		Drogas (Abuso de
Bajos ingresos / sustancias) agresión		racismo pobreza Descuido y		abuso Violación /
		Falta de hogar	М	altrato a personas sexual
Falta de un seguro de	_	mayores salud		
adecuado Abuso		infantil		
Desesperación				
Otros (espec	cificar			

5. En su opinión, ¿cuál de los siguientes servicios necesita la mayor mejoría en su vecindario o comunidad? (Por favor elija solo uno)

 , 🗆	Control Animal
	Opciones de cuidado infantil
	Opciones de cuidado 🛛 🗌 para ancianos
	Servicios para personas con 🛛 discapacidad
	Servicios de salud más accesibles
	Mejores y más
	opciones de alimentos Saludables

Más accesibilidad / mejores	Mejores y más Empleos mejor instalaciones pagados
vivienda	recreativas (parques, Mantenimiento de senderos, centros
Servicios de salud	carreteras comunitarios) Carreteras seguras
Actividades positivas	Número de Ninguna proveedores de
apropiados de para	atención médica
adolescentes acuerdo a su	Actividades familiares saludables
cultura Opciones de	
Consejería / salud	
transporte mental /	
grupos de	
Disponibilidad de	
apoyo empleo	
Otros (especificar)	

PARTE 3: Información de salud

Ahora nos gustaría saber un poco más sobre dónde usted obtiene información de salud.

6. En su opinión, ¿sobre qué área de sa (Por favor sugiera solo uno)	alud nec	esitan más información las pe Comer bien / nutrición	ersona	s de su comunidad?
		Ejercicio		
		Manejo del peso		
		Ir a un dentista para	C	hequeos / cuidado
		preventivo		
		Ir al médico para chequeos y	€	exámenes anuales
_		Obtener cuidado		

	prenatal durante el] U	Isar cinturones de enfermedade	s de	seguridad trans	misión
	embarazo		sexual			
	Recibir vacunas]	Conducir		(sexo segu	ro)
	contra la gripe y otras]	cuidadosamente		Prevenció	ón del abuso
	vacunas		Dejar de fumar / de sustan	cias (por prevención	del uso de
	Prepararse para una		ejemplo, drogas y			
	emergencia / desastre		tabaco		alcohol)	
			Cuidado de niños /		Control de la	crianza
	Otros (especificar)		ira/enojo			
	Prevención del		Cuidado de ancianos		Prevenciór	n de
	Manejo del estrés	Cui	dado de miembros violencia		doméstica de	familia con
suicid	ю		Prevención del crimen		necesidades	Violación /
ι	Jsar asientos de		prevención especiales o de		abuso	sexual
	Prevención del		discapacidades Ninguna			
S	seguridad para niños					
	embarazo y					

7. De dónde saca la mayor parte de su información relacionada con la salud? (Por favor elija solo una respuesta)

Líneas telefónicas de		Amigos y familia		La escuela de mi hijo
		ctor / enfermera	Hospital	ayuda
Libros / rovietos		Farmacéutico		Departamento de
Libros / revistas	☐ Iglesia	salud		
Internet		Empleador		
 Otros (especificar)				

8. ¿De o	ué temas	o enfermedad	les de salud	le gustaría a	aprender más?
0.0004	ac temas	o cincinicado		ic gustuitu t	ipiciliaci illas.

Sí
No

10. ¿Tiene hijos entre las edades de 9 y 19 de los cuales usted es el guardián? (Incluye hijastros, nietos u otros parientes). (*Elija solo una*).

Sí		
	No	(Si su respuesta es No, salte a la pregunta numero 12)

11. ¿Cuáles de los siguientes temas de salud cree que sus hijos necesitan más información? (Seleccione todas las opciones que corresponden).

			Higiene dental	Manejo	de la diabetes	Abuso
de drogas						
			Nutrición			Tabaco
Manejo imprudente /						
Trastornos de la	ETS		(enfermedades de exce	so de	 velocidad alimen	tación
transmisión sexual)			Problemas de sal	ud		
			E,	jercicios	Relación sexual	mental
		ſ	Manejo del asma		Alcohol	
Prevención del						
					suicidio	
 Otros (especificar)						

PARTE 4: Salud personal

Las siguientes preguntas son sobre su salud personal. Recuerde, las respuestas que brinde para esta encuesta no serán ligadas con usted de ninguna manera.

12. En general, diría que su salud es... (Elija solo una).

Excelente
Muy buena
Buena
Justa
Pobre
No sé / no estoy seguro

13. ¿Alguna vez un médico, enfermera u otro profesional de la salud le dijo que tiene alguna de las siguientes condiciones de salud?

	Sí	No	No lo sé
Asma			
Depresión o ansiedad			
Alta presión sanguínea			
Colesterol alto			
Diabetes (no durante el embarazo)			
Osteoporosis			
Sobrepeso / obesidad			
Angina / enfermedad cardíaca			
Cáncer			

14. ¿Cuál de los siguientes servicios preventivos ha tenido usted en los últimos 12 meses? (Seleccione todas las opciones que corresponden).

		Mamografía		Examen físico
Examen de la vista				
		Examen de cáncer de		Prueba de densidad
Evaluación				
próstata de los huesos		cardiovascular (el		
Examen de colon / Prueba de		corazón) recto Papanicolaou		Limpieza dental/
Control de azúcar en		Vacuna contra la gripe		radiografías la
sangre Control de la		presión Ninguna de las		
anteriores			Exan	nen de Colesterol arterial
Examen de Pruebas de	cáncer	audición (escucha)		
de piel				

15. ¿Cuánto tiempo hace desde la última vez que visitó a un dentista o clínica dental por algún motivo? Incluya visitas a especialistas dentales, como ortodoncista. (*Elija solo una*).

En el último año (en los últimos 12 meses)
Hace 2 (más de un año pero menos de dos años)
Hace más de 5 años (más de 2 años pero menos de 5 años)
No sé / no estoy seguro
Nunca

16. En los últimos 30 días, ¿ha habido algún día que se ha sentido triste o preocupado y le haya impedido realizar sus actividades normales? (*Elija solo una*).

Sí	
No	
	No sé / no estoy seguro

17. La siguiente pregunta es sobre el alcohol. Un trago es equivalente a una cerveza de 12 onzas, una copa de vino de 5 onzas o una bebida con un trago de licor.

Considerando todos los tipos de bebidas alcohólicas, ¿cuántas veces durante los últimos 30 días tomó 5 o más bebidas (si es hombre) o 4 o más bebidas (si es mujer) en una ocasión?

0 4	8 12	16 20	24 28	159	13 17	21 25	29
	2 6	10 14	18 22	26 30			
	3 7	11 15	19 23	27			
📄 No sé	🗌 / no	estoy	seguro				

18. Ahora le vamos a hacer una pregunta sobre el uso de drogas. Las respuestas que nos dan las personas sobre su uso de drogas son importantes para comprender los problemas de salud en el condado. Sabemos que esta información es personal, pero recuerde que sus respuestas se mantendrán confidenciales.

¿Has usado alguna droga ilegal en los últimos 30 días? Cuando decimos drogas, incluimos marihuana, cocaína, crack, heroína o cualquier otra sustancia ilegal. ¿Aproximadamente cuántos días has usado una de estas drogas ilegales? (*Elija solo una*).

	0 4	8 12		16 20	24 28	159	13 17	21 25	29
		2	6	10 14	18 22	26 30			
		3	7	11 15	19 23	27			
	No sé	🗌 / no		estoy	seguro 🗌				
(Si su respuesta es 0, salte a la pregunta numero 20)									

19. Durante los últimos 30 días, ¿qué droga ilegal ha usado? (Marque todas las que corresponden).

Mariguana
Cocaína
Heroína
Otros (especificar)

20. Durante los últimos 30 días, ¿ha tomado algún medicamento recetado para el que no tenía una receta (por ejemplo, Oxycontin, Percocet, Demerol, Adderall, Ritalin o Xanax)? ¿Cuántas veces durante los últimos 30 días usó un medicamento recetado para el cual no tenía una receta? *(Elija solo una)*.

Armada (Sin incl	s. ¿Alguna vez uir el servicio	10 14 11 15 estoy se relaciona o ha estado en	18 19 seg con la salu servicio		a que ha servio zas Armadas c	le los Estados	Unidos
solo una	J . Sí		No ('Si su respuesta es	No, salte a la	pregunta nui	nero 23)

22. ¿Alguna vez un médico u otro profesional de la salud le ha dicho que tiene depresión, ansiedad o trastorno por estrés postraumático (TEPT)? *(Elija solo una).*

Sí
No

23. Ahora nos gustaría saber sobre su estado físico. Durante una semana normal, aparte de su trabajo habitual, ¿realiza alguna actividad física o ejercicio que dure al menos media hora? *(Elija solo una)*.

Sí
No (Si su respuesta es No, salte a la pregunta numero 26)
No sé / no estoy seguro
(Si su respuesta es No se / no estoy seguro, salte a la pregunta numero 26)

24. Como dijo que sí, ¿cuántas veces hace ejercicio o se involucra en alguna actividad física durante una semana normal?

1		

25. ¿A dónde va a hacer ejercicio o participa en actividad físicas? (*Marque todas las que corresponden*).

			YMCA	Sitio de trabajo /
	Empleador			
			Parque	Terrenos
	escolares / instalaciones			
		Centro de Recreació	n Pública	Casa
	Gimnasio privado	Iglesia		
	Otros (especificar)			

Como su respuesta fue Si a la pregunta 23 (actividad física / ejercicio), salte a la pregunta numero 27

26. Ya que dijo "no", ¿cuáles son las razones por las que no hace ejercicio por media hora durante una semana normal? Puedes dar tantos de estos motivos como necesite.

Mi trabajo es trabajo físico o 🔲 trabajo duro No me gusta hacer ejercicio
El ejercicio no es importante para mí.
Me cuesta mucho hacer ejercicio.
No tengo acceso a una instalación que tenga No hay un lugar seguro para hacer las
cosas que necesito, como una piscina, un ejercicio.
campo de golfo una pista. Necesito transporte y 🔲 no lo tengo.
No tengo suficiente tiempo para hacer Estoy demasiado cansado para hacer ejercicio.
ejercicio.
Necesitaría cuidado de niños 🔲 y no lo tengo. Estoy físicamente
deshabilitado.
No sé cómo encontrar compañeros de No lo sé. ejercicio.
 Otros (especificar)

27. Sin contar ensalada de lechuga o productos de papa como papas fritas, piense en la frecuencia con la que come frutas y verduras en una semana normal.

¿Cuántas tazas por semana de frutas y vegetales dirías que comes? (Una manzana o 12 zanahorias pequeñas equivalen a una taza).

Cantidad de tazas de fruta	
Número de tazas de verduras	
Cantidad de tazas de jugo de fruta 100%	

28. ¿Alguna vez estuvo expuesto al humo del cigarro de alguien que fumó cerca de usted durante el último año? (*Elija solo una*).

Sí		
	No	(Si su respuesta es No, salte a la pregunta numero 30)
	No sé / no estoy seguro	

(Si su respuesta es No se / no estoy seguro, salte a la pregunta numero 30)

29. En caso afirmativo, ¿dónde cree que está expuesto al humo de segunda mano con mayor frecuencia? (*Marque solo uno*)

Casa
Lugar de trabajo
Hospitales
Restaurantes
Colegio
No estoy expuesto al humo de segunda mano.
Otros (especificar)

30. ¿Actualmente usa algún producto que contiene tabaco? (Esto incluye cigarros, cigarros
electrónicos, masticar tabaco o cigarro de vapor.) <i>(Elija solo una)</i> .

Sí	No	(Si su respues	ta es No, sa	alte a la preg	unta numero 32)
En caso afirmativo, ¿a dónde iría en	busca	de ayuda si qu	isiera dejar	de fumar? (I	Elija solo una).
			QUITLINE NO	C (ayuda por te	eléfono)
Departamento de salud			Doctor	No lo	sé
				Farmacia	No aplica; No
quiero renunciar					
Consejero / terapeuta privado					
Otros (especificar)					
	En caso afirmativo, ¿a dónde iría en Departamento de salud quiero renunciar Consejero / terapeuta privado	No En caso afirmativo, ¿a dónde iría en busca Departamento de salud quiero renunciar Consejero / terapeuta privado	No (Si su respues En caso afirmativo, ¿a dónde iría en busca de ayuda si qu Departamento de salud quiero renunciar Consejero / terapeuta privado	No <i>(Si su respuesta es No, se</i> En caso afirmativo, ¿a dónde iría en busca de ayuda si quisiera dejar Departamento de salud QUITLINE NO Doctor quiero renunciar Consejero / terapeuta privado	No <i>(Si su respuesta es No, salte a la preg</i> En caso afirmativo, ¿a dónde iría en busca de ayuda si quisiera dejar de fumar? (<i>I</i> Departamento de salud Departamento de salud Doctor No lo Farmacia quiero renunciar Consejero / terapeuta privado

32. Ahora le haremos preguntas sobre sus vacunas personales contra la gripe. Una vacuna contra la influenza / gripe puede ser una "inyección contra la gripe" inyectada en su brazo o también el espray "FluMist" que se rocía en su nariz. Durante los últimos 12 meses, ¿se vacunó contra la gripe o se puso el espray "FluMist? (*Elija solo una*).

Sí, vacuna contra la gripe
Sí, FluMist
Si ambos
No
No sé / no estoy seguro

PARTE 5: Acceso a la atención / Salud familiar

33. ¿A dónde va más a menudo cuando está enfermo? (Elija solo uno)

		Oficina del doctor	Clínica Médica
		Departamento de salud	Centro
de cuidado urgente			
Hospital			
 Otros (especificar)			

34. ¿Tiene alguno de los siguientes tipos de seguro de salud o cobertura de atención médica? *(Elija todos los que aplique)*

Seguro de salud que mi empleador proporciona
Seguro de salud que proporciona el empleador de mi cónyuge
Seguro de salud que mi escuela proporciona
Seguro de salud que proporciona mi padre o el empleador
de mis padres
Seguro de salud que compré
Seguro de salud a través del Mercado de Seguros Médicos
Obamacare)
Seguro Militar, Tricare o él VA
Seguro de enfermedad
 Seguro médico del estado
Sin plan de salud de ningún tipo

35. En los últimos 12 meses, ¿tuvo problemas para obtener la atención médica que necesitaba para usted o para un familiar de cualquier tipo de proveedor de atención médica, dentista, farmacia u otro centro? (*Elija solo uno*)

Sí		
	No	(Si su respuesta es No, salte a la pregunta numero 38)
	No sé / no estoy seguro	

36. Dado que usted dijo "sí", ¿Con cual tipo de proveedor o institución tuvo problemas para obtener atención médica? Puede elegir tantos de estos como necesite.

			Dentista	a	Farmacia	/ recetas
	Hospital					
					Médico §	general médicas
		Centro de atención		·		/ .
Cuid		s/ Pediatra urgente	optometrista/	Ginecologo	Clínica	Médica
	oftalmólogo	Departamento de	Especialista			
			salud			
	Otros (espe	cificar)	 			
						I

37. ¿Cuáles de estos problemas le impidieron a usted o a su familiar obtener la atención médica necesaria? Puede elegir tantos de estos como necesite.

No tiene seguro medico
El seguro no cubría lo que necesitaba
El costo del deducible del seguro era demasiado alto
El doctor no aceptaba el seguro ni el Medicaid.
El hospital no aceptaba el seguro.
La farmacia no aceptaba el seguro ni el Medicaid.
El dentista no aceptaba el seguro ni el Medicaid.
No tengo ninguna manera de llegar allí.
No sabía a dónde ir.
No pude conseguir una cita.
La espera fue demasiado larga.
El proveedor me negó atención o me trató de manera discriminatoria debido a mi estado de VIH, o
porque soy lesbiana, gay, bisexual o trangenero.

						Beaufort	Edgecombe
				Martin		Sampson	
		Bertie		Franklin		Moore	Scotland
		Bladen		Gates		Nash	Tyrrell
						Brunswick	Granville
New Hanover			Vance				
Northampton			Wake			Camden	Greene
·		Carteret		Halifax		Onslow	Warren
		Chowan		Harnett		Pamlico	C
Washington							
						Columbus	Hertford
Pasquotank			Wayne				
		Craven		Hoke		Pender	Wilson
Cumberland			Hyde	Perquimans	El Estado	de Virginia	
		Currituck	ζ.	Johnston	Pitt		
Dare		Jones		Richmond			
Duplin		Lenoir		Robeson			
 Otros (especific	car)						

38. ¿En qué condado se encuentra la mayoría de los proveedores médicos que visita? (Elija solo uno)

Mapa del condado de Carolina del Norte

NORTH- PAMPTON/HERT GATES CURRITUCK ASHE ROCKING TENNESSEE SURRY STOKES VANCE TO THE / FORD ALLEGHANY WATA HALIFAX YADKIN WILKES CUDWELL FORSYTH WEST FRANKLIN GUILFORD BERTIE ER NASH EDGE-COMBE ALEX DAVIE MARTIN v MADISON INGTON TYRRELL DARE DAVID RANDOLPH CHATHAM Mc-DOWELL BURKE WAKE WILSON BUNCOMB CATAWBA ROWAN PITT HYDE REENE BEAUFORT LINCOLN OHNSTON LEE RUTHER-RUS HARNETT STANLY MONT-GASTON WAYNE LENOIR POLI CRAVEN MACON PAMLICO MBERLAND CLAY ANSON RICH-JONES HOKE SAMPSON MECKLENBURG UNION GEORGIA DUPUN то SCOT-CARTERET ATLANTIC OCEAN ONSLOW THE SVV SOUTH CAROLINA TO THE SOUTH BLADEN ROBESON COUNTIES PENDER 1 PERQUIMANS 2 PASQUOTANK COLUMBUS HANOVER BRUNSWICK

VIRGINIA TO THE NORTH

39. En los últimos 12 meses, ¿alguna vez le preocupó saber si la comida de su familia se agotaría antes de obtener dinero para comprar más? (*Elija solo uno*)

Sí	
No	
	No sé / no estoy seguro

40. Si un amigo o miembro de la familia necesita asesoría para un problema de salud mental o de abuso de drogas o alcohol, ¿quién es la primera persona con la que les diría que hablen? (Elija solo uno)

	Consejero o terapeuta privado	No sé
	Grupo de apoyo Doctor	Pastor o
funcionario religioso		
Otros (especificar)		

PARTE 6: Preparación para emergencias

41. ¿Tiene en su hogar detectores de humo y monóxido de carbono en funcionamiento? (*Elija solo uno*)

Sí, solo detectores de humo
Si ambos
No sé / no estoy seguro
Sí, sólo detectores de monóxido de carbono
No

42. ¿Su familia tiene un kit básico de suministros de emergencia? (Estos kits incluyen agua, alimentos no perecederos, cualquier receta necesaria, suministros de primeros auxilios, linterna y baterías, abrelatas no eléctrico, cobijas, etc.)

	Sí
	No
	No sé / no estoy seguro
En caso que	sí, ¿cuántos días tiene suministros? (Escriba el número de días)

43. ¿Cuál sería su forma principal de obtener información de las autoridades en un desastre o emergencia a gran escala? (Marque solo uno)

	Televisión Sitio de red social
	Radio Vecinos
	Internet Familia
	Línea de teléfono en casa Mensaje
🗌 de texto (sistema de alerta de	
	Teléfono celular emergencia)
	Medios impresos (periódico) No sé /
no estoy seguro	
Otros (especificar)	

44. Si las autoridades públicas anunciaran una evacuación obligatoria de su vecindario o comunidad debido a un desastre a gran escala o una emergencia, ¿Ustedes evacuarían? (*Elija solo uno*)

		Sí	(Si su respuesta es Sí, salte a la pregunta numero 46)
No			
	No sé / no estoy se	eguro	

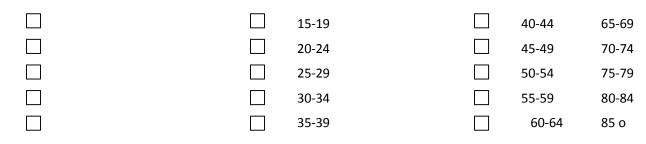
45. ¿Cuál sería la razón principal por la que no evacuaría si le pidieran que lo hiciera? (Marque solo
uno)Preocupación por la seguridad personal

- b b b b b b b b b b	Preocupación por la seguridad familiar
Falta de transporte	Otros (especificar)
La falta de confianza en los funcionarios	Otros (especificar)
públicos	Preocupación por dejar mascotas
publicos	Preocupación por los atascos de tráfico y
	la imposibilidad de salir
	Problemas de salud (no se pudieron
	mover)
Preocupación por dejar atrás la propiedad	No sé / no estoy seguro

PARTE 7: Preguntas demográficas

La siguiente serie de preguntas son preguntas generales sobre usted, que solo se informarán como un resumen de todas las respuestas dadas por los participantes de la encuesta. Tus respuestas permanecerán en el anonimato.

46. ¿Qué edad tiene? (Elija solo uno)



más

47. ¿Cuál es tu género? (Elija solo uno)

Masculino
Femenino
Transgénero
Género no conforme
Otro

48. ¿Eres de origen hispano, latino o español? (Elija solo uno)

No soy de origen hispano, latino o español
Mexicano, mexicoamericano o chicano
Puertorriqueño
Cubano o cubano americano
Otro - hispano o latino (por favor especifique)

49. ¿Cuál es su raza? (Elija solo uno)

Blanco
Negro o Afroamericano
Indio Americano o nativo de Alaska
Indio Asiático
Otros- Asiáticos, incluidos Japonés, Chino, Coreano,
Vietnamita y Filipino
Otros isleños del Pacífico, incluidos los nativos de Hawaii, Samoa, Guamanian / Chamorro
Otra raza no incluida aquí (especifique)

50. ¿El inglés es el idioma principal que se habla en su hogar? (Elija solo uno)

	Sí	
		No. En caso negativo, especifique el idioma principal que
se habla en su hogar		

51. ¿Cuál es tu estado civil? (Elija solo uno)

Nunca casado / soltero

Casado

Pareja- soltera

Divorciado

Viudo

Separado

Otros (especificar)

Menos de 9no grado	
9-12 grado, sin diploma	
Graduado de secundaria (o GED / equivalente)	
Grado Asociado o Formación Profesional	
Un poco de universidad (sin título)	
Licenciatura	
Licenciado o título profesional	
Otros (especificar)	

53. ¿Cuál fue el ingreso total de su hogar el año pasado, antes de impuestos? (Elija solo uno)

	Menos de \$10,000	\$35,000 a
\$49,999		
	\$10,000 a \$14,999	\$50,000 a
\$74,999 □	\$15,000 a \$24,999	\$75,000 a
\$99,999		
\$25,000 a \$34,999	\$100,000 o más	

54. Ingrese el número de personas en su hogar (incluyéndose a usted)

55. ¿Cuál es su estado laboral? (Seleccione todas las opciones que corresponden).

Empleado	de tiempo		Retirado	Ama	de casa completo	Fuerzas
Armadas	Trabajadores	🗌 ро	or cuenta propia			
Empleado	a tiempo		Discapacitado		Desempleado 1	año o menos
parcial	Estudiante		Desempleado p	or más	de 1 año	

56. ¿Tiene acceso al internet es su casa (Esto incluye alta velocidad, wifi, acceso telefónico o datos móviles)? (*Elija solo uno*)

Sí	
No	
	No sé / no estoy seguro

57. (Opcional) ¿Hay algo más que le gustaría que sepamos sobre su comunidad? Por favor, siéntase libre de decirnos a continuación.



Si tiene preguntas sobre esta encuesta, envíenos un correo electrónico a <u>will.broughton@foundationhli.org</u>.

Focus Group Questions

Participants' Resident County(ies): Focus Group Name / Number: Date Conducted: Location: Start Time: End Time: Number of Participants: Population Type (if applicable): Moderator Name: Moderator Email: Note Taker Name: Note Taker Email:

Core Questions

- 1. Introduce yourself and tell us what you think is the best thing about living in this community.
- 2. What do people in this community do to stay healthy? Prompt: What do you do to stay healthy?
- 3. In your opinion, what are the serious health related problems in your community? What are some of the causes of these problems?

4. What keeps people in your community from being healthy? Prompt: What challenges do you face that keep you from being healthy? What barriers exist to being healthy?

5. What could be done to solve these problems?

Prompt: What could be done to make your community healthier? Additional services or changes to existing services?6. Is there any group not receiving enough health care? If so, what group? And why?

7. Is there anything else you would like us to know?

Additional Questions

- 1. How do people in this community get information about health? How do you get information about health?
- 2. Have you or someone close to you ever experienced any challenges in trying to get healthcare services? If so, what happened?
- 3. What is the major environmental issue in the county?
- 4. Describe collaborative efforts in the community. How can we improve our level of collaboration?

5. What are the strengths related to health in your community? *Prompt: Specific strengths related to healthcare? Prompt: Specific strengths to a healthy lifestyle?*

6. If you had \$100,000 to spend on a healthcare project in the county, how would you spend it?

Key Themes

Summarize the top 2-3 themes from this focus group discussion.

1.

2.

3.